



Prepared For:

[Redacted]
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[Redacted]
Chanhassen, Minnesota 55317
United States
Company ID: C0778175

Facility:

[Redacted]
Benicia, CA 94510
United States
Facility ID: C0778182

Result:	✔Pass
Job Number:	J-00566780
Product Tested:	LTH FLEX Whey Protein Isolate Chocolate Powder 26075-1
Trade Designation:	LTH FLEX Whey Protein Isolate Chocolate
NSF Program Project Number:	W1069173
Standard:	Certification Guideline for Functional Foods, Beverages, and Ingredients - NSF 229: June 5, 2025
Test Type:	Annual Collection - Retest
Report Date:	03-Aug-2026

Project Manager: [Redacted]
Lot#: 26075-1

Please contact your Project Manager, if you have any questions or concerns pertaining to your report.

Report Serial Number: 216764

Report Authorized By:

[Redacted]
[Redacted]
Manager Technical Operations
Nutrition & Wellness
03-Aug-2026



Thank you for having your product tested by NSF — the public health and safety organization.



Job Number: J-00566780

Customer: LTF Club Operations
Company, Inc.

Executive Summary

General Information

Standard: **Certification Guideline for Functional Foods, Beverages, and Ingredients - NSF 229: June 5, 2025**

DCC Number: **FC01494**

Physical Description of Sample: **Powder**

Test Description: **Annual Re-test Total Aerobic**

Sample Description: **LTH FLEX Whey Protein Isolate Chocolate**

Laboratory Sample ID: **S173-1941-1**

No out of specification results reported





Sample Results

LTH FLEX Whey Protein Isolate Chocolate

Lab Sample ID: S173-1941-1
Sample Type: Powder

Serving Information

Component	Reference	Analysis Date	Result	Criteria	Units
Mass per Unit	NSF SOP 6807	27-Jul-2026	28	---	g
Servings per Day	NSF SOP 6807	27-Jul-2026	1	---	None
Units per Serving	NSF SOP 6807	27-Jul-2026	1	---	None

Contaminants - Microbiology

Component	Reference	Analysis Date	Result	Criteria	Units
Total Aerobic Microorganisms in Dietary Supplements	NSF SOP 29685	30-Jul-2026	<10000	<10000	CFU/g

See Definitions and Glossary page for data flag definition(s).

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Job Number: J-00566780

Customer: LTF Club Operations
Company, Inc.

Report Photos



S173-1941 (1).jpg (PROJECT S173-1941 (1).jpg)





Job Number: J-00566780

Customer: LTF Club Operations
Company, Inc.



S173-1941 (2).jpg (PROJECT S173-1941 (2).jpg)





Job Number: J-00566780
Customer: LTF Club Operations
Company, Inc.

Sample Summary

Lab Sample ID	Sample Description	Sample Type	Date Received	Receiving Facility
S173-1941-1	LTH FLEX Whey Protein Isolate Chocolate	Powder	24-Jul-2026	NSF US AA

Facility Locations

NSF US AA
NSF Laboratories – Ann Arbor
789 N. Dixboro Road Ann Arbor, MI 48105 United States

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Job Number: J-00566780

Customer: LTF Club Operations
Company, Inc.

Laboratory Sample Testing Summary

Reference	Analysis ID	Method Description	A
NSF SOP 29685	M4098 DS Total Aerobic BEXT (1)	Dietary Supplement Microbial Testing via the Soleris System	*
NSF SOP 6807	C1032 DS Summary Analysis (1)	Tablet Weight Determination and Dietary Supplement Summary Test Code Data Entry	*

A = Accreditation

Accreditation List

The following components have been performed as per NSF requirements but are not within its scope of accreditation for the tests listed.

* - NSF is an ISO17025 accredited laboratory and all work is performed following the NSF Quality Management System which supports that accreditation. A list of methods which are specifically covered under the lab accreditations is available separately. Subcontracted tests are performed by approved NSF subcontract laboratories.

Testing Facility Locations

(1) NSF Laboratories – Ann Arbor

789 N. Dixboro Road Ann Arbor, MI 48105 United States





Job Number: J-00566780

Customer: LTF Club Operations
Company, Inc.

Definitions and Glossary

< - Less Than
<= - Less Than Or Equal To
> - Greater Than
DCC - Document Control Code
EPSF - Electronic Product Sample Form
MRL - Method Reporting Limit
NCM - Non-Conformance Memo
ND - Not Detected at or above the Method Reporting Limit (MRL)
SOP - Standard Operating Procedure

Statements of Conformity

Unless otherwise indicated, method uncertainties are not applied in any determinations of conformity. Testing utilizes the requested sections of any referenced standards, which may not be the entire standard. Any reported positive microbiological contaminant results have been confirmed as outlined in the cited method reference. Please note that during the testing of the dietary supplement product or ingredient herein, the level of lead and other chemicals of interest may have been measured. The pass/fail criteria for contaminants can be found in the most recent version of NSF/ANSI 173. These limits may conflict with some state level regulations. If this material is to be sold or distributed in the State of California, consideration should be given if it is necessary to provide a Proposition 65 warning. A full list of the current Proposition 65 Safe Harbor Limits can be found here: <http://www.oehha.ca.gov/prop65/getNSRLs.html>. Conformance assessment for microbial contaminants was performed under NSF Deviation #2024-031.



Thank you for having your product tested by NSF — the public health and safety organization.

NSF

789 N. Dixboro Road, Ann Arbor, MI 48105 United States

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[Redacted]
Chanhassen, Minnesota 55317
United States
Company ID: C0778175

Facility:

[Redacted]
[Redacted]
United States
Facility ID: C0778182

Result: Fail
Job Number: A-00548839
Product Tested: LTH FLEX Whey Protein Isolate Chocolate | 26075-1
Trade Designation: LTH FLEX Whey Protein Isolate Chocolate
NSF Program Project Number: W1034945
Standard: Certification Guideline for Functional Foods, Beverages, and Ingredients - NSF 229: June 5, 2025
Test Type: Annual Collection
Report Date: 18-May-2026

Project Manager: [Redacted]
Lot#: 26075-1

Please contact your Project Manager, if you have any questions or concerns pertaining to your report.

Report Serial Number: 194360

Report Authorized By:

[Redacted]
Manager Technical Operations
Nutrition & Wellness
18-May-2026



Thank you for having your product tested by NSF — the public health and safety organization.



Job Number: A-00548839
Customer: LTF Club Operations
Company, Inc.

Executive Summary

General Information

Standard: **Certification Guideline for Functional Foods, Beverages, and Ingredients - NSF 229: June 5, 2025**
DCC Number: **FC01494**
Physical Description of Sample: **Powder**
Test Description: **LABEL CLAIM TESTING 2**

Sample Description: **LTH FLEX Whey Protein Isolate Chocolate**
Laboratory Sample ID: **S229-123-1**

Outside of Specification Results - Contaminants - Microbiology

Component	Result	Criteria	Units
Total Aerobic Microorganisms in Dietary Supplements	>10000	<10000	CFU/g

See Definitions and Glossary page for data flag definition(s).



Job Number: A-00548839

Customer: LTF Club Operations
Company, Inc.

Project Summary

Noncompliance Information

Annual Label and Contaminant

NSF has completed the annual testing and technical evaluation for the product identified above. The test results indicate that the product fails to meet the requirements of the standard or guideline. The parameters not in compliance with the standard or guideline are listed in the table below. A summary of resolution options along with the products and DCCs impacted by this non-compliance are listed below the table. Please investigate the root cause of the failure(s) and provide this and a corrective and preventive action plan ("CAPA") in writing to NSF within 30 calendar days. Once NSF approves the CAPA, the Company shall promptly implement the CAPA and NSF shall reevaluate product compliance by means acceptable to NSF, including retesting. Please refer to NSF General Policies on failure resolution.

Take reasonable measures to prevent the release of noncompliant product bearing the NSF Mark from your inventory and to stop the use of the NSF Mark on any noncompliant product; including any privately labeled products.

- Investigate the root cause of this failure and report your findings and a proposed resolution to NSF within 30 days.
- Other possible options for resolution are summarized below the table.
- Failure to hear from you will initiate NSF's normal process for non-compliant products.

Following acceptance of your investigation, corrective and preventative actions:

- If product retesting is selected, a representative of NSF may collect the retest samples; and
- A representative from NSF shall contact you to schedule a special visit and/or to arrange re-test sample submission within 30 days.
- If samples are not available for any reason, and no other acceptable option is available that would demonstrate compliance, it will be necessary to withdraw certification until such time as compliance with the requirements of the Standard can be documented.

Should the results of a retest continue to indicate that the product is not in compliance, the certification for the product and products that are certified based on a bracketing model incorporating the tested product may be withdrawn. All information and requirements above are per NSF Certification Policies.

Please contact Emma LaBott at NSF Laboratories – Ann Arbor regarding your investigation, corrective and preventative actions, and for any questions you may have.

Component	Result	Criteria	Units
Total Aerobic Microorganisms	>10000	<10000	CFU/g

DCC(s) Impacted: **FC01494**
FC01496

Product(s) Impacted: **LTH FLEX Whey Protein Isolate Chocolate**
LTH FLEX Whey Protein Isolate Vanilla





Job Number: A-00548839

Customer: LTF Club Operations
Company, Inc.

Options for Resolution

- **Reformulate to eliminate or reduce the contaminants of concern.** If this option is selected, please contact your Account Manager for revision forms. A technical reviewer will review the revised formulation and determine if additional information and/or testing is needed.
- **Retest the product under the same laboratory criteria.** Please investigate the cause of the failure and submit a completed Corrective and Preventive Action ("CAPA") Form describing your investigation and why a different test result is expected (e.g. change to the manufacturing process). Documentation should include credible scientific justification and/or data to support investigation findings. The CAPA must support continued product certification. The retest shall commence after NSF has reviewed and accepted the submission.
- **Submit an alternate test methodology for consideration.** Please investigate the cause of the failure and submit a completed Corrective and Preventive Action ("CAPA") Form describing your investigation and why a different test result is expected using alternate methodology along with supporting documentation (e.g. testing history). In addition, using the Alternate Method Request Form please provide the proposed methodology. The retest shall commence after NSF International has reviewed and accepted the alternate test methodology. Testing must be performed or subcontracted through NSF.



Sample Results

LTH FLEX Whey Protein Isolate Chocolate

Lab Sample ID: S229-123-1

Sample Type: Powder

Serving Information

Component	Reference	Analysis Date	Result	Criteria	Units
Mass per Unit	NSF SOP 6807	20-Mar-2026	28	---	g
Servings per Day	NSF SOP 6807	20-Mar-2026	1	---	None
Units per Serving	NSF SOP 6807	20-Mar-2026	1	---	None

Adulterants

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Chlorpheniramine	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Omeprazole	NSF SOP 31055	24-Apr-2026	<=50	<=50	5	µg/g
1,3-DMAA	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
1,3-Dimethylbutylamine (1,3-DMBA)	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
1,4-DMAA	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
1-Androsterone	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
2-Hydroxypropylnortadalafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
4-Androsten-3,6,17-trione	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
4-Androstene-3a-ol-17-one	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
4-Androstene-3b-ol-17-one	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
4-Androstenedione	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
7-keto-dehydroepiandrosterone	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Acetaminophen	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Acetaminotadalafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Acetildenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Acetylvardenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Aildenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Aminotadalafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Androsta-1,4,6-trienedione	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Androsta-3,5-diene-7,17-dione	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Androsterone	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Avanafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Benzamidenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Benzylsildenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Carbodenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Chlorodenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Chloropretadalafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Dapoxetine	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Dehydrochloromethyltestosterone	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Desmethylsibutramine	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Deterenol	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Dexamethasone	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Diclofenac	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Didesmethylsibutramine	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Dimethylacetildenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Estra-4,9-diene-3,17-dione	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Fluoxetine	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Chocolate (Continued)

Adulterants (Continued)

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
GW1516	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Gildenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Gisadenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Homosildenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Hydrocortisone	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Hydroxyacetildenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Hydroxychlorodenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Hydroxyhomosildenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Hydroxythiohomosildenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Hydroxythiovaridenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Hydroxyvaridenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Ibuprofen	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Ibutamoren	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Imidazosagatriazinone	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Indomethacin	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
LGD-4033	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Lodenafil carbonate	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Lorcaserin	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Meloxicam	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Methandienone	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Methasterone	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Methocarbamol	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Methyl-1-testosterone	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Methylstenbolone	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Mirodenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
N,alpha-diethylphenylethylamine	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
N-Butylornitadafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
N-Desethylvaridenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
N-Desmethylsildenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
N-Octylornitadafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Naproxen	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Nitrodenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Noracetildenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Norneosildenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Norneovardenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Nortadafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Octodrine	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Ostarine	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Oxilofrine	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Phenolphthalein	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Phenpromethamine	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Piperiacetildenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Piroxicam	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Prednisolone	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Prednisone	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Propoxyphenylhomohydroxysildenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Propoxyphenylsildenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Propoxyphenylthiohydroxyhomosildenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Chocolate (Continued)

Adulterants (Continued)

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Prostanazol	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Pseudovardenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
RAD140	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Sibutramine	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Stanozolol	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Tadalafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Thioaildenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Thiohomosildenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Thiosildenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Udenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Vardenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
beta-methylphenylethylamine	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g
Sildenafil	NSF SOP 31055	25-Apr-2026	<=50	<=50	5	µg/g

Contaminants

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Aflatoxin in Dietary Supplements	NSF SUB C4025	01-Apr-2026	<1	<= 20.0	1	µg/kg

Contaminants - Metals

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Arsenic (As) In Dietary Supplements	NSF SOP 3139	08-Apr-2026	<0.0011	<= 0.01	0.0011	mg/day
Cadmium (Cd) In Dietary Supplements	NSF SOP 3139	08-Apr-2026	0.00034	<= 0.0041	0.00022	mg/day
Total Chromium In Dietary Supplements	NSF SOP 3139	08-Apr-2026	0.012	<= 0.02	0.0011	mg/day
Lead (Pb) In Dietary Supplements	NSF SOP 3139	08-Apr-2026	<0.0011	<= 0.01	0.0011	mg/day
Mercury (Hg) In Dietary Supplements	NSF SOP 3139	08-Apr-2026	<0.00022	<= 0.002	0.00022	mg/day

Contaminants - Microbiology

Component	Reference	Analysis Date	Result	Criteria	Units
Yeast and Mold in Dietary Supplements	NSF SOP 29685	13-Apr-2026	<1000	<1000	CFU/g
Total Aerobic Microorganisms in Dietary Supplements	NSF SOP 29685	13-Apr-2026	>10000	<10000	CFU/g
Escherichia coli in Dietary Supplements	NSF SOP 29685	14-Apr-2026	Absent	Absent	None
Enterobacteriaceae in Dietary Supplements	NSF SOP 29685	13-Apr-2026	<100	<100	CFU/g
Staphylococcus aureus in Dietary Supplements	NSF SOP 29685	14-Apr-2026	Absent	Absent	None
Salmonella in Dietary Supplements	NSF SOP 29685	14-Apr-2026	Absent	Absent	None

See Definitions and Glossary page for data flag definition(s).

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LTH FLEX Whey Protein Isolate Chocolate (Continued)

Contaminants - Residual Solvents

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Nitromethane in Dietary Supplements	NSF SOP 29984	29-Apr-2026	<14	<= 500	14	µg/Day
Formic acid in Dietary Supplements	NSF SOP 29984	29-Apr-2026	<1400	<= 50000	1400	µg/Day
2-Methoxyethanol in Dietary Supplements	NSF SOP 29984	29-Apr-2026	<14	<= 500	14	µg/Day
Acetic acid in Dietary Supplements	NSF SOP 29984	29-Apr-2026	<1400	<= 50000	1400	µg/Day
2-Ethoxyethanol in Dietary Supplements	NSF SOP 29984	29-Apr-2026	<45	<= 1600	45	µg/Day
Ethylene Glycol in Dietary Supplements	NSF SOP 29984	29-Apr-2026	<170	<= 6200	170	µg/Day
Formamide in Dietary Supplements	NSF SOP 29984	29-Apr-2026	<62	<= 2200	62	µg/Day
N,N-Dimethylformamide in Dietary Supp.	NSF SOP 29984	29-Apr-2026	<250	<= 8800	250	µg/Day
N,N-Dimethylacetamide in Dietary Supp.	NSF SOP 29984	29-Apr-2026	<310	<= 11000	310	µg/Day
Dimethyl sulfoxide in Dietary Supp.	NSF SOP 29984	29-Apr-2026	<1400	<= 50000	1400	µg/Day
N-Methylpyrrolidone in Dietary Supp.	NSF SOP 29984	29-Apr-2026	<150	<= 5300	150	µg/Day
Sulfolane in Dietary Supplements	NSF SOP 29984	29-Apr-2026	<45	<= 1600	45	µg/Day
Methanol in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<840	<= 30000	840	µg/Day
Pentane in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1400	<= 50000	1400	µg/Day
Ethanol in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1400	<= 50000	1400	µg/Day
Ethyl ether in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1400	<= 50000	1400	µg/Day
1,1-Dichloroethene in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<2.2	<= 8000	2.2	µg/Day
Acetone in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1400	<= 50000	1400	µg/Day
Ethyl formate in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1400	<= 50000	1400	µg/Day
2-Propanol in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1400	<= 50000	1400	µg/Day
Acetonitrile in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<110	<= 4100	110	µg/Day
Methyl acetate in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1400	<= 50000	1400	µg/Day
Methylene Chloride in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<170	<= 6000	170	µg/Day
tert-Butylmethyl ether in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1400	<= 50000	1400	µg/Day
Hexane in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<59	<= 2100	59	µg/Day
1-Propanol in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1400	<= 50000	1400	µg/Day
Methylethyl ketone in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1400	<= 50000	1400	µg/Day
Ethyl acetate in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1400	<= 50000	1400	µg/Day
Tetrahydrofuran in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<200	<= 7300	200	µg/Day
2-Butanol in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1400	<= 50000	1400	µg/Day
Chloroform in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<17	<= 600	17	µg/Day
1,1,1-Trichloroethane in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<2.8	<= 1500	2.8	µg/Day
Cyclohexane in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1100	<= 38800	1100	µg/Day
Carbon Tetrachloride in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1.1	<= 4000	1.1	µg/Day
Benzene in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<0.56	<= 2000	0.56	µg/Day
1,2-Dimethoxyethane in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<28	<= 1000	28	µg/Day
1,2-Dichloroethane in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1.4	<= 5000	1.4	µg/Day
2-Methyl-1-propanol in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1400	<= 50000	1400	µg/Day
Isopropyl acetate in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1400	<= 50000	1400	µg/Day
Heptane in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1400	<= 50000	1400	µg/Day
Trichloroethylene in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<2.2	<= 800	2.2	µg/Day
1-Butanol in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1400	<= 50000	1400	µg/Day
Methylcyclohexane in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<340	<= 11800	340	µg/Day
1,4-Dioxane in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<110	<= 3800	110	µg/Day
Propyl acetate in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1400	<= 50000	1400	µg/Day
Pyridine in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<56	<= 2000	56	µg/Day
Methylisobutylketone in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1400	<= 50000	1400	µg/Day
Toluene in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<250	<= 8900	250	µg/Day

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Chocolate (Continued)

Contaminants - Residual Solvents (Continued)

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
3-Methyl-1-butanol in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1400	<= 50000	1400	µg/Day
Isobutyl acetate in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1400	<= 50000	1400	µg/Day
1-Pentanol in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1400	<= 50000	1400	µg/Day
Methylbutylketone in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<14	<= 500	14	µg/Day
Butyl acetate in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1400	<= 50000	1400	µg/Day
Chlorobenzene in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<100	<= 3600	100	µg/Day
Ethylbenzene in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<100	<= 21700	100	µg/Day
m-Xylene in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<360	<= 21700	360	µg/Day
p-Xylene in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<87	<= 21700	87	µg/Day
o-Xylene in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<56	<= 21700	56	µg/Day
Cumene in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<20	<= 700	20	µg/Day
Anisole in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<1400	<= 50000	1400	µg/Day
Tetralin in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<28	<= 1000	28	µg/Day
1,2-Dichloroethene in Dietary Supplements	NSF SOP 29984	30-Apr-2026	<9.4	<= 18700	9.4	µg/Day

Label Claims

Component	Reference	Analysis Date	Result	Criteria	Units
Total Fat	NSF SUB C5566	07-Apr-2026	1.62 (D)	<= 2	g/serving
Calories in Dietary Supplements	NSF SOP C0031	30-Apr-2026	111 (E)	<= 110	cal/serving
Carbohydrates in Dietary Supplements	NSF SUB C4432	30-Apr-2026	3	>= 3	g/serving
Total Dietary Fiber	NSF SUB C5575	14-May-2026	1.17	>= 1	g/serving
Total Protein in Dietary Supplements	NSF SUB C1155	22-Apr-2026	21	>= 20	g/serving
Total Sugar in Dietary Supplements	NSF SUB C4433	07-Apr-2026	0.21	0	g/serving

See Definitions and Glossary page for data flag definition(s).



Job Number: A-00548839

Customer: LTF Club Operations
Company, Inc.

Report Photos



S229-123 (1).jpg (PROJECT S229-123 (1).jpg)

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Sample Summary

Lab Sample ID	Sample Description	Sample Type	Date Received	Receiving Facility
S229-123-1	LTH FLEX Whey Protein Isolate Chocolate	Powder	19-Mar-2026	NSF US AA

Facility Locations

NSF US AA
NSF Laboratories – Ann Arbor
789 N. Dixboro Road Ann Arbor, MI 48105 United States

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Job Number: A-00548839

Customer: LTF Club Operations
Company, Inc.

Laboratory Sample Testing Summary

Reference	Analysis ID	Method Description	A
NSF SUB C5575	Total Dietary Fiber (Prepped By: Chemistry Sub Aliquot Prep) (4)	Total Dietary Fiber by McCleary Method Performed by an Approved NSF Subcontract Laboratory	*
NSF SUB C4433	C4433 Sub DS Sugar Profile (2)	Sugar Profile analysis Performed by an Approved NSF Subcontract Laboratory	*
NSF SOP C0031	C0031 DS Sub DS Calories (2)	Calories by Calculation Performed by an Approved NSF Subcontract Laboratory	*
NSF SUB C1155	C1155 Sub DS Total Protein (2)	DS-Total Protein by HPLC, Performed by an Approved NSF Subcontract Laboratory	*
NSF SUB C4432	C4432 Sub DS Carbohydrates (2)	Carbohydrates by Calculation Performed by an Approved NSF Subcontract Laboratory	*
NSF SUB C5566	C5566 DS Fatty Acid (2)	Fatty Acid Composition by GC Performed by an Approved NSF Subcontract Laboratory	*
NSF SOP 31055	C1575 DS Adulterants LCHRMS (Prepped By: C1575 DS ADLT PRP) (1)	Analysis of Adulterants in Dietary Supplements and Functional Foods by LCMS	*
NSF SOP 31055	C5557 DS Adulterants LCHRMS (Prepped By: C5557 DS ADLT PRP) (1)	Analysis of Adulterants in Dietary Supplements and Functional Foods by LCMS	*
NSF SOP 29984	C1421 DS Res Solvents GCMS (1)	Residual Solvent Testing in Dietary Supplements, Functional Foods, Energy Drinks and Hemp Products by Direct Inject GC/MS	*
NSF SOP 29984	C1422 DS Res Solvents GCMS (1)	Residual Solvent Testing in Dietary Supplements, Functional Foods, Energy Drinks and Hemp Products by Direct Inject GC/MS	*
NSF SOP 3139	C0446 DS Metals ICPMS (1)	Determination of Heavy Metals in Dietary and Herbal Supplements by ICPMS	1
NSF SOP 29685	M4097 DS Yeast and Mold BEXT (1)	Dietary Supplement Microbial Testing via the Soleris System	*
NSF SOP 29685	M4098 DS Total Aerobic BEXT (1)	Dietary Supplement Microbial Testing via the Soleris System	*
NSF SOP 29685	M4337 DS <i>E. coli</i> (1)	Dietary Supplement Microbial Testing via the Soleris System	*
NSF SOP 29685	M4338 DS <i>Enter</i> o BEXT (1)	Dietary Supplement Microbial Testing via the Soleris System	*
NSF SOP 29685	M4340 DS <i>S. aureus</i> (1)	Dietary Supplement Microbial Testing via the Soleris System	*
NSF SOP 29685	M4341 DS <i>Salmonella</i> (1)	Dietary Supplement Microbial Testing via the Soleris System	*
NSF SOP 6807	C1032 DS Summary Analysis (1)	Tablet Weight Determination and Dietary Supplement Summary Test Code Data Entry	*
NSF SUB C4025	C4025 Sub DS Aflatoxins HPLC (3)	Aflatoxins by HPLC Performed by an Approved NSF Subcontract Laboratory	*

A = Accreditation

Accreditation List

The following components have been performed as per NSF requirements but are not within its scope of accreditation for the tests listed.

- 1 - Testing performed under the ISO/IEC 17025 Scope of Accreditation as certified by the Standards Council of Canada (SCC).

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Job Number: A-00548839

Customer: LTF Club Operations
Company, Inc.

* - NSF is an ISO17025 accredited laboratory and all work is performed following the NSF Quality Management System which supports that accreditation. A list of methods which are specifically covered under the lab accreditations is available separately. Subcontracted tests are performed by approved NSF subcontract laboratories.

Testing Facility Locations

(1) NSF Laboratories – Ann Arbor

789 N. Dixboro Road Ann Arbor, MI 48105 United States

(2) Subcontact Lab: Eurofins Scientific Inc. - Des Moines, IA

2200 Rittenhouse Street Suite 150 Des Moines, IA 50321 United States

(3) Subcontact Lab: Trilogy Analytical Laboratory

870 Vossbrink Drive Washington, MO 63090 United States

(4) Subcontract Lab: Eurofins Food Integrity & Innovation Lab

6304 Ronald Reagan Avenue Madison, WI 53704 United States



Job Number: A-00548839

Customer: LTF Club Operations
Company, Inc.

Definitions and Glossary

< - Less Than
<= - Less Than Or Equal To
> - Greater Than
DCC - Document Control Code
EPSF - Electronic Product Sample Form
MRL - Method Reporting Limit
NCM - Non-Conformance Memo
ND - Not Detected at or above the Method Reporting Limit (MRL)
SOP - Standard Operating Procedure

Data Flag Definitions

D - Reasonable deficiencies of calories, sugars, total fat, saturated fat, trans fat, cholesterol, or sodium under labeled amounts are acceptable (as set forth by 21 CFR § 101.9 and 101.36).
E - The variation of the method was determined to be +/- 20%, therefore, the acceptance criteria was adjusted to take this uncertainty into account.

Statements of Conformity

Known adulterant testing (NSF/ANSI 173 section 5.3.5; NSF 229 section 5.3.5) was performed under NSF Deviation #2025-54

Unless otherwise indicated, method uncertainties are not applied in any determinations of conformity.

Samples are tested for total arsenic, total chromium and total mercury as the most conservative approach. When the total heavy metal value exceeds the limit for the form of concern, NSF will test for the particular form of the metal to ensure product safety.

Testing utilizes the requested sections of any referenced standards, which may not be the entire standard.

Any reported positive microbiological contaminant results have been confirmed as outlined in the cited method reference.

Please note that during the testing of the dietary supplement product or ingredient herein, the level of lead and other chemicals of interest may have been measured. The pass/fail criteria for contaminants can be found in the most recent version of NSF/ANSI 173. These limits may conflict with some state level regulations.

If this material is to be sold or distributed in the State of California, consideration should be given if it is necessary to provide a Proposition 65 warning. A full list of the current Proposition 65 Safe Harbor Limits can be found here: <http://www.oehha.ca.gov/prop65/getNSRLs.html>.

Conformance assessment for microbial contaminants was performed under NSF Deviation #2024-031.

Conformance assessment for known adulterants and chemical contaminants (NSF 229 sections 5.3.5 & 7.4) was performed under NSF Deviation #2025-34.

Thank you for having your product tested by NSF — the public health and safety organization.

NSF

789 N. Dixboro Road, Ann Arbor, MI 48105 United States

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Prepared For:

[Redacted]
[Redacted]
[Redacted]
Chanhassen, Minnesota 55317
United States
Company ID: C0778175

Facility:

[Redacted]
[Redacted]
United States
Facility ID: C0778182

Result: ✔Pass
Job Number: J-00567349
Product Tested: LTH FLEX Whey Protein Isolate Vanilla | Powder | 26205-1
Trade Designation: LTH FLEX Whey Protein Isolate Vanilla
NSF Program Project Number: W1079352
Standard: Certification Guideline for Certified for Sport Program: January 9, 2026
Test Type: Qualification Testing
Report Date: 17-Aug-2026

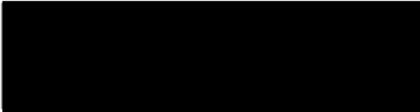
Project Manager: [Redacted]
Lot#: 26205-1

Please contact your Project Manager, if you have any questions or concerns pertaining to your report.

Report Serial Number: 220901

Report Authorized By:

[Redacted]
Manager Technical Operations
Nutrition & Wellness
17-Aug-2026



Thank you for having your product tested by NSF — the public health and safety organization.



Job Number: J-00567349

Customer: LTF Club Operations
Company, Inc.

Executive Summary

General Information

Standard: **NSF 306**

DCC Number: **FC01496**

Physical Description of Sample: **Powder**

Test Description: **NSF Certified for Sport Testing**

Sample Description: LTH FLEX Whey Protein Isolate Vanilla | Powder | 26205-1

Laboratory Sample ID: **ABS-7415-1**

No out of specification results reported





Sample Results

LTH FLEX Whey Protein Isolate Vanilla | Powder | 26205-1

Lab Sample ID: **ABS-7415-1**
Sample Type: **Powder**

Narcotics/Cannabinoids

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Codeine	NSF SOP 8688	10-Aug-2026	ND	<= 10	10	ng/g
Morphine	NSF SOP 8688	10-Aug-2026	ND	<= 100	100	ng/g
Oxycodone	NSF SOP 8688	10-Aug-2026	ND	<= 10	10	ng/g
Phencyclidine (PCP)	NSF SOP 8688	10-Aug-2026	ND	<= 10	10	ng/g
delta-8-THC	NSF SOP 9871	10-Aug-2026	ND	<= 100	100	ng/g
Marijuana (delta-9-THC)	NSF SOP 9871	10-Aug-2026	ND	<= 100	100	ng/g
delta-10-THC	NSF SOP 9871	10-Aug-2026	ND	<= 100	100	ng/g
4-hydroxybutanoic acid (GHB)	NSF SOP 18148	12-Aug-2026	ND	<= 20000	20000	ng/g
JWH-018	NSF SOP 9871	10-Aug-2026	ND	<= 5	5.0	ng/g
JWH-073	NSF SOP 9871	10-Aug-2026	ND	<= 5	5.0	ng/g
HU-210	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g
LSD	NSF SOP 8688	10-Aug-2026	ND	<= 10	10	ng/g

Hypoxia-inducible Factor Activators

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
FG-2216	NSF SOP 8688	10-Aug-2026	ND	<= 20	20	ng/g
BAY 87-2243	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g
KC7F2	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g
Daprodustat	NSF SOP 15708	10-Aug-2026	ND	<= 20	20	ng/g
Desidustat	NSF SOP 15708	10-Aug-2026	ND	<= 20	20	ng/g
Enarodustat	NSF SOP 15708	10-Aug-2026	ND	<= 20	20	ng/g
Roxadustat	NSF SOP 15708	10-Aug-2026	ND	<= 20	20	ng/g
Vadadustat	NSF SOP 15708	10-Aug-2026	ND	<= 20	20	ng/g

Anabolic Agents

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
17a-Methyl-1,4-androstadiene-3b,17b-diol	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
1-Androsterone enanthate	NSF SOP 7667	14-Aug-2026	ND	<= 5	100	ng/g
2a,17a-Dimethylandrost-1,4-dien-17b-ol-3-one	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
3b-Hydroxy-estr-4-en-17-one	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
1-Androstenediol	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
1-Androstenedione	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
1-Androsterone (Androst-1-ene-3b-ol-17-one)	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
1-Testosterone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
11a-Hydroxymethyltestosterone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
17-Hydroxyprogesterone	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
17a-Methylclostebol	NSF SOP 9871	10-Aug-2026	ND	<= 5	5.0	ng/g
19-Nor-5-Androstenediol	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
19-Norandrostenedione	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
19-Norandrosterone	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
19-Noretiocholanolone	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Vanilla | Powder | 26205-1 (Continued)

Anabolic Agents (Continued)

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
2-Androsten-17-one	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
4-Androsten-3a, 17b-diol	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
4-Androsten-3a-ol-17-one	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
4-Androsten-3b, 17a-diol	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
4-Androsten-3b-ol-17-one (4-DHEA)	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
4-Androstenediol	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
4-Androstenedione	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
4-Hydroxytestosterone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
5-Androsten-3, 17-dione	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
5-Androsten-3b, 17a-diol	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
5a-Androstan-3a,17a-diol	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
5a-Androstan-3a,17b-diol	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
5a-Androstan-3b,17a-diol	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
5a-Androstan-3b,17b-diol	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
7-keto-dehydroepiandrosterone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
7a-hydroxy-dehydroepiandrosterone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
7b-hydroxy-dehydroepiandrosterone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Androstenedione	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Androstenediol	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
Androsterone	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
Bolandiol (19-Norandrostenediol)	NSF SOP 7667	14-Aug-2026	ND	<= 10	10	ng/g
Bolasterone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Boldenone	NSF SOP 7667	14-Aug-2026	ND	<= 10	10	ng/g
Boldione (Androstadienedione)	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Calusterone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Clostebol	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Danazol	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Dehydroandrosterone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Dehydroepiandrosterone (DHEA)	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
Desoxymethyltestosterone (madol)	NSF SOP 7667	14-Aug-2026	ND	<= 10	10	ng/g
Dihydrotestosterone (Stanolone)	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
Drostanolone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Epiandrosterone	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
Epidihydrotestosterone	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
Estra-4,9,11-triene-3,17-dione	NSF SOP 9871	10-Aug-2026	ND	<= 5	5.0	ng/g
Estra-4,9-diene-3,17-dione	NSF SOP 9871	10-Aug-2026	ND	<= 5	5.0	ng/g
Ethylestrenol	NSF SOP 7667	14-Aug-2026	ND	<= 10	10	ng/g
Etiocholanolone	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
Exemestane	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
Fluoxymesterone	NSF SOP 7667	14-Aug-2026	ND	<= 10	10	ng/g
Formebolone	NSF SOP 9871	10-Aug-2026	ND	<= 5	100	ng/g
Furazabol	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Gestrinone	NSF SOP 9871	10-Aug-2026	ND	<= 5	5.0	ng/g
Mestanolone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Mesterolone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Methandienone	NSF SOP 7667	14-Aug-2026	ND	<= 2	2.0	ng/g
Methandriol	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Methasterone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Vanilla | Powder | 26205-1 (Continued)

Anabolic Agents (Continued)

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Methenolone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Methyl-1-testosterone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Methylclostediol	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Methyldienolone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Methylnortestosterone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Methylstenbolone	NSF SOP 9871	10-Aug-2026	ND	<= 5	5.0	ng/g
Methyltestosterone	NSF SOP 7667	14-Aug-2026	ND	<= 2	2.0	ng/g
Methyltrienolone (Metribolone)	NSF SOP 9871	10-Aug-2026	ND	<= 5	100	ng/g
Mibolerone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Nandrolone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Norbolethone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Norclostebol	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Norethandrolone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Oxabolone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Oxandrolone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Oxymesterone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Oxymetholone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Progesterone	NSF SOP 7667	14-Aug-2026	ND	<= 100	100	ng/g
Prostanazol	NSF SOP 9871	10-Aug-2026	ND	<= 5	5.0	ng/g
Quinbolone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Stanozolol	NSF SOP 9871	10-Aug-2026	ND	<= 2	2.0	ng/g
Stenbolone	NSF SOP 9871	10-Aug-2026	ND	<= 5	5.0	ng/g
Testosterone	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
Tetrahydrogestrinone	NSF SOP 9871	10-Aug-2026	ND	<= 5	5.0	ng/g
Tibolone	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Trenbolone	NSF SOP 9871	10-Aug-2026	ND	<= 5	5.0	ng/g
Turinabol-oral	NSF SOP 7667	14-Aug-2026	ND	<= 2	2.0	ng/g
Turinadiol-a (4-chloro-17a-methyl-androst-1,4-diene-3a,17b-diol)	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Turinadiol-b (4-chloro-17a-methyl-androst-1,4-diene-3b,17b-diol)	NSF SOP 7667	14-Aug-2026	ND	<= 5	5.0	ng/g
Zilpaterol	NSF SOP 8688	10-Aug-2026	ND	<= 5	5.0	ng/g
alpha-Zearalanol (Zeranol)	NSF SOP 9869	10-Aug-2026	ND	<= 5	100	ng/g

Beta-Agonists

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Higenamine	NSF SOP 9869	10-Aug-2026	ND	<= 200	200	ng/g
Bambuterol	NSF SOP 8688	10-Aug-2026	ND	<= 20	20	ng/g
Brombuterol	NSF SOP 8688	10-Aug-2026	ND	<= 20	20	ng/g
Clenbuterol	NSF SOP 8688	10-Aug-2026	ND	<= 2	2.0	ng/g
Clozapine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Fenoterol	NSF SOP 8688	10-Aug-2026	ND	<= 20	20	ng/g
Formoterol	NSF SOP 8688	10-Aug-2026	ND	<= 20	20	ng/g
Labetalol	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Procaterol	NSF SOP 8688	10-Aug-2026	ND	<= 20	20	ng/g
Propafenone	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Ractopamine	NSF SOP 8688	10-Aug-2026	ND	<= 20	20	ng/g
Ritodrine	NSF SOP 8688	10-Aug-2026	ND	<= 20	20	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Vanilla | Powder | 26205-1 (Continued)

Beta-Agonists (Continued)

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Salbutamol	NSF SOP 8688	10-Aug-2026	ND	<= 20	20	ng/g
Salmeterol	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g
Terbutaline	NSF SOP 8688	10-Aug-2026	ND	<= 20	20	ng/g
Vilanterol	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g

Diuretics

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Tolvaptan	NSF SOP 8688	10-Aug-2026	ND	<= 20	20	ng/g
Acetazolamide	NSF SOP 9869	10-Aug-2026	ND	<= 20	20	ng/g
Althiazide	NSF SOP 9869	10-Aug-2026	ND	<= 20	20	ng/g
Amiloride	NSF SOP 8688	10-Aug-2026	ND	<= 20	20	ng/g
Bendroflumethiazide	NSF SOP 9869	10-Aug-2026	ND	<= 20	20	ng/g
Benzthiazide	NSF SOP 9869	10-Aug-2026	ND	<= 20	20	ng/g
Bumetanide	NSF SOP 9869	10-Aug-2026	ND	<= 20	20	ng/g
Buthiazide	NSF SOP 9869	10-Aug-2026	ND	<= 20	20	ng/g
Canrenone	NSF SOP 9871	10-Aug-2026	ND	<= 20	1000	ng/g
Chlorthalidone	NSF SOP 8688	10-Aug-2026	ND	<= 40	40	ng/g
Chlorthiazide	NSF SOP 9869	10-Aug-2026	ND	<= 20	20	ng/g
Cyclothiazide	NSF SOP 9869	10-Aug-2026	ND	<= 20	20	ng/g
Ethacrynic Acid	NSF SOP 9869	10-Aug-2026	ND	<= 20	20	ng/g
Furosemide	NSF SOP 9869	10-Aug-2026	ND	<= 20	20	ng/g
Hydrochlorothiazide	NSF SOP 9869	10-Aug-2026	ND	<= 20	20	ng/g
Hydroflumethiazide	NSF SOP 9869	10-Aug-2026	ND	<= 20	20	ng/g
Indapamide	NSF SOP 9869	10-Aug-2026	ND	<= 20	20	ng/g
Methiazide	NSF SOP 9869	10-Aug-2026	ND	<= 20	20	ng/g
Methylclothiazide	NSF SOP 9869	10-Aug-2026	ND	<= 20	20	ng/g
Metolazone	NSF SOP 9869	10-Aug-2026	ND	<= 20	20	ng/g
Polythiazide	NSF SOP 9869	10-Aug-2026	ND	<= 20	20	ng/g
Quinethazone	NSF SOP 9869	10-Aug-2026	ND	<= 20	20	ng/g
Spironolactone	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g
Triamterene	NSF SOP 8688	10-Aug-2026	ND	<= 20	20	ng/g
Trichlormethiazide	NSF SOP 9869	10-Aug-2026	ND	<= 20	20	ng/g

Hormone Antagonists

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
4-Androsten-3,6,17-trione	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
5a-Androstan-17b-ol-3,6-dione	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
5a-Androstan-3,6,17-trione	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
6-alpha-bromoandrostadiendione	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g
6-alpha-bromoandrostenedione	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g
6-alpha-bromotestosterone	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g
6-beta-bromoandrostadiendione	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g
6-beta-bromoandrostenedione	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g
6-beta-bromotestosterone	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g
Aminoglutethimide	NSF SOP 9869	10-Aug-2026	ND	<= 20	20	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Vanilla | Powder | 26205-1 (Continued)

Hormone Antagonists (Continued)

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Anastrozole	NSF SOP 8688	10-Aug-2026	ND	<= 20	20	ng/g
Androsta-1,4,6-triene-17b-ol-3-one	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g
Androsta-1,4,6-trienedione (Androsta-1,4,6-triene-3,17-dione)	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g
Androsta-3,5-diene-7,17-dione	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
Clomiphene	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g
Cyclofenil	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g
Formestane	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
Fulvestrant	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g
Letrozole	NSF SOP 9871	10-Aug-2026	ND	<= 40	40	ng/g
N-Desmethyltamoxifen	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g
Raloxifene	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g
Tamoxifen	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g
Testolactone	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g
Toremifene	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g

Masking Agents

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Dutasteride	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g
Epitestosterone	NSF SOP 7667	14-Aug-2026	ND	<= 20	20	ng/g
Finasteride	NSF SOP 9871	10-Aug-2026	ND	<= 20	20	ng/g
Probenecid	NSF SOP 9869	10-Aug-2026	ND	<= 20	20	ng/g

Stimulants

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
1,3-Dimethylbutylamine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
1-Phenyl-2-butanamine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
1-Phenylpentan-2-amine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
2-Aminoheptane	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
2-Methoxyphenylethylamine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
2-amino-5-methylhexane	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
2-amino-6-methylheptane	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
3,4-MDA (3,4-Methylenedioxyamphetamine)	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
3,4-MDMA (3,4-Methylenedioxymethamphetamine)	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
4-Hydroxyamphetamine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
4-Methylamphetamine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
6-Amino-2-methyl-2-heptanol	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Adrafinil	NSF SOP 9869	10-Aug-2026	ND	<= 25	25	ng/g
Amiphenazole	NSF SOP 9869	10-Aug-2026	ND	<= 40	40	ng/g
Amphetamine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Benfluorex	SOP 31767	10-Aug-2026	ND	<= 25	25	ng/g
Benzphetamine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Benzylpiperazine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Bromantan	NSF SOP 9871	10-Aug-2026	ND	<= 25	25	ng/g
Carphedone	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Cathine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g

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LTH FLEX Whey Protein Isolate Vanilla | Powder | 26205-1 (Continued)

Stimulants (Continued)

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Chlorphentermine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Clobenzorex	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Cocaine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Cropropamide	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Crotethamide	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Deprenyl (Selegiline)	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Deterenol	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Diethylpropion (Amfepramone)	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Dimethylamphetamine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Ephedrine	NSF SOP 8688	10-Aug-2026	ND	<= 10	10	ng/g
Ethamivan	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Ethylamphetamine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Etilefrine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Famprofazone	NSF SOP 9871	10-Aug-2026	ND	<= 25	25	ng/g
Fenbutrazate	NSF SOP 9871	10-Aug-2026	ND	<= 25	25	ng/g
Fencamfamine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Fencamine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Fenetylline	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Fenfluramine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Fenproporex	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Furfenorex	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Isometheptene	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Mazindol	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Meclofenoxate	SOP 31767	10-Aug-2026	ND	<= 25	25	ng/g
Mefenorex	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Mephentermine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Mesocarb	NSF SOP 9871	10-Aug-2026	ND	<= 25	25	ng/g
Methamphetamine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Methyl-(3-phenylpropyl)-amine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Methylephedrine	NSF SOP 8688	10-Aug-2026	ND	<= 10	10	ng/g
Methylhexaneamine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Methylphenidate	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Methylsyneprine (Oxlofrine)	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Modafinil	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
N,N-Didesmethylisbutramine	NSF SOP 9871	10-Aug-2026	ND	<= 25	25	ng/g
N,N-Dimethyl-2-phenylpropan-1-amine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
N,N-Dimethylphenylethylamine	NSF SOP 8688	10-Aug-2026	ND	<= 600	600	ng/g
N,a-Diethylphenylethylamine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
N,b-Diethylphenylethylamine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
N-Desmethylselegiline	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
N-Desmethylisbutramine	NSF SOP 9871	10-Aug-2026	ND	<= 25	25	ng/g
N-Methylphenethylamine	NSF SOP 8688	10-Aug-2026	ND	<= 500	500	ng/g
N-Methylpseudoephedrine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Nikethamide	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Norfefrine	SOP 31767	10-Aug-2026	ND	<= 25	25	ng/g
Norfenfluramine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Octopamine	SOP 31767	10-Aug-2026	ND	<= 200	200	ng/g
Oxethazaine	NSF SOP 9871	10-Aug-2026	ND	<= 25	25	ng/g

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LTH FLEX Whey Protein Isolate Vanilla | Powder | 26205-1 (Continued)

Stimulants (Continued)

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Pemoline	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Pentylentetrazole	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Phendimetrazine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Phenmetrazine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Phenpentertmine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Phenpromethamine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Phentermine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Phenylpropanolamine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Prenylamine	NSF SOP 9871	10-Aug-2026	ND	<= 25	25	ng/g
Prolintane	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Propylhexadrine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Pseudoephedrine	NSF SOP 8688	10-Aug-2026	ND	<= 10	10	ng/g
Pyrovalerone	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Sibutramine	NSF SOP 9871	10-Aug-2026	ND	<= 25	25	ng/g
Strychnine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Trimetazidine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
beta-Methylphenethylamine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
p-Chloroamphetamine	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g

Beta Blockers

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Acebutolol	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Alprenolol	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Atenolol	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Betaxolol	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Bisoprolol	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Carteolol	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Esmolol	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Levobunolol	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Metoprolol	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Nadolol	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Oxprenolol	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Pindolol	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Propranolol	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Sotalol	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g
Timolol	NSF SOP 8688	10-Aug-2026	ND	<= 25	25	ng/g

Selective Androgen Receptor Modulators

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
RAD140	NSF SOP 8688	10-Aug-2026	ND	<= 5	5.0	ng/g
Andarine	NSF SOP 15708	10-Aug-2026	ND	<= 5	5.0	ng/g
C-6	NSF SOP 15708	10-Aug-2026	ND	<= 5	5.0	ng/g
CAS#541497-95-4	NSF SOP 15708	10-Aug-2026	ND	<= 5	5.0	ng/g
LGD-4033	NSF SOP 9871	10-Aug-2026	ND	<= 5	200	ng/g
Ostarine	NSF SOP 15708	10-Aug-2026	ND	<= 5	5.0	ng/g

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LTH FLEX Whey Protein Isolate Vanilla | Powder | 26205-1 (Continued)

Selective Androgen Receptor Modulators (Continued)

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
S-1	NSF SOP 15708	10-Aug-2026	ND	<= 5	5.0	ng/g

Metabolic Modulators

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
AICAR	SOP 31767	10-Aug-2026	ND	<= 10000	10000	ng/g
GW0742	NSF SOP 15708	10-Aug-2026	ND	<= 10	10	ng/g
GW501516	NSF SOP 15708	10-Aug-2026	ND	<= 10	10	ng/g

Growth Hormone Secretagogues

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Alexamorelin	NSF SOP 17025	11-Aug-2026	ND	<= 200	2000	ng/g
Anamorelin	NSF SOP 9871	10-Aug-2026	ND	<= 5	5.0	ng/g
GHRP-1	NSF SOP 17025	11-Aug-2026	ND	<= 200	200	ng/g
GHRP-2	NSF SOP 17025	11-Aug-2026	ND	<= 200	200	ng/g
GHRP-4	NSF SOP 17025	11-Aug-2026	ND	<= 200	200	ng/g
GHRP-5	NSF SOP 17025	11-Aug-2026	ND	<= 200	200	ng/g
GHRP-6	NSF SOP 17025	11-Aug-2026	ND	<= 200	200	ng/g
Hexarelin	NSF SOP 17025	11-Aug-2026	ND	<= 200	200	ng/g
Ibutamoren	NSF SOP 9871	10-Aug-2026	ND	<= 5	5.0	ng/g
Ipamorelin	NSF SOP 17025	11-Aug-2026	ND	<= 200	200	ng/g
LGD-2226	NSF SOP 9871	10-Aug-2026	ND	<= 5	5.0	ng/g

See Definitions and Glossary page for data flag definition(s).

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Job Number: J-00567349

Customer: LTF Club Operations
Company, Inc.

Report Photos



ABS-7415 (1).jpg (PROJECT ABS-7415 (1).jpg)



Job Number: J-00567349

Customer: LTF Club Operations
Company, Inc.



ABS-7415 (2).jpg (PROJECT ABS-7415 (2).jpg)



Job Number: J-00567349

Customer: LTF Club Operations
Company, Inc.



ABS-7415 (3).jpg (PROJECT ABS-7415 (3).jpg)



Sample Summary

Lab Sample ID	Sample Description	Sample Type	Date Received	Receiving Facility
ABS-7415-1	LTH FLEX Whey Protein Isolate Vanilla Powder 26205-1	Powder	05-Aug-2026	NSF US AA

Facility Locations

NSF US AA
NSF Laboratories – Ann Arbor
789 N. Dixboro Road Ann Arbor, MI 48105 United States

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Job Number: J-00567349

Customer: LTF Club Operations
Company, Inc.

Laboratory Sample Testing Summary

Reference	Analysis ID	Method Description	A
NSF SOP 15708	C1317 SARMS LC/MS/MS (1)	Analysis of SARMS and PPAR δ agonists in Dietary Supplements and Functional Foods by LCMSMS	*
NSF SOP 17025	C1222 GHRPs LC/HRMS (1)	Analysis of GHRPs in Dietary Supplements and Functional Foods by LCHRMS	*
NSF SOP 18148	C1225 GHB GC/MS/MS (1)	Screening gamma-Hydroxybutyric Acid (GHB) in Dietary Supplements, Functional Foods and Energy Drinks by GC-MS/MS	*
NSF SOP 7667	C0432 Anabolic Agents GC/MS/MS (1)	Analysis of Anabolic Steroids in Dietary Supplements and Functional Foods, Personal Care Products by GC-MS/MS	*
NSF SOP 8688	C1118 Stimulants LC/MS/MS (1)	Analysis of Stimulants in Dietary Supplements and Functional Foods by LCMS	*
NSF SOP 9869	C1120 Diuretics LC/MS/MS (1)	Analysis of Diuretics in Dietary Supplements and Functional Foods by LCMSMS	*
NSF SOP 9871	C1119 Steroids LC/MS/MS (1)	Analysis of Steroids in Dietary Supplements and Functional Foods by LCMSMS	*
SOP 31767	C1947 Stimulants ABS Screen (1)	Stimulants 2 Semi-Quantitative by LCMS in Product	*

A = Accreditation

Accreditation List

The following components have been performed as per NSF requirements but are not within its scope of accreditation for the tests listed.

* - NSF is an ISO17025 accredited laboratory and all work is performed following the NSF Quality Management System which supports that accreditation. A list of methods which are specifically covered under the lab accreditations is available separately. Subcontracted tests are performed by approved NSF subcontract laboratories.

Testing Facility Locations

(1) NSF Laboratories – Ann Arbor

789 N. Dixboro Road Ann Arbor, MI 48105 United States

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Job Number: J-00567349

Customer: LTF Club Operations
Company, Inc.

Definitions and Glossary

DCC - Document Control Code
EPSF - Electronic Product Sample Form
GHB - 4-Hydroxybutanoic Acid
GHRP - Growth Hormone-Releasing Peptide
MRL - Method Reporting Limit
NCM - Non-Conformance Memo
ND - Not Detected at or above the Method Reporting Limit (MRL)
SARMs - Selective Androgen Receptor Modulators
SOP - Standard Operating Procedure

Statements of Conformity

NSF has completed the testing of the identified product relative to the requirements of NSF Guideline 306: Certified for Sport Testing. The results obtained for the individual banned substances included in the testing are provided in the report's result section.

Unless otherwise indicated, method uncertainties are not applied in any determinations of conformity.

Testing utilizes the requested sections of any referenced standards, which may not be the entire standard.

Reporting limits for one or more components may be elevated should the associated matrix spike not meet control criteria for the sample tested but is acceptable to report to the maximum threshold level as allowed in Annex C of NSF Certified for Sport Program - Guideline 306.

Thank you for having your product tested by NSF — the public health and safety organization.

NSF

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Prepared For:

[Redacted]
[Redacted]
2902 Corporate Place
Chanhassen, Minnesota 55317
United States
Company ID: C0778175

Facility:

[Redacted]
Benicia, CA 94510
United States
Facility ID: [Redacted]

Result:	✔Pass
Job Number:	J-00560015
Product Tested:	LTH FLEX Whey Protein Isolate Vanilla Powder 26075-3
Trade Designation:	LTH FLEX Whey Protein Isolate Vanilla
NSF Program Project Number:	W1059855
Standard:	NSF 306 (Certified for Sport®)
Test Type:	Qualification Testing
Report Date:	27-Mar-2026

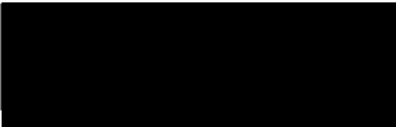
Project Manager: [Redacted]
Lot#: 26075-3

Please contact your Project Manager, if you have any questions or concerns pertaining to your report.

Report Serial Number: 183423

Report Authorized By:

[Redacted]
Principal Technical Manager
27-Mar-2026



Thank you for having your product tested by NSF — the public health and safety organization.



Job Number: J-00560015

Customer: LTF Club Operations
Company, Inc.

Executive Summary

General Information

Standard: **NSF 306**

DCC Number: **FC01496**

Physical Description of Sample: **Powder**

Test Description: **NSF Certified for Sport Testing**

Sample Description: **LTH FLEX Whey Protein Isolate Vanilla | Powder | 26075-3**

Laboratory Sample ID: **ABS-4789-1**

No out of specification results reported

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Sample Results

LTH FLEX Whey Protein Isolate Vanilla | Powder | 26075-3

Lab Sample ID: ABS-4789-1

Narcotics/Cannabinoids

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
Codeine	NSF SOP 8688	24-Mar-2026	ND	<= 10	10	ng/g
Morphine	NSF SOP 8688	24-Mar-2026	ND	<= 100	100	ng/g
Oxycodone	NSF SOP 8688	24-Mar-2026	ND	<= 10	10	ng/g
Phencyclidine (PCP)	NSF SOP 8688	24-Mar-2026	ND	<= 10	10	ng/g
delta-8-THC	NSF SOP 9871	24-Mar-2026	ND	<= 100	100	ng/g
Marijuana (delta-9-THC)	NSF SOP 9871	24-Mar-2026	ND	<= 100	100	ng/g
delta-10-THC	NSF SOP 9871	24-Mar-2026	ND	<= 100	100	ng/g
4-hydroxybutanoic acid (GHB)	NSF SOP 18148	26-Mar-2026	ND	<= 20000	20000	ng/g
JWH-018	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
JWH-073	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
HU-210	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
LSD	NSF SOP 8688	24-Mar-2026	ND	<= 10	10	ng/g

Hypoxia-inducible Factor Activators

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
FG-2216	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
BAY 87-2243	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
KC7F2	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Daprodustat	NSF SOP 15708	23-Mar-2026	ND	<= 20	20	ng/g
Desidustat	NSF SOP 15708	23-Mar-2026	ND	<= 20	200	ng/g
Enarodustat	NSF SOP 15708	23-Mar-2026	ND	<= 20	20	ng/g
Roxadustat	NSF SOP 15708	23-Mar-2026	ND	<= 20	20	ng/g
Vadadustat	NSF SOP 15708	23-Mar-2026	ND	<= 20	20	ng/g

Anabolic Agents

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
3b-Hydroxy-estr-4-en-17-one	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
2a,17a-Dimethylandro-1,4-dien-17b-ol-3-one	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
1-Androsterone enanthate	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
17a-Methyl-1,4-androstadiene-3b,17b-diol	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
1-Androstenediol	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
1-Androstenedione	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
1-Androsterone (Androst-1-ene-3b-ol-17-one)	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
1-Testosterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
11a-Hydroxymethyltestosterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
17-Hydroxyprogesterone	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
17a-Methylclostebol	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
19-Nor-5-Androstenediol	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
19-Norandrostenedione	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
19-Norandrosterone	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
19-Noretiocholanolone	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
2-Androsten-17-one	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Vanilla | Powder | 26075-3 (Continued)

Anabolic Agents (Continued)

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
4-Androsten-3a, 17b-diol	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
4-Androsten-3a-ol-17-one	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
4-Androsten-3b, 17a-diol	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
4-Androsten-3b-ol-17-one (4-DHEA)	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
4-Androstenediol	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
4-Androstenedione	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
4-Hydroxytestosterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
5-Androsten-3, 17-dione	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
5-Androsten-3b, 17a-diol	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
5a-Androstan-3a,17a-diol	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
5a-Androstan-3a,17b-diol	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
5a-Androstan-3b,17a-diol	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
5a-Androstan-3b,17b-diol	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
7-keto-dehydroepiandrosterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
7a-hydroxy-dehydroepiandrosterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
7b-hydroxy-dehydroepiandrosterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Androstenedione	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Androstenediol	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
Androsterone	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
Bolandiol (19-Norandrostenediol)	NSF SOP 7667	27-Mar-2026	ND	<= 10	10	ng/g
Bolasterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Boldenone	NSF SOP 7667	27-Mar-2026	ND	<= 10	10	ng/g
Boldione (Androstadienedione)	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Calusterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Clostebol	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Danazol	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Dehydroandrosterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Dehydroepiandrosterone (DHEA)	NSF SOP 7667	27-Mar-2026	ND (*)	<= 20	500	ng/g
Desoxymethyltestosterone (madol)	NSF SOP 7667	27-Mar-2026	ND	<= 10	10	ng/g
Dihydrotestosterone (Stanolone)	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
Drostanolone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Epiandrosterone	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
Epidihydrotestosterone	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
Estra-4,9,11-triene-3,17-dione	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
Estra-4,9-diene-3,17-dione	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
Ethylestrenol	NSF SOP 7667	27-Mar-2026	ND	<= 10	10	ng/g
Etiocholanolone	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
Exemestane	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
Fluoxymesterone	NSF SOP 7667	27-Mar-2026	ND	<= 10	10	ng/g
Formebolone	NSF SOP 9871	24-Mar-2026	ND (*)	<= 5	100	ng/g
Furazabol	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Gestrinone	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
Mestanolone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Mesterolone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Methandienone	NSF SOP 7667	27-Mar-2026	ND	<= 2	2.0	ng/g
Methandriol	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Methasterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Methenolone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Vanilla | Powder | 26075-3 (Continued)

Anabolic Agents (Continued)

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
Methyl-1-testosterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Methylclostediol	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Methyldienolone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Methylnortestosterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Methylstenbolone	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
Methyltestosterone	NSF SOP 7667	27-Mar-2026	ND	<= 2	2.0	ng/g
Methyltrienolone (Metribolone)	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
Mibolerone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Nandrolone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Norbolethone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Norclostebol	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Norethandrolone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Oxabolone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Oxandrolone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Oxymesterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Oxymetholone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Progesterone	NSF SOP 7667	27-Mar-2026	ND	<= 100	100	ng/g
Prostanozol	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
Quinbolone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Stanozolol	NSF SOP 9871	24-Mar-2026	ND	<= 2	2.0	ng/g
Stenbolone	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
Testosterone	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
Tetrahydrogestrinone	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
Tibolone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Trenbolone	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
Turinabol-oral	NSF SOP 7667	27-Mar-2026	ND	<= 2	2.0	ng/g
Turinadiol-a (4-chloro-17a-methyl-androst-1,4-diene-3a,17b-diol)	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Turinadiol-b (4-chloro-17a-methyl-androst-1,4-diene-3b,17b-diol)	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Zilpaterol	NSF SOP 8688	24-Mar-2026	ND	<= 5	5.0	ng/g
alpha-Zearalanol (Zeranol)	NSF SOP 9869	24-Mar-2026	ND	<= 5	5.0	ng/g

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LTH FLEX Whey Protein Isolate Vanilla | Powder | 26075-3 (Continued)

Beta-Agonists

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
Higenamine	NSF SOP 9869	24-Mar-2026	ND	<= 200	200	ng/g
Bambuterol	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Brombuterol	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Clenbuterol	NSF SOP 8688	24-Mar-2026	ND	<= 2	2.0	ng/g
Clozapine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Fenoterol	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Formoterol	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Labetalol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Procaterol	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Propafenone	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Ractopamine	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Ritodrine	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Salbutamol	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Salmeterol	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Terbutaline	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Vilanterol	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g

Diuretics

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
Tolvaptan	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Acetazolamide	NSF SOP 9869	24-Mar-2026	ND	<= 20	20	ng/g
Althiazide	NSF SOP 9869	24-Mar-2026	ND	<= 20	20	ng/g
Amiloride	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Bendroflumethiazide	NSF SOP 9869	24-Mar-2026	ND	<= 20	20	ng/g
Benzthiazide	NSF SOP 9869	24-Mar-2026	ND	<= 20	20	ng/g
Bumetanide	NSF SOP 9869	24-Mar-2026	ND	<= 20	20	ng/g
Buthiazide	NSF SOP 9869	24-Mar-2026	ND	<= 20	20	ng/g
Canrenone	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Chlorthalidone	NSF SOP 8688	24-Mar-2026	ND	<= 40	40	ng/g
Chlorthiazide	NSF SOP 9869	24-Mar-2026	ND	<= 20	20	ng/g
Cyclothiazide	NSF SOP 9869	24-Mar-2026	ND	<= 20	20	ng/g
Ethacrynic Acid	NSF SOP 9869	24-Mar-2026	ND	<= 20	20	ng/g
Furosemide	NSF SOP 9869	24-Mar-2026	ND	<= 20	20	ng/g
Hydrochlorothiazide	NSF SOP 9869	24-Mar-2026	ND	<= 20	20	ng/g
Hydroflumethiazide	NSF SOP 9869	24-Mar-2026	ND	<= 20	20	ng/g
Indapamide	NSF SOP 9869	24-Mar-2026	ND	<= 20	20	ng/g
Methiazide	NSF SOP 9869	24-Mar-2026	ND	<= 20	20	ng/g
Methylclothiazide	NSF SOP 9869	24-Mar-2026	ND	<= 20	20	ng/g
Metolazone	NSF SOP 9869	24-Mar-2026	ND	<= 20	20	ng/g
Polythiazide	NSF SOP 9869	24-Mar-2026	ND	<= 20	20	ng/g
Quinethazone	NSF SOP 9869	24-Mar-2026	ND	<= 20	20	ng/g
Spironolactone	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Triamterene	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Trichlormethiazide	NSF SOP 9869	24-Mar-2026	ND	<= 20	20	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Vanilla | Powder | 26075-3 (Continued)

Hormone Antagonists

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
4-Androsten-3,6,17-trione	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
5a-Androstan-17b-ol-3,6-dione	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
5a-Androstan-3,6,17-trione	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
6-alpha-bromoandrostadiendione	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
6-alpha-bromoandrosteredione	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
6-alpha-bromotestosterone	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
6-beta-bromoandrostadiendione	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
6-beta-bromoandrosteredione	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
6-beta-bromotestosterone	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Aminoglutethimide	NSF SOP 9869	24-Mar-2026	ND	<= 20	20	ng/g
Anastrozole	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Androsta-1,4,6-triene-17b-ol-3-one	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Androsta-1,4,6-trienedione (Androsta-1,4,6-triene-3,17-dione)	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Androsta-3,5-diene-7,17-dione	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
Clomiphene	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Cyclofenil	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Formestane	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
Fulvestrant	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Letrozole	NSF SOP 9871	24-Mar-2026	ND	<= 40	40	ng/g
N-Desmethyltamoxifen	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Raloxifene	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Tamoxifen	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Testolactone	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Toremifene	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g

Masking Agents

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
Dutasteride	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Epitestosterone	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
Finasteride	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Probenecid	NSF SOP 9869	24-Mar-2026	ND	<= 20	20	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Vanilla | Powder | 26075-3 (Continued)

Stimulants

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
1,3-Dimethylbutylamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
1-Phenyl-2-butanamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
1-Phenylpentan-2-amine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
2-Aminoheptane	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
2-Methoxyphenylethylamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
2-amino-5-methylhexane	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
2-amino-6-methylheptane	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
3,4-MDA (3,4-Methylenedioxyamphetamine)	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
3,4-MDMA (3,4-Methylenedioxymethamphetamine)	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
4-Hydroxyamphetamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
4-Methylamphetamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
6-Amino-2-methyl-2-heptanol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Adrafinil	NSF SOP 9869	24-Mar-2026	ND	<= 25	25	ng/g
Amiphenazole	NSF SOP 9869	24-Mar-2026	ND	<= 40	40	ng/g
Amphetamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Benfluorex	SOP 31767	23-Mar-2026	ND	<= 25	25	ng/g
Benzphetamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Benzylpiperazine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Bromantan	NSF SOP 9871	24-Mar-2026	ND	<= 25	25	ng/g
Carphedone	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Cathine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Chlorphentermine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Clobenzorex	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Cocaine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Cropropamide	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Crotethamide	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Deprenyl (Selegiline)	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Deterenol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Diethylpropion (Amfepramone)	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Dimethylamphetamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Ephedrine	NSF SOP 8688	24-Mar-2026	ND	<= 10	10	ng/g
Ethamivan	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Ethylamphetamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Etilefrine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Famprofazone	NSF SOP 9871	24-Mar-2026	ND	<= 25	25	ng/g
Fenbutrazate	NSF SOP 9871	24-Mar-2026	ND	<= 25	25	ng/g
Fencamfamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Fencamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Fenetylline	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Fenfluramine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Fenproporex	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Furfenorex	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Isometheptene	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Mazindol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Meclofenoxate	SOP 31767	23-Mar-2026	ND	<= 25	25	ng/g
Mefenorex	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Mephentermine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Mesocarb	NSF SOP 9871	24-Mar-2026	ND	<= 25	25	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Vanilla | Powder | 26075-3 (Continued)

Stimulants (Continued)

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
Methamphetamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Methyl-(3-phenylpropyl)-amine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Methylephedrine	NSF SOP 8688	24-Mar-2026	ND	<= 10	10	ng/g
Methylhexanamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Methylphenidate	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Methylsyneprine (Oxlofrine)	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Modafinil	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
N,N-Didesmethylsibutramine	NSF SOP 9871	24-Mar-2026	ND	<= 25	25	ng/g
N,N-Dimethyl-2-phenylpropan-1-amine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
N,N-Dimethylphenylethylamine	NSF SOP 8688	24-Mar-2026	ND	<= 600	600	ng/g
N,a-Diethylphenylethylamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
N,b-Diethylphenylethylamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
N-Desmethylselegiline	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
N-Desmethylsibutramine	NSF SOP 9871	24-Mar-2026	ND	<= 25	25	ng/g
N-Methylphenethylamine	NSF SOP 8688	24-Mar-2026	ND	<= 500	500	ng/g
N-Methylpseudoephedrine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Nikethamide	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Norfenefrine	SOP 31767	23-Mar-2026	ND	<= 25	25	ng/g
Norfenfluramine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Octopamine	SOP 31767	23-Mar-2026	ND	<= 200	200	ng/g
Oxethazaine	NSF SOP 9871	24-Mar-2026	ND	<= 25	25	ng/g
Pemoline	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Pentyleneetetrazole	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Phendimetrazine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Phenmetrazine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Phenpentermine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Phenpromethamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Phentermine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Phenylpropanolamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Prenylamine	NSF SOP 9871	24-Mar-2026	ND	<= 25	25	ng/g
Prolintane	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Propylhexadrine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Pseudoephedrine	NSF SOP 8688	24-Mar-2026	ND	<= 10	10	ng/g
Pyrovalerone	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Sibutramine	NSF SOP 9871	24-Mar-2026	ND	<= 25	25	ng/g
Strychnine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Trimetazidine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
beta-Methylphenethylamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
p-Chloroamphetamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Vanilla | Powder | 26075-3 (Continued)

Beta Blockers

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
Acebutolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Alprenolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Atenolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Betaxolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Bisoprolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Carteolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Esmolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Levobunolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Metoprolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Nadolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Oxprenolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Pindolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Propranolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Sotalol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Timolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g

Selective Androgen Receptor Modulators

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
RAD140	NSF SOP 8688	24-Mar-2026	ND	<= 5	5	ng/g
Andarine	NSF SOP 15708	23-Mar-2026	ND	<= 5	5.0	ng/g
C-6	NSF SOP 15708	23-Mar-2026	ND	<= 5	5.0	ng/g
CAS#541497-95-4	NSF SOP 15708	23-Mar-2026	ND	<= 5	5.0	ng/g
LGD-4033	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
Ostarine	NSF SOP 15708	23-Mar-2026	ND	<= 5	5.0	ng/g
S-1	NSF SOP 15708	23-Mar-2026	ND	<= 5	5.0	ng/g

Metabolic Modulators

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
AICAR	SOP 31767	23-Mar-2026	ND	<= 10000	10000	ng/g
GW0742	NSF SOP 15708	23-Mar-2026	ND	<= 10	10	ng/g
GW501516	NSF SOP 15708	23-Mar-2026	ND	<= 10	10	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Vanilla | Powder | 26075-3 (Continued)

Growth Hormone Secretagogues

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
Alexamorelin	NSF SOP 17025	23-Mar-2026	ND	<= 200	200	ng/g
Anamorelin	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
GHRP-1	NSF SOP 17025	23-Mar-2026	ND	<= 200	200	ng/g
GHRP-2	NSF SOP 17025	23-Mar-2026	ND	<= 200	200	ng/g
GHRP-4	NSF SOP 17025	23-Mar-2026	ND	<= 200	200	ng/g
GHRP-5	NSF SOP 17025	23-Mar-2026	ND	<= 200	200	ng/g
GHRP-6	NSF SOP 17025	23-Mar-2026	ND	<= 200	200	ng/g
Hexarelin	NSF SOP 17025	23-Mar-2026	ND	<= 200	200	ng/g
Ibutamoren	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
Ipamorelin	NSF SOP 17025	23-Mar-2026	ND	<= 200	200	ng/g
LGD-2226	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g

See Definitions and Glossary page for data flag definition(s).

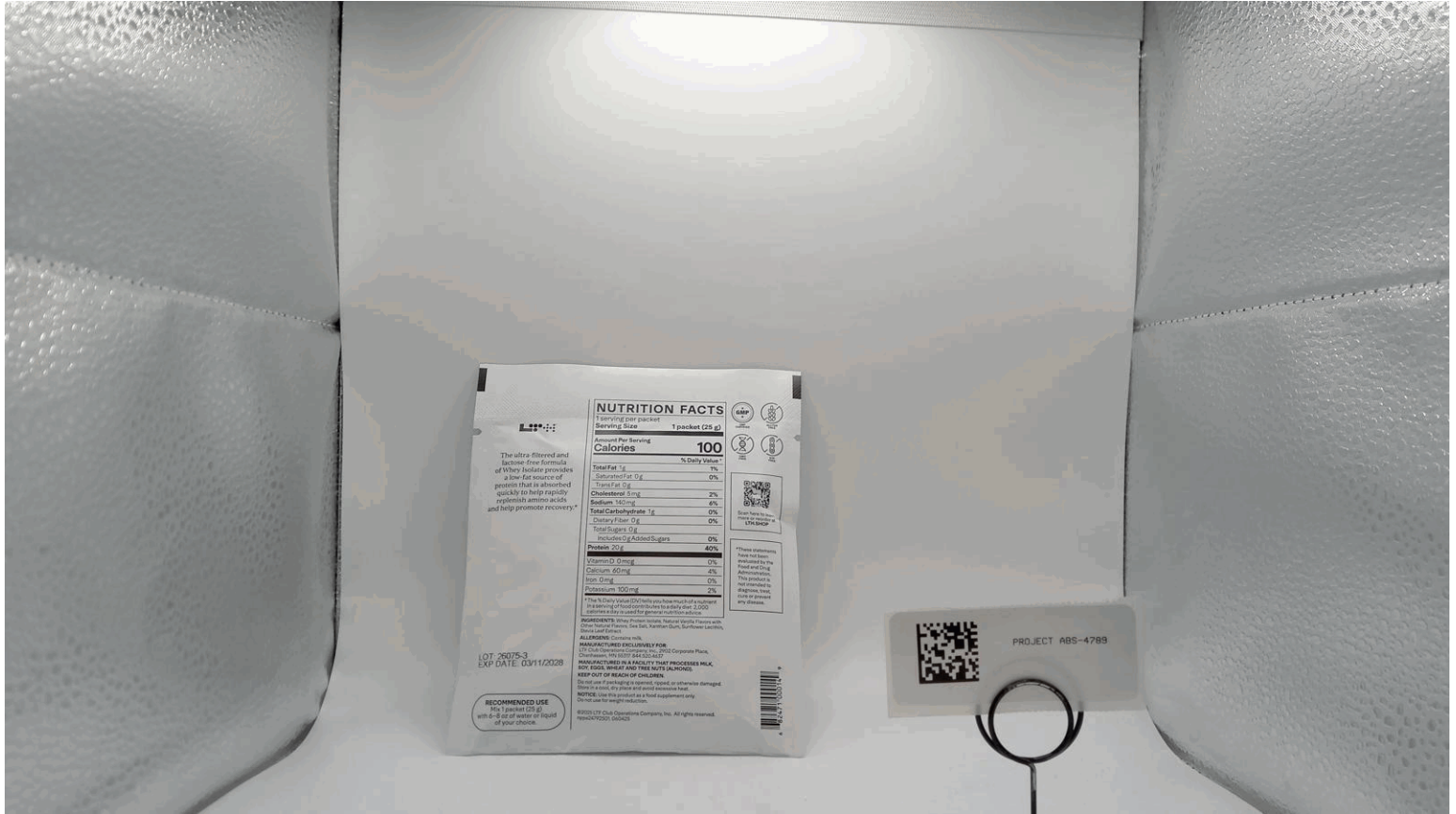
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Job Number: J-00560015

Customer: LTF Club Operations
Company, Inc.

Report Photos



ABS-4789 (1).jpg (PROJECT ABS-4789 (1).jpg)



Job Number: J-00560015

Customer: LTF Club Operations
Company, Inc.



ABS-4789 (2).jpg (PROJECT ABS-4789 (2).jpg)



Sample Summary

Lab Sample ID	Sample Description	Sample Type	Date Received	Receiving Facility
ABS-4789-1	LTH FLEX Whey Protein Isolate Vanilla Powder 26075-3		19-Mar-2026	NSF US AA

Facility Locations

NSF US AA

NSF Laboratories – Ann Arbor
789 N. Dixboro Road Ann Arbor, MI 48105 United States

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Job Number: J-00560015

Customer: LTF Club Operations
Company, Inc.

Laboratory Sample Testing Summary

Reference	Analysis ID	Method Description	A
NSF SOP 7667	C0432 Anabolic Agents GC/MS/MS (1)	Analysis of Anabolic Steroids in Dietary Supplements and Functional Foods, Personal Care Products by GC-MS/MS	*
NSF SOP 8688	C1118 Stimulants LC/MS/MS (1)	Analysis of Stimulants in Dietary Supplements and Functional Foods by LCMS	*
NSF SOP 9871	C1119 Steroids LC/MS/MS (1)	Analysis of Steroids in Dietary Supplements and Functional Foods by LCMSMS	*
NSF SOP 9869	C1120 Diuretics LC/MS/MS (1)	Analysis of Diuretics in Dietary Supplements and Functional Foods by LCMSMS	*
NSF SOP 17025	C1222 GHRPs LC/HRMS (1)	Analysis of GHRPs in Dietary Supplements and Functional Foods by LCHRMS	*
NSF SOP 18148	C1225 GHB GC/MS/MS (1)	Screening gamma-Hydroxybutyric Acid (GHB) in Dietary Supplements, Functional Foods and Energy Drinks by GC-MS/MS	*
NSF SOP 15708	C1317 SARMS LC/MS/MS (1)	Analysis of SARMS and PPAR δ agonists in Dietary Supplements and Functional Foods by LCMSMS	*
SOP 31767	C1947 Stimulants ABS Screen (1)	Stimulants 2 Semi-Quantitative by LCMS in Product	*

A = Accreditation

Accreditation List

The following components have been performed as per NSF requirements but are not within its scope of accreditation for the tests listed.

* - NSF is an ISO17025 accredited laboratory and all work is performed following the NSF Quality Management System which supports that accreditation. A list of methods which are specifically covered under the lab accreditations is available separately. Subcontracted tests are performed by approved NSF subcontract laboratories.

Testing Facility Locations

(1) NSF Laboratories – Ann Arbor

789 N. Dixboro Road Ann Arbor, MI 48105 United States



Definitions and Glossary

- DCC - Document Control Code
- EPSF - Electronic Product Sample Form
- GHB - 4-Hydroxybutanoic Acid
- GHRP - Growth Hormone-Releasing Peptide
- MRL - Method Reporting Limit
- NCM - Non-Conformance Memo
- ND - Not Detected at or above the Method Reporting Limit (MRL)
- SARMs - Selective Androgen Receptor Modulators
- SOP - Standard Operating Procedure

Data Flag Definitions

* - The component did not meet the laboratory matrix spike quality control criteria for the sample tested but is acceptable to report to the maximum threshold level as allowed in Annex C of NSF Certified for Sport Program - Guideline 306.

Statements of Conformity

NSF has completed the testing of the identified product relative to the requirements of NSF Guideline 306: Certified for Sport Testing. The results obtained for the individual banned substances included in the testing are provided in the report's result section.

Unless otherwise indicated, method uncertainties are not applied in any determinations of conformity.

Testing utilizes the requested sections of any referenced standards, which may not be the entire standard.

The product in this report was evaluated according to NSF-306 - 2023 (Certified for Sport).

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Thank you for having your product tested by NSF — the public health and safety organization.

NSF

789 N. Dixboro Road, Ann Arbor, MI 48105 United States

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Prepared For:

[Redacted]
[Redacted]
2902 Corporate Place
Chanhassen, Minnesota 55317
United States
Company ID: C0778175

Facility:

[Redacted]
Benicia, CA 94510
United States
Facility ID: [Redacted]

Result:	✓Pass
Job Number:	J-00560016
Product Tested:	LTH FLEX Whey Protein Isolate Chocolate Powder 26075-1
Trade Designation:	LTH FLEX Whey Protein Isolate Chocolate
NSF Program Project Number:	W1059856
Standard:	NSF 306 (Certified for Sport®)
Test Type:	Qualification Testing
Report Date:	27-Mar-2026

Project Manager: [Redacted]
Lot#: 26075-1

Please contact your Project Manager, if you have any questions or concerns pertaining to your report.

Report Serial Number: 183400

Report Authorized By:

[Redacted]
Principal Technical Manager
27-Mar-2026



Thank you for having your product tested by NSF — the public health and safety organization.



Job Number: J-00560016

Customer: LTF Club Operations
Company, Inc.

Executive Summary

General Information

Standard: **NSF 306**

DCC Number: **FC01494**

Physical Description of Sample: **Powder**

Test Description: **NSF Certified for Sport Testing**

Sample Description: **LTH FLEX Whey Protein Isolate Chocolate | Powder | 26075-1**

Laboratory Sample ID: **ABS-4791-1**

No out of specification results reported

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Sample Results

LTH FLEX Whey Protein Isolate Chocolate | Powder | 26075-1

Lab Sample ID: ABS-4791-1

Narcotics/Cannabinoids

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
Codeine	NSF SOP 8688	24-Mar-2026	ND	<= 10	10	ng/g
Morphine	NSF SOP 8688	24-Mar-2026	ND	<= 100	100	ng/g
Oxycodone	NSF SOP 8688	24-Mar-2026	ND	<= 10	10	ng/g
Phencyclidine (PCP)	NSF SOP 8688	24-Mar-2026	ND	<= 10	10	ng/g
delta-8-THC	NSF SOP 9871	24-Mar-2026	ND	<= 100	100	ng/g
Marijuana (delta-9-THC)	NSF SOP 9871	24-Mar-2026	ND	<= 100	100	ng/g
delta-10-THC	NSF SOP 9871	24-Mar-2026	ND	<= 100	100	ng/g
4-hydroxybutanoic acid (GHB)	NSF SOP 18148	26-Mar-2026	ND	<= 20000	20000	ng/g
JWH-018	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
JWH-073	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
HU-210	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
LSD	NSF SOP 8688	24-Mar-2026	ND	<= 10	10	ng/g

Hypoxia-inducible Factor Activators

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
FG-2216	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
BAY 87-2243	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
KC7F2	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Daprodustat	NSF SOP 15708	23-Mar-2026	ND	<= 20	20	ng/g
Desidustat	NSF SOP 15708	23-Mar-2026	ND	<= 20	200	ng/g
Enarodustat	NSF SOP 15708	23-Mar-2026	ND	<= 20	20	ng/g
Roxadustat	NSF SOP 15708	23-Mar-2026	ND	<= 20	20	ng/g
Vadadustat	NSF SOP 15708	23-Mar-2026	ND	<= 20	20	ng/g

Anabolic Agents

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
3b-Hydroxy-estr-4-en-17-one	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
2a,17a-Dimethylandro-1,4-dien-17b-ol-3-one	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
1-Androsterone enanthate	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
17a-Methyl-1,4-androstadiene-3b,17b-diol	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
1-Androstenediol	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
1-Androstenedione	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
1-Androsterone (Androst-1-ene-3b-ol-17-one)	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
1-Testosterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
11a-Hydroxymethyltestosterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
17-Hydroxyprogesterone	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
17a-Methylclostebol	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
19-Nor-5-Androstenediol	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
19-Norandrostenedione	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
19-Norandrosterone	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
19-Noretiocholanolone	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
2-Androsten-17-one	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Chocolate | Powder | 26075-1 (Continued)

Anabolic Agents (Continued)

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
4-Androsten-3a, 17b-diol	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
4-Androsten-3a-ol-17-one	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
4-Androsten-3b, 17a-diol	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
4-Androsten-3b-ol-17-one (4-DHEA)	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
4-Androstenediol	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
4-Androstenedione	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
4-Hydroxytestosterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
5-Androsten-3, 17-dione	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
5-Androsten-3b, 17a-diol	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
5a-Androstan-3a,17a-diol	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
5a-Androstan-3a,17b-diol	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
5a-Androstan-3b,17a-diol	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
5a-Androstan-3b,17b-diol	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
7-keto-dehydroepiandrosterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
7a-hydroxy-dehydroepiandrosterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
7b-hydroxy-dehydroepiandrosterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Androstenedione	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Androstenediol	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
Androsterone	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
Bolandiol (19-Norandrostenediol)	NSF SOP 7667	27-Mar-2026	ND	<= 10	10	ng/g
Bolasterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Boldenone	NSF SOP 7667	27-Mar-2026	ND	<= 10	10	ng/g
Boldione (Androstadienedione)	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Calusterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Clostebol	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Danazol	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Dehydroandrosterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Dehydroepiandrosterone (DHEA)	NSF SOP 7667	27-Mar-2026	ND (*)	<= 20	500	ng/g
Desoxymethyltestosterone (madol)	NSF SOP 7667	27-Mar-2026	ND	<= 10	10	ng/g
Dihydrotestosterone (Stanolone)	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
Drostanolone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Epiandrosterone	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
Epidihydrotestosterone	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
Estra-4,9,11-triene-3,17-dione	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
Estra-4,9-diene-3,17-dione	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
Ethylestrenol	NSF SOP 7667	27-Mar-2026	ND	<= 10	10	ng/g
Etiocholanolone	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
Exemestane	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
Fluoxymesterone	NSF SOP 7667	27-Mar-2026	ND	<= 10	10	ng/g
Formebolone	NSF SOP 9871	24-Mar-2026	ND (*)	<= 5	100	ng/g
Furazabol	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Gestrinone	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
Mestanolone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Mesterolone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Methandienone	NSF SOP 7667	27-Mar-2026	ND	<= 2	2.0	ng/g
Methandriol	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Methasterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Methenolone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Chocolate | Powder | 26075-1 (Continued)

Anabolic Agents (Continued)

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
Methyl-1-testosterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Methylclostediol	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Methyldienolone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Methylnortestosterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Methylstenbolone	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
Methyltestosterone	NSF SOP 7667	27-Mar-2026	ND	<= 2	2.0	ng/g
Methyltrienolone (Metribolone)	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
Mibolerone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Nandrolone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Norbolethone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Norclostebol	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Norethandrolone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Oxabolone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Oxandrolone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Oxymesterone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Oxymetholone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Progesterone	NSF SOP 7667	27-Mar-2026	ND	<= 100	100	ng/g
Prostanozol	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
Quinbolone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Stanozolol	NSF SOP 9871	24-Mar-2026	ND	<= 2	2.0	ng/g
Stenbolone	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
Testosterone	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
Tetrahydrogestrinone	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
Tibolone	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Trenbolone	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
Turinabol-oral	NSF SOP 7667	27-Mar-2026	ND	<= 2	2.0	ng/g
Turinadiol-a (4-chloro-17a-methyl-androst-1,4-diene-3a,17b-diol)	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Turinadiol-b (4-chloro-17a-methyl-androst-1,4-diene-3b,17b-diol)	NSF SOP 7667	27-Mar-2026	ND	<= 5	5.0	ng/g
Zilpaterol	NSF SOP 8688	24-Mar-2026	ND	<= 5	5.0	ng/g
alpha-Zearalanol (Zeranol)	NSF SOP 9869	23-Mar-2026	ND	<= 5	5.0	ng/g

See Definitions and Glossary page for data flag definition(s).

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LTH FLEX Whey Protein Isolate Chocolate | Powder | 26075-1 (Continued)

Beta-Agonists

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
Higenamine	NSF SOP 9869	23-Mar-2026	ND	<= 200	200	ng/g
Bambuterol	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Brombuterol	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Clenbuterol	NSF SOP 8688	24-Mar-2026	ND	<= 2	2.0	ng/g
Clozapine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Fenoterol	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Formoterol	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Labetalol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Procaterol	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Propafenone	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Ractopamine	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Ritodrine	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Salbutamol	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Salmeterol	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Terbutaline	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Vilanterol	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g

Diuretics

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
Tolvaptan	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Acetazolamide	NSF SOP 9869	23-Mar-2026	ND	<= 20	20	ng/g
Althiazide	NSF SOP 9869	23-Mar-2026	ND	<= 20	20	ng/g
Amiloride	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Bendroflumethiazide	NSF SOP 9869	23-Mar-2026	ND	<= 20	20	ng/g
Benzthiazide	NSF SOP 9869	23-Mar-2026	ND	<= 20	20	ng/g
Bumetanide	NSF SOP 9869	23-Mar-2026	ND	<= 20	20	ng/g
Buthiazide	NSF SOP 9869	23-Mar-2026	ND	<= 20	20	ng/g
Canrenone	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Chlorthalidone	NSF SOP 8688	24-Mar-2026	ND	<= 40	40	ng/g
Chlorthiazide	NSF SOP 9869	23-Mar-2026	ND	<= 20	20	ng/g
Cyclothiazide	NSF SOP 9869	23-Mar-2026	ND	<= 20	20	ng/g
Ethacrynic Acid	NSF SOP 9869	23-Mar-2026	ND	<= 20	20	ng/g
Furosemide	NSF SOP 9869	23-Mar-2026	ND	<= 20	20	ng/g
Hydrochlorothiazide	NSF SOP 9869	23-Mar-2026	ND	<= 20	20	ng/g
Hydroflumethiazide	NSF SOP 9869	23-Mar-2026	ND	<= 20	20	ng/g
Indapamide	NSF SOP 9869	23-Mar-2026	ND	<= 20	20	ng/g
Methiazide	NSF SOP 9869	23-Mar-2026	ND	<= 20	20	ng/g
Methylclothiazide	NSF SOP 9869	23-Mar-2026	ND	<= 20	20	ng/g
Metolazone	NSF SOP 9869	23-Mar-2026	ND	<= 20	20	ng/g
Polythiazide	NSF SOP 9869	23-Mar-2026	ND	<= 20	20	ng/g
Quinethazone	NSF SOP 9869	23-Mar-2026	ND	<= 20	20	ng/g
Spironolactone	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Triamterene	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Trichlormethiazide	NSF SOP 9869	23-Mar-2026	ND	<= 20	20	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Chocolate | Powder | 26075-1 (Continued)

Hormone Antagonists

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
4-Androsten-3,6,17-trione	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
5a-Androstan-17b-ol-3,6-dione	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
5a-Androstan-3,6,17-trione	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
6-alpha-bromoandrostadiendione	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
6-alpha-bromoandrosteredione	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
6-alpha-bromotestosterone	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
6-beta-bromoandrostadiendione	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
6-beta-bromoandrosteredione	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
6-beta-bromotestosterone	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Aminoglutethimide	NSF SOP 9869	23-Mar-2026	ND	<= 20	20	ng/g
Anastrozole	NSF SOP 8688	24-Mar-2026	ND	<= 20	20	ng/g
Androsta-1,4,6-triene-17b-ol-3-one	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Androsta-1,4,6-trienedione (Androsta-1,4,6-triene-3,17-dione)	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Androsta-3,5-diene-7,17-dione	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
Clomiphene	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Cyclofenil	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Formestane	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
Fulvestrant	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Letrozole	NSF SOP 9871	24-Mar-2026	ND	<= 40	40	ng/g
N-Desmethyltamoxifen	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Raloxifene	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Tamoxifen	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Testolactone	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Toremifene	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g

Masking Agents

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
Dutasteride	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Epitestosterone	NSF SOP 7667	27-Mar-2026	ND	<= 20	20	ng/g
Finasteride	NSF SOP 9871	24-Mar-2026	ND	<= 20	20	ng/g
Probenecid	NSF SOP 9869	23-Mar-2026	ND	<= 20	20	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Chocolate | Powder | 26075-1 (Continued)

Stimulants

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
1,3-Dimethylbutylamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
1-Phenyl-2-butanamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
1-Phenylpentan-2-amine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
2-Aminoheptane	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
2-Methoxyphenylethylamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
2-amino-5-methylhexane	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
2-amino-6-methylheptane	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
3,4-MDA (3,4-Methylenedioxyamphetamine)	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
3,4-MDMA (3,4-Methylenedioxymethamphetamine)	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
4-Hydroxyamphetamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
4-Methylamphetamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
6-Amino-2-methyl-2-heptanol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Adrafinil	NSF SOP 9869	23-Mar-2026	ND	<= 25	25	ng/g
Amiphenazole	NSF SOP 9869	23-Mar-2026	ND	<= 40	40	ng/g
Amphetamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Benfluorex	SOP 31767	23-Mar-2026	ND	<= 25	25	ng/g
Benzphetamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Benzylpiperazine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Bromantan	NSF SOP 9871	24-Mar-2026	ND	<= 25	25	ng/g
Carphedone	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Cathine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Chlorphentermine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Clobenzorex	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Cocaine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Cropropamide	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Crotethamide	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Deprenyl (Selegiline)	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Deterenol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Diethylpropion (Amfepramone)	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Dimethylamphetamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Ephedrine	NSF SOP 8688	24-Mar-2026	ND	<= 10	10	ng/g
Ethamivan	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Ethylamphetamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Etilefrine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Famprofazone	NSF SOP 9871	24-Mar-2026	ND	<= 25	25	ng/g
Fenbutrazate	NSF SOP 9871	24-Mar-2026	ND	<= 25	25	ng/g
Fencamfamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Fencamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Fenetylline	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Fenfluramine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Fenproporex	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Furfenorex	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Isomethheptene	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Mazindol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Meclofenoxate	SOP 31767	23-Mar-2026	ND	<= 25	25	ng/g
Mefenorex	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Mephentermine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Mesocarb	NSF SOP 9871	24-Mar-2026	ND	<= 25	25	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Chocolate | Powder | 26075-1 (Continued)

Stimulants (Continued)

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
Methamphetamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Methyl-(3-phenylpropyl)-amine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Methylephedrine	NSF SOP 8688	24-Mar-2026	ND	<= 10	10	ng/g
Methylhexanamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Methylphenidate	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Methylsyneprine (Oxilofrine)	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Modafinil	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
N,N-Didesmethylsibutramine	NSF SOP 9871	24-Mar-2026	ND	<= 25	25	ng/g
N,N-Dimethyl-2-phenylpropan-1-amine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
N,N-Dimethylphenylethylamine	NSF SOP 8688	24-Mar-2026	ND	<= 600	600	ng/g
N,a-Diethylphenylethylamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
N,b-Diethylphenylethylamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
N-Desmethylselegiline	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
N-Desmethylsibutramine	NSF SOP 9871	24-Mar-2026	ND	<= 25	25	ng/g
N-Methylphenethylamine	NSF SOP 8688	24-Mar-2026	ND	<= 500	500	ng/g
N-Methylpseudoephedrine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Nikethamide	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Norfenefrine	SOP 31767	23-Mar-2026	ND	<= 25	25	ng/g
Norfenfluramine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Octopamine	SOP 31767	23-Mar-2026	ND	<= 200	200	ng/g
Oxethazaine	NSF SOP 9871	24-Mar-2026	ND	<= 25	25	ng/g
Pemoline	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Pentyleneetetrazole	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Phendimetrazine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Phenmetrazine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Phenpentermine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Phenpromethamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Phentermine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Phenylpropanolamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Prenylamine	NSF SOP 9871	24-Mar-2026	ND	<= 25	25	ng/g
Prolintane	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Propylhexadrine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Pseudoephedrine	NSF SOP 8688	24-Mar-2026	ND	<= 10	10	ng/g
Pyrovalerone	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Sibutramine	NSF SOP 9871	24-Mar-2026	ND	<= 25	25	ng/g
Strychnine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Trimetazidine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
beta-Methylphenethylamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
p-Chloroamphetamine	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Chocolate | Powder | 26075-1 (Continued)

Beta Blockers

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
Acebutolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Alprenolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Atenolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Betaxolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Bisoprolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Carteolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Esmolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Levobunolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Metoprolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Nadolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Oxprenolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Pindolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Propranolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Sotalol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g
Timolol	NSF SOP 8688	24-Mar-2026	ND	<= 25	25	ng/g

Selective Androgen Receptor Modulators

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
RAD140	NSF SOP 8688	24-Mar-2026	ND	<= 5	5	ng/g
Andarine	NSF SOP 15708	23-Mar-2026	ND	<= 5	5.0	ng/g
C-6	NSF SOP 15708	23-Mar-2026	ND	<= 5	5.0	ng/g
CAS#541497-95-4	NSF SOP 15708	23-Mar-2026	ND	<= 5	5.0	ng/g
LGD-4033	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
Ostarine	NSF SOP 15708	23-Mar-2026	ND	<= 5	5.0	ng/g
S-1	NSF SOP 15708	23-Mar-2026	ND	<= 5	5.0	ng/g

Metabolic Modulators

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
AICAR	SOP 31767	23-Mar-2026	ND	<= 10000	10000	ng/g
GW0742	NSF SOP 15708	23-Mar-2026	ND	<= 10	10	ng/g
GW501516	NSF SOP 15708	23-Mar-2026	ND	<= 10	10	ng/g

See Definitions and Glossary page for data flag definition(s).

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LTH FLEX Whey Protein Isolate Chocolate | Powder | 26075-1 (Continued)

Growth Hormone Secretagogues

Component	Reference	Analysis Date:	Result	Criteria	MRL	Units
Alexamorelin	NSF SOP 17025	23-Mar-2026	ND	<= 200	200	ng/g
Anamorelin	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
GHRP-1	NSF SOP 17025	23-Mar-2026	ND	<= 200	200	ng/g
GHRP-2	NSF SOP 17025	23-Mar-2026	ND	<= 200	200	ng/g
GHRP-4	NSF SOP 17025	23-Mar-2026	ND	<= 200	200	ng/g
GHRP-5	NSF SOP 17025	23-Mar-2026	ND	<= 200	200	ng/g
GHRP-6	NSF SOP 17025	23-Mar-2026	ND	<= 200	200	ng/g
Hexarelin	NSF SOP 17025	23-Mar-2026	ND	<= 200	200	ng/g
Ibutamoren	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g
Ipamorelin	NSF SOP 17025	23-Mar-2026	ND	<= 200	200	ng/g
LGD-2226	NSF SOP 9871	24-Mar-2026	ND	<= 5	5.0	ng/g

See Definitions and Glossary page for data flag definition(s).

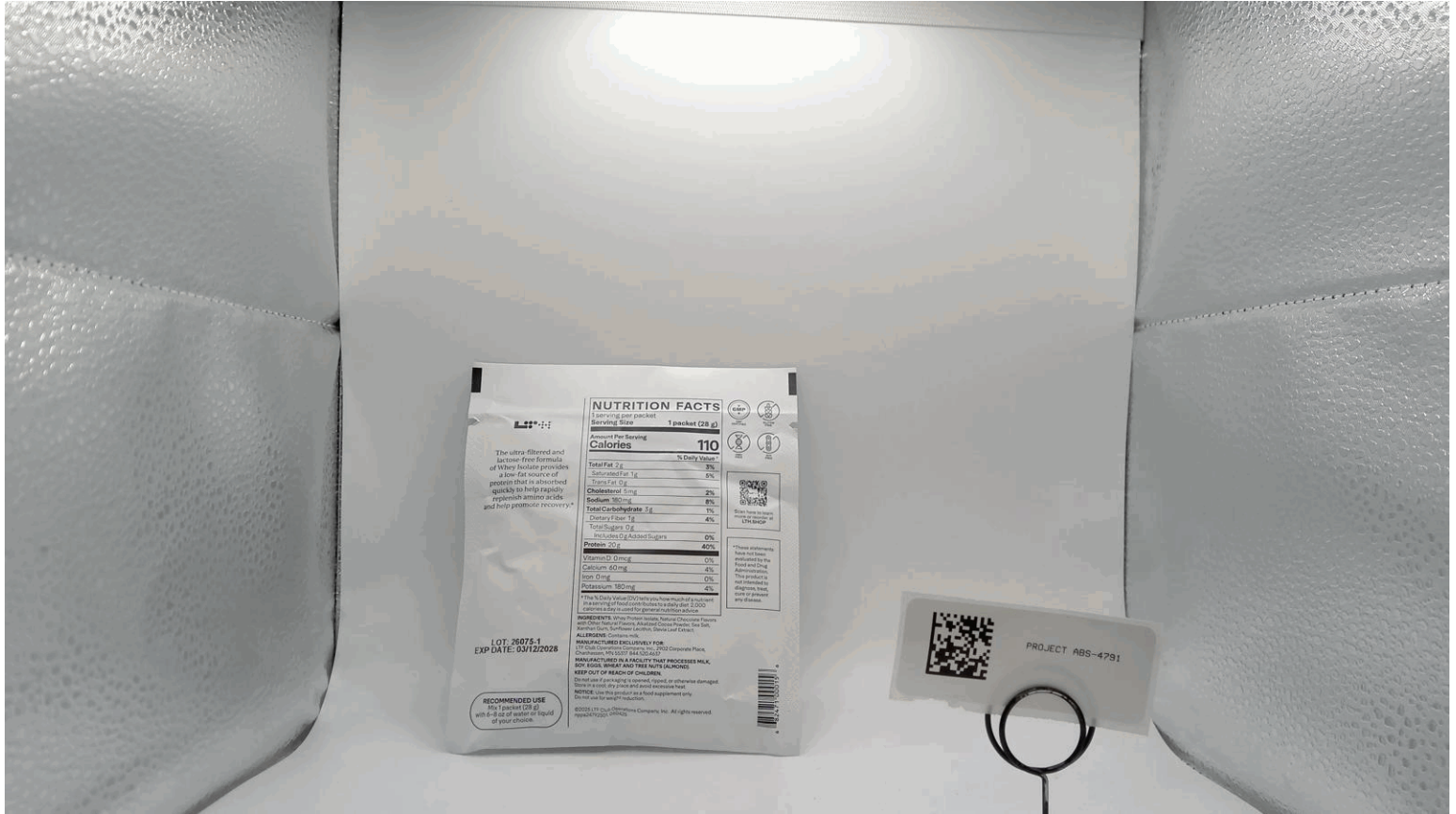
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Job Number: J-00560016

Customer: LTF Club Operations
Company, Inc.

Report Photos



ABS-4791 (1).jpg (PROJECT ABS-4791 (1).jpg)



Job Number: J-00560016

Customer: LTF Club Operations
Company, Inc.



ABS-4791 (2).jpg (PROJECT ABS-4791 (2).jpg)



Sample Summary

Lab Sample ID	Sample Description	Sample Type	Date Received	Receiving Facility
ABS-4791-1	LTH FLEX Whey Protein Isolate Chocolate Powder 26075-1		19-Mar-2026	NSF US AA

Facility Locations

NSF US AA
NSF Laboratories – Ann Arbor
789 N. Dixboro Road Ann Arbor, MI 48105 United States

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Job Number: J-00560016

Customer: LTF Club Operations
Company, Inc.

Laboratory Sample Testing Summary

Reference	Analysis ID	Method Description	A
NSF SOP 7667	C0432 Anabolic Agents GC/MS/MS (1)	Analysis of Anabolic Steroids in Dietary Supplements and Functional Foods, Personal Care Products by GC-MS/MS	*
NSF SOP 8688	C1118 Stimulants LC/MS/MS (1)	Analysis of Stimulants in Dietary Supplements and Functional Foods by LCMS	*
NSF SOP 9871	C1119 Steroids LC/MS/MS (1)	Analysis of Steroids in Dietary Supplements and Functional Foods by LCMSMS	*
NSF SOP 9869	C1120 Diuretics LC/MS/MS (1)	Analysis of Diuretics in Dietary Supplements and Functional Foods by LCMSMS	*
NSF SOP 17025	C1222 GHRPs LC/HRMS (1)	Analysis of GHRPs in Dietary Supplements and Functional Foods by LCHRMS	*
NSF SOP 18148	C1225 GHB GC/MS/MS (1)	Screening gamma-Hydroxybutyric Acid (GHB) in Dietary Supplements, Functional Foods and Energy Drinks by GC-MS/MS	*
NSF SOP 15708	C1317 SARMS LC/MS/MS (1)	Analysis of SARMS and PPAR δ agonists in Dietary Supplements and Functional Foods by LCMSMS	*
SOP 31767	C1947 Stimulants ABS Screen (1)	Stimulants 2 Semi-Quantitative by LCMS in Product	*

A = Accreditation

Accreditation List

The following components have been performed as per NSF requirements but are not within its scope of accreditation for the tests listed.

* - NSF is an ISO17025 accredited laboratory and all work is performed following the NSF Quality Management System which supports that accreditation. A list of methods which are specifically covered under the lab accreditations is available separately. Subcontracted tests are performed by approved NSF subcontract laboratories.

Testing Facility Locations

(1) NSF Laboratories – Ann Arbor

789 N. Dixboro Road Ann Arbor, MI 48105 United States



Definitions and Glossary

- DCC - Document Control Code
- EPSF - Electronic Product Sample Form
- GHB - 4-Hydroxybutanoic Acid
- GHRP - Growth Hormone-Releasing Peptide
- MRL - Method Reporting Limit
- NCM - Non-Conformance Memo
- ND - Not Detected at or above the Method Reporting Limit (MRL)
- SARMs - Selective Androgen Receptor Modulators
- SOP - Standard Operating Procedure

Data Flag Definitions

* - The component did not meet the laboratory matrix spike quality control criteria for the sample tested but is acceptable to report to the maximum threshold level as allowed in Annex C of NSF Certified for Sport Program - Guideline 306.

Statements of Conformity

NSF has completed the testing of the identified product relative to the requirements of NSF Guideline 306: Certified for Sport Testing. The results obtained for the individual banned substances included in the testing are provided in the report's result section.

Unless otherwise indicated, method uncertainties are not applied in any determinations of conformity.

Testing utilizes the requested sections of any referenced standards, which may not be the entire standard.

The product in this report was evaluated according to NSF-306 - 2023 (Certified for Sport).

Thank you for having your product tested by NSF — the public health and safety organization.

NSF

789 N. Dixboro Road, Ann Arbor, MI 48105 United States

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Prepared For:

[Redacted]
LTF Club Operations Company, Inc.
2902 Corporate Place
Chanhassen, Minnesota 55317
United States

Facility:

[Redacted]
Benicia, CA 94510
United States

Result:	☑Pass
Job Number:	J-00533658
Product Tested:	LTH FLEX Whey Protein Isolate Chocolate Powder 25245-15
Trade Designation:	LTH FLEX Whey Protein Isolate Chocolate
NSF Program Project Number:	W1010768
Standard:	NSF 306 (Certified for Sport®)
Test Type:	Qualification Testing
Report Date:	23-Sep-2025

Account Manager:	[Redacted]
Lot#:	25245-15

Please contact your Account Manager, if you have any questions or concerns pertaining to this report.

Report Serial Number:	155557
-----------------------	--------

Report Authorized By:

[Redacted]
[Redacted]
23-Sep-2025

[Redacted]

Thank you for having your product tested by NSF — the public health and safety organization.



Job Number: J-00533658

Customer: LTF Club Operations
Company, Inc.

Executive Summary

General Information

Standard: **NSF 306**

DCC Number: **FC01494**

Test Description: **NSF Certified for Sport Testing**

Customer Supplied Information

This data was provided by the customer and can affect the validity of the results.

Physical Description of Sample: **Powder**

Sample Description: LTH FLEX Whey Protein Isolate Chocolate | Powder | 25245-15

Laboratory Sample ID: **ABS-1790-1**

No out of specification results reported



Sample Results

LTH FLEX Whey Protein Isolate Chocolate | Powder | 25245-15

Lab Sample ID: ABS-1790-1
Date Received: 12-Sep-2025
Sample Type: Powder

Narcotics/Cannabinoids

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Codeine	NSF SOP 8688	16-Sep-2025	ND	<= 10	10	ng/g
Morphine	NSF SOP 8688	16-Sep-2025	ND	<= 100	100	ng/g
Oxycodone	NSF SOP 8688	16-Sep-2025	ND	<= 10	10	ng/g
Phencyclidine (PCP)	NSF SOP 8688	16-Sep-2025	ND	<= 10	10	ng/g
delta-8-THC	NSF SOP 9871	16-Sep-2025	ND	<= 100	100	ng/g
Marijuana (delta-9-THC)	NSF SOP 9871	16-Sep-2025	ND	<= 100	100	ng/g
delta-10-THC	NSF SOP 9871	16-Sep-2025	ND	<= 100	100	ng/g
4-hydroxybutanoic acid (GHB)	NSF SOP 18148	18-Sep-2025	ND	<= 20000	20000	ng/g
JWH-018	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
JWH-073	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
HU-210	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
LSD	NSF SOP 8688	16-Sep-2025	ND	<= 10	10	ng/g

See Definitions and Glossary page for data flag definition(s).

Anabolic Agents

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
1-Androstenediol	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
1-Androstenedione	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
1-Androsterone (Androst-1-ene-3b-ol-17-one)	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
1-Testosterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
11a-Hydroxymethyltestosterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
17-Hydroxyprogesterone	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
17a-Methylclostebol	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
19-Nor-5-Androstenediol	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
19-Norandrostenedione	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
19-Norandrosterone	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
19-Noretiocholanolone	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
2-Androsten-17-one	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
4-Androsten-3a, 17b-diol	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
4-Androsten-3a-ol-17-one	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
4-Androsten-3b, 17a-diol	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
4-Androsten-3b-ol-17-one (4-DHEA)	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
4-Androstenediol	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
4-Androstenedione	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
4-Hydroxytestosterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
5-Androsten-3, 17-dione	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
5-Androsten-3b, 17a-diol	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
5a-Androstan-3a,17a-diol	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
5a-Androstan-3a,17b-diol	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
5a-Androstan-3b,17a-diol	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
5a-Androstan-3b,17b-diol	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g



LTH FLEX Whey Protein Isolate Chocolate | Powder | 25245-15 (Continued)

Anabolic Agents (Continued)

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
7-keto-dehydroepiandrosterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
7a-hydroxy-dehydroepiandrosterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
7b-hydroxy-dehydroepiandrosterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Androstenedione	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Androstenediol	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Androsterone	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Bolandiol (19-Norandrostenediol)	NSF SOP 7667	22-Sep-2025	ND	<= 10	10	ng/g
Bolasterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Boldenone	NSF SOP 7667	22-Sep-2025	ND	<= 10	10	ng/g
Boldione (Androstadienedione)	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Calusterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Clostebol	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Danazol	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Dehydroandrosterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Dehydroepiandrosterone (DHEA)	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Desoxymethyltestosterone (madol)	NSF SOP 7667	22-Sep-2025	ND	<= 10	10	ng/g
Dihydrotestosterone (Stanolone)	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Drostanolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Epiandrosterone	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Epidihydrotestosterone	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Estra-4,9,11-triene-3,17-dione	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
Estra-4,9-diene-3,17-dione	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
Ethylestrenol	NSF SOP 7667	22-Sep-2025	ND	<= 10	10	ng/g
Etiocholanolone	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Exemestane	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Fluoxymesterone	NSF SOP 7667	22-Sep-2025	ND	<= 10	10	ng/g
Formebolone	NSF SOP 9871	16-Sep-2025	ND (*)	<= 5	100	ng/g
Furazabol	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Gestrinone	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
Mestanolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Mesterolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Methandienone	NSF SOP 7667	22-Sep-2025	ND	<= 2	2.0	ng/g
Methandriol	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Methasterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Methenolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Methyl-1-testosterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Methylclostediol	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Methyldienolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Methylnortestosterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Methylstenbolone	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
Methyltestosterone	NSF SOP 7667	22-Sep-2025	ND	<= 2	2.0	ng/g
Methyltrienolone (Metribolone)	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
Mibolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Nandrolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Norbolethone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Norclostebol	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Norethandrolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Oxabolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g



LTH FLEX Whey Protein Isolate Chocolate | Powder | 25245-15 (Continued)

Anabolic Agents (Continued)

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Oxandrolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Oxymesterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Oxymetholone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Progesterone	NSF SOP 7667	22-Sep-2025	ND	<= 100	100	ng/g
Prostanazol	NSF SOP 9871	16-Sep-2025	ND (*)	<= 5	100	ng/g
Quinbolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Stanozolol	NSF SOP 9871	16-Sep-2025	ND	<= 2	2.0	ng/g
Stenbolone	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
Testosterone	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Tetrahydrogestrinone	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
Tibolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Trenbolone	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
Turinabol-oral	NSF SOP 7667	22-Sep-2025	ND	<= 2	2.0	ng/g
Turinadiol-a (4-chloro-17a-methyl-androst-1,4-diene-3a,17b-diol)	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Turinadiol-b (4-chloro-17a-methyl-androst-1,4-diene-3b,17b-diol)	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Zilpaterol	NSF SOP 8688	16-Sep-2025	ND	<= 5	5.0	ng/g
alpha-Zearalanol (Zeranol)	NSF SOP 9869	16-Sep-2025	ND	<= 5	5.0	ng/g

See Definitions and Glossary page for data flag definition(s).

Beta-Agonists

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Bambuterol	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Brombuterol	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Clenbuterol	NSF SOP 8688	16-Sep-2025	ND	<= 2	2.0	ng/g
Clozapine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Fenoterol	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Formoterol	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Labetalol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Procaterol	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Propafenone	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Ractopamine	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Ritodrine	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Salbutamol	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Salmeterol	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Terbutaline	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Vilanterol	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Chocolate | Powder | 25245-15 (Continued)

Diuretics

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Acetazolamide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Althiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Amiloride	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Bendroflumethiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Benzthiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Bumetanide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Buthiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Canrenone	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Chlorthalidone	NSF SOP 8688	16-Sep-2025	ND	<= 40	40	ng/g
Chlorthiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Cyclothiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Ethacrynic Acid	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Furosemide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Hydrochlorothiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Hydroflumethiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Indapamide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Methiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Methylclothiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Metolazone	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Polythiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Quinethazone	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Spironolactone	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Triamterene	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Trichlormethiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Chocolate | Powder | 25245-15 (Continued)

Hormone Antagonists

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
4-Androsten-3,6,17-trione	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
5a-Androstan-17b-ol-3,6-dione	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
5a-Androstan-3,6,17-trione	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
6-alpha-bromoandrostadiendione	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
6-alpha-bromoandrostenedione	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
6-alpha-bromotestosterone	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
6-beta-bromoandrostadiendione	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
6-beta-bromoandrostenedione	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
6-beta-bromotestosterone	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Aminoglutethimide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Anastrozole	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Androsta-1,4,6-triene-17b-ol-3-one	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Androsta-1,4,6-trienedione (Androsta-1,4,6-triene-3,17-dione)	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Androsta-3,5-diene-7,17-dione	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Clomiphene	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Cyclofenil	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Formestane	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Fulvestrant	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Letrozole	NSF SOP 9871	16-Sep-2025	ND	<= 40	40	ng/g
N-Desmethyltamoxifen	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Raloxifene	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Tamoxifen	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Testolactone	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Toremifene	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g

See Definitions and Glossary page for data flag definition(s).

Masking Agents

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Dutasteride	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Epitestosterone	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Finasteride	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Probenecid	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Chocolate | Powder | 25245-15 (Continued)

Stimulants

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
1,3-Dimethylbutylamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
1-Phenyl-2-butanamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
1-Phenylpentan-2-amine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
2-Aminoheptane	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
2-Methoxyphenylethylamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
2-amino-5-methylhexane	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
2-amino-6-methylheptane	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
3,4-MDA (3,4-Methylenedioxyamphetamine)	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
3,4-MDMA (3,4-Methylenedioxymethamphetamine)	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
4-Hydroxyamphetamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
4-Methylamphetamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
6-Amino-2-methyl-2-heptanol	NSF SOP 8688	16-Sep-2025	ND (*)	<= 25	1000	ng/g
Adrafinil	NSF SOP 9869	16-Sep-2025	ND	<= 25	25	ng/g
Amiphenazole	NSF SOP 9869	16-Sep-2025	ND	<= 40	40	ng/g
Amphetamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Benfluorex	SOP 31767	16-Sep-2025	ND	<= 25	25	ng/g
Benzphetamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Benzylpiperazine	NSF SOP 8688	16-Sep-2025	ND (*)	<= 25	1000	ng/g
Bromantan	NSF SOP 9871	16-Sep-2025	ND	<= 25	25	ng/g
Carphedone	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Cathine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Chlorphentermine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Clobenzorex	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Cocaine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Cropropamide	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Crotethamide	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Deprenyl (Selegiline)	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Deterenol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Diethylpropion (Amfepramone)	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Dimethylamphetamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Ephedrine	NSF SOP 8688	16-Sep-2025	ND	<= 10	10	ng/g
Ethamivan	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Ethylamphetamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Etilefrine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Famprofazone	NSF SOP 9871	16-Sep-2025	ND	<= 25	25	ng/g
Fenbutrazate	NSF SOP 9871	16-Sep-2025	ND	<= 25	25	ng/g
Fencamfamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Fencamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Fenetylline	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Fenfluramine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Fenproporex	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Furfenorex	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Isometheptene	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Mazindol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Meclofenoxate	SOP 31767	16-Sep-2025	ND	<= 25	25	ng/g
Mefenorex	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Mephentermine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Mesocarb	NSF SOP 9871	16-Sep-2025	ND	<= 25	25	ng/g



LTH FLEX Whey Protein Isolate Chocolate | Powder | 25245-15 (Continued)

Stimulants (Continued)

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Methamphetamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Methyl-(3-phenylpropyl)-amine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Methylephedrine	NSF SOP 8688	16-Sep-2025	ND	<= 10	10	ng/g
Methylhexanamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Methylphenidate	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Methylsyneprhine (Oxlofrine)	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Modafinil	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
N,N-Didesmethylsibutramine	NSF SOP 9871	16-Sep-2025	ND	<= 25	25	ng/g
N,N-Dimethyl-2-phenylpropan-1-amine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
N,N-Dimethylphenylethylamine	NSF SOP 8688	16-Sep-2025	ND	<= 600	600	ng/g
N,a-Diethylphenylethylamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
N,b-Diethylphenylethylamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
N-Desmethylelegiline	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
N-Desmethylsibutramine	NSF SOP 9871	16-Sep-2025	ND	<= 25	25	ng/g
N-Methylphenethylamine	NSF SOP 8688	16-Sep-2025	ND	<= 500	500	ng/g
N-Methylpseudoephedrine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Nikethamide	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Norfenefrine	SOP 31767	16-Sep-2025	ND	<= 25	25	ng/g
Norfenfluramine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Octopamine	SOP 31767	16-Sep-2025	ND (*)	<= 200	10000	ng/g
Oxethazaine	NSF SOP 9871	16-Sep-2025	ND	<= 25	25	ng/g
Pemoline	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Pentylene-tetrazole	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Phendimetrazine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Phenmetrazine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Phenpentermine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Phenpromethamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Phentermine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Phenylpropanolamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Prenylamine	NSF SOP 9871	16-Sep-2025	ND	<= 25	25	ng/g
Prolintane	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Propylhexadrine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Pseudoephedrine	NSF SOP 8688	16-Sep-2025	ND	<= 10	10	ng/g
Pyrovalerone	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Sibutramine	NSF SOP 9871	16-Sep-2025	ND	<= 25	25	ng/g
Strychnine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Trimetazidine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
beta-Methylphenethylamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
p-Chloroamphetamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Chocolate | Powder | 25245-15 (Continued)

Beta Blockers

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Acebutolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Alprenolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Atenolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Betaxolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Bisoprolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Carteolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Esmolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Levobunolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Metoprolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Nadolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Oxprenolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Pindolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Propranolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Sotalol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Timolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g

See Definitions and Glossary page for data flag definition(s).

Selective Androgen Receptor Modulators

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Andarine	NSF SOP 15708	16-Sep-2025	ND	<= 5	5.0	ng/g
C-6	NSF SOP 15708	16-Sep-2025	ND	<= 5	5.0	ng/g
CAS#541497-95-4	NSF SOP 15708	16-Sep-2025	ND	<= 5	5.0	ng/g
LGD-4033	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
Ostarine	NSF SOP 15708	16-Sep-2025	ND	<= 5	5.0	ng/g
S-1	NSF SOP 15708	16-Sep-2025	ND	<= 5	5.0	ng/g

See Definitions and Glossary page for data flag definition(s).

Metabolic Modulators

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
AICAR	SOP 31767	16-Sep-2025	ND	<= 10000	10000	ng/g
GW0742	NSF SOP 15708	16-Sep-2025	ND	<= 10	10	ng/g
GW501516	NSF SOP 15708	16-Sep-2025	ND	<= 10	10	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Chocolate | Powder | 25245-15 (Continued)

Growth Hormone Secretagogues

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Alexamorelin	NSF SOP 17025	17-Sep-2025	ND	<= 200	200	ng/g
Anamorelin	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
GHRP-1	NSF SOP 17025	17-Sep-2025	ND	<= 200	200	ng/g
GHRP-2	NSF SOP 17025	17-Sep-2025	ND	<= 200	200	ng/g
GHRP-4	NSF SOP 17025	17-Sep-2025	ND	<= 200	200	ng/g
GHRP-5	NSF SOP 17025	17-Sep-2025	ND	<= 200	200	ng/g
GHRP-6	NSF SOP 17025	17-Sep-2025	ND	<= 200	200	ng/g
Hexarelin	NSF SOP 17025	17-Sep-2025	ND	<= 200	200	ng/g
Ibutamoren	NSF SOP 9871	16-Sep-2025	ND (*)	<= 5	200	ng/g
Ipamorelin	NSF SOP 17025	17-Sep-2025	ND	<= 200	200	ng/g
LGD-2226	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g

See Definitions and Glossary page for data flag definition(s).

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Job Number: J-00533658

Customer: LTF Club Operations
Company, Inc.

Report Photos



ABS-1790 (1).jpg (PROJECT ABS-1790 (1).jpg)



Sample Summary

Lab Sample ID	Sample Description	Sample Type	Date Received	Receiving Facility
ABS-1790-1	LTH FLEX Whey Protein Isolate Chocolate Powder 25245-15	Powder	12-Sep-2025	NSF US AA

Facility Locations

NSF US AA
NSF Laboratories – Ann Arbor
789 N. Dixboro Road Ann Arbor, MI 48105 United States

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Job Number: J-00533658

Customer: LTF Club Operations
Company, Inc.

Laboratory Sample Testing Summary

Reference	Analysis ID	Method Description	A
NSF SOP 15708	C1317 SARMS LC/MS/MS (1)	Analysis of SARMS and PPAR δ agonists in Dietary Supplements and Functional Foods by LCMSMS	*
NSF SOP 17025	C1222 GHRPs LC/HRMS (1)	Analysis of GHRPs in Dietary Supplements and Functional Foods by LCHRMS	*
NSF SOP 18148	C1225 GHB GC/MS/MS (1)	Screening gamma-Hydroxybutyric Acid (GHB) in Dietary Supplements, Functional Foods and Energy Drinks by GC-MS/MS	*
NSF SOP 7667	C0432 Anabolic Agents GC/MS/MS (1)	Analysis of Anabolic Steroids in Dietary Supplements and Functional Foods, Personal Care Products by GC-MS/MS	*
NSF SOP 8688	C1118 Stimulants LC/MS/MS (1)	Analysis of Stimulants in Dietary Supplements and Functional Foods by LCMS	*
NSF SOP 9869	C1120 Diuretics LC/MS/MS (1)	Analysis of Diuretics in Dietary Supplements and Functional Foods by LCMSMS	*
NSF SOP 9871	C1119 Steroids LC/MS/MS (1)	Analysis of Steroids in Dietary Supplements and Functional Foods by LCMSMS	*
SOP 31767	C1947 Stimulants ABS Screen (1)	Stimulants 2 Semi-Quantitative by LCMS in Product	*

A = Accreditation

Accreditation List

The following are accreditation(s) held by the laboratory which pertain to the results contained within this report. This is not an inclusive list of all accreditations held.

* - NSF is an ISO17025 accredited laboratory and all work is performed following the NSF Quality Management System which supports that accreditation. A list of methods which are specifically covered under the lab accreditations is available separately. Subcontracted tests are performed by approved NSF subcontract laboratories.

Testing Facility Locations

(1) NSF Laboratories – Ann Arbor

789 N. Dixboro Road Ann Arbor, MI 48105 United States



Job Number: J-00533658

Customer: LTF Club Operations
Company, Inc.

Definitions and Glossary

DCC - Document Control Code

EPSF - Electronic Product Sample Form

GHB - 4-Hydroxybutanoic Acid

GHRP - Growth Hormone-Releasing Peptide

MRL - Method Reporting Limit

NCM - Non-Conformance Memo

ND - Not Detected at or above the Method Reporting Limit (MRL)

SARMs - Selective Androgen Receptor Modulators

SOP - Standard Operating Procedure

Data Flag Definitions

* - The component did not meet the laboratory matrix spike quality control criteria for the sample tested but is acceptable to report to the maximum threshold level as allowed in Annex C of NSF Certified for Sport Program - Guideline 306.

Statements of Conformity

Tetrahydrocannabinols (summation of delta-8-THC, delta-9-THC and delta-10-THC) was performed under NSF Deviation # 2024-026.

AICAR was performed under NSF Deviation # 2025-012.

4-hydroxybutanoic acid (GHB) was performed under NSF Deviation # 2025-026.

NSF has completed the testing of the identified product relative to the requirements of NSF Guideline 306: Certified for Sport Testing. The results obtained for the individual banned substances included in the testing are provided in the report's result section.

AICAR, N,N-Dimethylphenylethylamine, N-Methylphenylethylamine, and Octopamine were performed under NSF Deviation # 2025-032.

Unless otherwise indicated, method uncertainties are not applied in any determinations of conformity.

Testing utilizes the requested sections of any referenced standards, which may not be the entire standard.

The product in this report was evaluated according to NSF-306 - 2023 (Certified for Sport).

Thank you for having your product tested by NSF — the public health and safety organization.

NSF

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Prepared For:

[Redacted]
LTF Club Operations Company, Inc.
2902 Corporate Place
Chanhassen, Minnesota 55317
United States

Facility:

[Redacted]
Benicia, CA 94510
United States

Result:	✓Pass
Job Number:	J-00533657
Product Tested:	LTH FLEX Whey Protein Isolate Vanilla Powder 25245-13
Trade Designation:	LTH FLEX Whey Protein Isolate Vanilla
NSF Program Project Number:	W1010763
Standard:	NSF 306 (Certified for Sport®)
Test Type:	Qualification Testing
Report Date:	23-Sep-2025

Account Manager:	[Redacted]
Lot#:	25245-13

Please contact your Account Manager, if you have any questions or concerns pertaining to this report.

Report Serial Number:	155552
Report Authorized By:	[Redacted]
[Redacted]	[Redacted]
23-Sep-2025	[Redacted]

Thank you for having your product tested by NSF — the public health and safety organization.



Job Number: J-00533657

Customer: LTF Club Operations
Company, Inc.

Executive Summary

General Information

Standard: **NSF 306**

DCC Number: **FC01496**

Test Description: **NSF Certified for Sport Testing**

Customer Supplied Information

This data was provided by the customer and can affect the validity of the results.

Physical Description of Sample: **Powder**

Sample Description: LTH FLEX Whey Protein Isolate Vanilla | Powder | 25245-13

Laboratory Sample ID: **ABS-1787-1**

No out of specification results reported



Sample Results

LTH FLEX Whey Protein Isolate Vanilla | Powder | 25245-13

Lab Sample ID: ABS-1787-1
Date Received: 12-Sep-2025
Sample Type: Powder

Narcotics/Cannabinoids

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Codeine	NSF SOP 8688	16-Sep-2025	ND	<= 10	10	ng/g
Morphine	NSF SOP 8688	16-Sep-2025	ND	<= 100	100	ng/g
Oxycodone	NSF SOP 8688	16-Sep-2025	ND	<= 10	10	ng/g
Phencyclidine (PCP)	NSF SOP 8688	16-Sep-2025	ND	<= 10	10	ng/g
delta-8-THC	NSF SOP 9871	16-Sep-2025	ND	<= 100	100	ng/g
Marijuana (delta-9-THC)	NSF SOP 9871	16-Sep-2025	ND	<= 100	100	ng/g
delta-10-THC	NSF SOP 9871	16-Sep-2025	ND	<= 100	100	ng/g
4-hydroxybutanoic acid (GHB)	NSF SOP 18148	18-Sep-2025	ND	<= 20000	20000	ng/g
JWH-018	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
JWH-073	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
HU-210	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
LSD	NSF SOP 8688	16-Sep-2025	ND	<= 10	10	ng/g

See Definitions and Glossary page for data flag definition(s).

Anabolic Agents

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
1-Androstenediol	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
1-Androstenedione	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
1-Androsterone (Androst-1-ene-3b-ol-17-one)	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
1-Testosterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
11a-Hydroxymethyltestosterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
17-Hydroxyprogesterone	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
17a-Methylclostebol	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
19-Nor-5-Androstenediol	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
19-Norandrostenedione	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
19-Norandrosterone	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
19-Noretiocholanolone	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
2-Androsten-17-one	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
4-Androsten-3a, 17b-diol	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
4-Androsten-3a-ol-17-one	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
4-Androsten-3b, 17a-diol	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
4-Androsten-3b-ol-17-one (4-DHEA)	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
4-Androstenediol	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
4-Androstenedione	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
4-Hydroxytestosterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
5-Androsten-3, 17-dione	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
5-Androsten-3b, 17a-diol	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
5a-Androstan-3a,17a-diol	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
5a-Androstan-3a,17b-diol	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
5a-Androstan-3b,17a-diol	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
5a-Androstan-3b,17b-diol	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g



LTH FLEX Whey Protein Isolate Vanilla | Powder | 25245-13 (Continued)

Anabolic Agents (Continued)

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
7-keto-dehydroepiandrosterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
7a-hydroxy-dehydroepiandrosterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
7b-hydroxy-dehydroepiandrosterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Androstenedione	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Androstenediol	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Androsterone	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Bolandiol (19-Norandrostenediol)	NSF SOP 7667	22-Sep-2025	ND	<= 10	10	ng/g
Bolasterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Boldenone	NSF SOP 7667	22-Sep-2025	ND	<= 10	10	ng/g
Boldione (Androstadienedione)	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Calusterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Clostebol	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Danazol	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Dehydroandrosterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Dehydroepiandrosterone (DHEA)	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Desoxymethyltestosterone (madol)	NSF SOP 7667	22-Sep-2025	ND	<= 10	10	ng/g
Dihydrotestosterone (Stanolone)	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Drostanolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Epiandrosterone	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Epidihydrotestosterone	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Estra-4,9,11-triene-3,17-dione	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
Estra-4,9-diene-3,17-dione	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
Ethylestrenol	NSF SOP 7667	22-Sep-2025	ND	<= 10	10	ng/g
Etiocholanolone	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Exemestane	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Fluoxymesterone	NSF SOP 7667	22-Sep-2025	ND	<= 10	10	ng/g
Formebolone	NSF SOP 9871	16-Sep-2025	ND (*)	<= 5	100	ng/g
Furazabol	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Gestrinone	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
Mestanolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Mesterolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Methandienone	NSF SOP 7667	22-Sep-2025	ND	<= 2	2.0	ng/g
Methandriol	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Methasterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Methenolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Methyl-1-testosterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Methylclostediol	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Methyldienolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Methylnortestosterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Methylstenbolone	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
Methyltestosterone	NSF SOP 7667	22-Sep-2025	ND	<= 2	2.0	ng/g
Methyltrienolone (Metribolone)	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
Mibolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Nandrolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Norbolethone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Norclostebol	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Norethandrolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Oxabolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g

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LTH FLEX Whey Protein Isolate Vanilla | Powder | 25245-13 (Continued)

Anabolic Agents (Continued)

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Oxandrolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Oxymesterone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Oxymetholone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Progesterone	NSF SOP 7667	22-Sep-2025	ND	<= 100	100	ng/g
Prostanazol	NSF SOP 9871	16-Sep-2025	ND (*)	<= 5	100	ng/g
Quinbolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Stanozolol	NSF SOP 9871	16-Sep-2025	ND	<= 2	2.0	ng/g
Stenbolone	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
Testosterone	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Tetrahydrogestrinone	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
Tibolone	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Trenbolone	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
Turinabol-oral	NSF SOP 7667	22-Sep-2025	ND	<= 2	2.0	ng/g
Turinadiol-a (4-chloro-17a-methyl-androst-1,4-diene-3a,17b-diol)	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Turinadiol-b (4-chloro-17a-methyl-androst-1,4-diene-3b,17b-diol)	NSF SOP 7667	22-Sep-2025	ND	<= 5	5.0	ng/g
Zilpaterol	NSF SOP 8688	16-Sep-2025	ND	<= 5	5.0	ng/g
alpha-Zearalanol (Zeranol)	NSF SOP 9869	16-Sep-2025	ND	<= 5	5.0	ng/g

See Definitions and Glossary page for data flag definition(s).

Beta-Agonists

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Bambuterol	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Brombuterol	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Clenbuterol	NSF SOP 8688	16-Sep-2025	ND	<= 2	2.0	ng/g
Clozapine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Fenoterol	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Formoterol	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Labetalol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Procaterol	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Propafenone	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Ractopamine	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Ritodrine	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Salbutamol	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Salmeterol	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Terbutaline	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Vilanterol	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Vanilla | Powder | 25245-13 (Continued)

Diuretics

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Acetazolamide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Althiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Amiloride	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Bendroflumethiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Benzthiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Bumetanide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Buthiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Canrenone	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Chlorthalidone	NSF SOP 8688	16-Sep-2025	ND	<= 40	40	ng/g
Chlorthiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Cyclothiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Ethacrynic Acid	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Furosemide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Hydrochlorothiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Hydroflumethiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Indapamide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Methiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Methylclothiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Metolazone	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Polythiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Quinethazone	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Spironolactone	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Triamterene	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Trichlormethiazide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Vanilla | Powder | 25245-13 (Continued)

Hormone Antagonists

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
4-Androsten-3,6,17-trione	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
5a-Androstan-17b-ol-3,6-dione	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
5a-Androstan-3,6,17-trione	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
6-alpha-bromoandrostadiendione	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
6-alpha-bromoandrostenedione	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
6-alpha-bromotestosterone	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
6-beta-bromoandrostadiendione	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
6-beta-bromoandrostenedione	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
6-beta-bromotestosterone	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Aminoglutethimide	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g
Anastrozole	NSF SOP 8688	16-Sep-2025	ND	<= 20	20	ng/g
Androsta-1,4,6-triene-17b-ol-3-one	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Androsta-1,4,6-trienedione (Androsta-1,4,6-triene-3,17-dione)	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Androsta-3,5-diene-7,17-dione	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Clomiphene	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Cyclofenil	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Formestane	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Fulvestrant	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Letrozole	NSF SOP 9871	16-Sep-2025	ND	<= 40	40	ng/g
N-Desmethyltamoxifen	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Raloxifene	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Tamoxifen	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Testolactone	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Toremifene	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g

See Definitions and Glossary page for data flag definition(s).

Masking Agents

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Dutasteride	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Epitestosterone	NSF SOP 7667	22-Sep-2025	ND	<= 20	20	ng/g
Finasteride	NSF SOP 9871	16-Sep-2025	ND	<= 20	20	ng/g
Probenecid	NSF SOP 9869	16-Sep-2025	ND	<= 20	20	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Vanilla | Powder | 25245-13 (Continued)

Stimulants

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
1,3-Dimethylbutylamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
1-Phenyl-2-butanamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
1-Phenylpentan-2-amine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
2-Aminoheptane	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
2-Methoxyphenylethylamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
2-amino-5-methylhexane	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
2-amino-6-methylheptane	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
3,4-MDA (3,4-Methylenedioxyamphetamine)	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
3,4-MDMA (3,4-Methylenedioxymethamphetamine)	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
4-Hydroxyamphetamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
4-Methylamphetamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
6-Amino-2-methyl-2-heptanol	NSF SOP 8688	16-Sep-2025	ND (*)	<= 25	1000	ng/g
Adrafinil	NSF SOP 9869	16-Sep-2025	ND	<= 25	25	ng/g
Amiphenazole	NSF SOP 9869	16-Sep-2025	ND	<= 40	40	ng/g
Amphetamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Benfluorex	SOP 31767	16-Sep-2025	ND	<= 25	25	ng/g
Benzphetamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Benzylpiperazine	NSF SOP 8688	16-Sep-2025	ND (*)	<= 25	1000	ng/g
Bromantan	NSF SOP 9871	16-Sep-2025	ND	<= 25	25	ng/g
Carphedone	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Cathine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Chlorphentermine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Clobenzorex	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Cocaine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Cropropamide	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Crotethamide	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Deprenyl (Selegiline)	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Deterenol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Diethylpropion (Amfepramone)	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Dimethylamphetamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Ephedrine	NSF SOP 8688	16-Sep-2025	ND	<= 10	10	ng/g
Ethamivan	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Ethylamphetamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Etilefrine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Famprofazone	NSF SOP 9871	16-Sep-2025	ND	<= 25	25	ng/g
Fenbutrazate	NSF SOP 9871	16-Sep-2025	ND	<= 25	25	ng/g
Fencamfamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Fencamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Fenetylline	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Fenfluramine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Fenproporex	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Furfenorex	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Isomethoptene	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Mazindol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Meclofenoxate	SOP 31767	16-Sep-2025	ND	<= 25	25	ng/g
Mefenorex	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Mephentermine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Mesocarb	NSF SOP 9871	16-Sep-2025	ND	<= 25	25	ng/g



LTH FLEX Whey Protein Isolate Vanilla | Powder | 25245-13 (Continued)

Stimulants (Continued)

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Methamphetamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Methyl-(3-phenylpropyl)-amine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Methylephedrine	NSF SOP 8688	16-Sep-2025	ND	<= 10	10	ng/g
Methylhexanamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Methylphenidate	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Methylsyneprhine (Oxlofrine)	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Modafinil	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
N,N-Didesmethylsibutramine	NSF SOP 9871	16-Sep-2025	ND	<= 25	25	ng/g
N,N-Dimethyl-2-phenylpropan-1-amine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
N,N-Dimethylphenylethylamine	NSF SOP 8688	16-Sep-2025	ND	<= 600	600	ng/g
N,a-Diethylphenylethylamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
N,b-Diethylphenylethylamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
N-Desmethylselegiline	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
N-Desmethylsibutramine	NSF SOP 9871	16-Sep-2025	ND	<= 25	25	ng/g
N-Methylphenethylamine	NSF SOP 8688	16-Sep-2025	ND	<= 500	500	ng/g
N-Methylpseudoephedrine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Nikethamide	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Norfenefrine	SOP 31767	16-Sep-2025	ND	<= 25	25	ng/g
Norfenfluramine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Octopamine	SOP 31767	16-Sep-2025	ND (*)	<= 200	10000	ng/g
Oxethazaine	NSF SOP 9871	16-Sep-2025	ND	<= 25	25	ng/g
Pemoline	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Pentylentetrazole	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Phendimetrazine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Phenmetrazine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Phenpentermine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Phenpromethamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Phentermine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Phenylpropanolamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Prenylamine	NSF SOP 9871	16-Sep-2025	ND	<= 25	25	ng/g
Prolintane	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Propylhexadrine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Pseudoephedrine	NSF SOP 8688	16-Sep-2025	ND	<= 10	10	ng/g
Pyrovalerone	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Sibutramine	NSF SOP 9871	16-Sep-2025	ND	<= 25	25	ng/g
Strychnine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Trimetazidine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
beta-Methylphenethylamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
p-Chloroamphetamine	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Vanilla | Powder | 25245-13 (Continued)

Beta Blockers

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Acebutolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Alprenolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Atenolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Betaxolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Bisoprolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Carteolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Esmolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Levobunolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Metoprolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Nadolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Oxprenolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Pindolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Propranolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Sotalol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g
Timolol	NSF SOP 8688	16-Sep-2025	ND	<= 25	25	ng/g

See Definitions and Glossary page for data flag definition(s).

Selective Androgen Receptor Modulators

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Andarine	NSF SOP 15708	16-Sep-2025	ND	<= 5	5.0	ng/g
C-6	NSF SOP 15708	16-Sep-2025	ND	<= 5	5.0	ng/g
CAS#541497-95-4	NSF SOP 15708	16-Sep-2025	ND	<= 5	5.0	ng/g
LGD-4033	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
Ostarine	NSF SOP 15708	16-Sep-2025	ND	<= 5	5.0	ng/g
S-1	NSF SOP 15708	16-Sep-2025	ND	<= 5	5.0	ng/g

See Definitions and Glossary page for data flag definition(s).

Metabolic Modulators

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
AICAR	SOP 31767	16-Sep-2025	ND	<= 10000	10000	ng/g
GW0742	NSF SOP 15708	16-Sep-2025	ND	<= 10	10	ng/g
GW501516	NSF SOP 15708	16-Sep-2025	ND	<= 10	10	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Vanilla | Powder | 25245-13 (Continued)

Growth Hormone Secretagogues

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Alexamorelin	NSF SOP 17025	17-Sep-2025	ND	<= 200	200	ng/g
Anamorelin	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g
GHRP-1	NSF SOP 17025	17-Sep-2025	ND	<= 200	200	ng/g
GHRP-2	NSF SOP 17025	17-Sep-2025	ND	<= 200	200	ng/g
GHRP-4	NSF SOP 17025	17-Sep-2025	ND	<= 200	200	ng/g
GHRP-5	NSF SOP 17025	17-Sep-2025	ND	<= 200	200	ng/g
GHRP-6	NSF SOP 17025	17-Sep-2025	ND	<= 200	200	ng/g
Hexarelin	NSF SOP 17025	17-Sep-2025	ND	<= 200	200	ng/g
Ibutamoren	NSF SOP 9871	16-Sep-2025	ND (*)	<= 5	200	ng/g
Ipamorelin	NSF SOP 17025	17-Sep-2025	ND	<= 200	200	ng/g
LGD-2226	NSF SOP 9871	16-Sep-2025	ND	<= 5	5.0	ng/g

See Definitions and Glossary page for data flag definition(s).

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Job Number: J-00533657

Customer: LTF Club Operations
Company, Inc.

Report Photos



ABS-1787 (1).jpg (PROJECT ABS-1787 (1).jpg)



Sample Summary

Lab Sample ID	Sample Description	Sample Type	Date Received	Receiving Facility
ABS-1787-1	LTH FLEX Whey Protein Isolate Vanilla Powder 25245-13	Powder	12-Sep-2025	NSF US AA

Facility Locations

NSF US AA

NSF Laboratories – Ann Arbor

789 N. Dixboro Road Ann Arbor, MI 48105 United States

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Job Number: J-00533657

Customer: LTF Club Operations
Company, Inc.

Laboratory Sample Testing Summary

Reference	Analysis ID	Method Description	A
NSF SOP 15708	C1317 SARMS LC/MS/MS (1)	Analysis of SARMS and PPAR δ agonists in Dietary Supplements and Functional Foods by LCMSMS	*
NSF SOP 17025	C1222 GHRPs LC/HRMS (1)	Analysis of GHRPs in Dietary Supplements and Functional Foods by LCHRMS	*
NSF SOP 18148	C1225 GHB GC/MS/MS (1)	Screening gamma-Hydroxybutyric Acid (GHB) in Dietary Supplements, Functional Foods and Energy Drinks by GC-MS/MS	*
NSF SOP 7667	C0432 Anabolic Agents GC/MS/MS (1)	Analysis of Anabolic Steroids in Dietary Supplements and Functional Foods, Personal Care Products by GC-MS/MS	*
NSF SOP 8688	C1118 Stimulants LC/MS/MS (1)	Analysis of Stimulants in Dietary Supplements and Functional Foods by LCMS	*
NSF SOP 9869	C1120 Diuretics LC/MS/MS (1)	Analysis of Diuretics in Dietary Supplements and Functional Foods by LCMSMS	*
NSF SOP 9871	C1119 Steroids LC/MS/MS (1)	Analysis of Steroids in Dietary Supplements and Functional Foods by LCMSMS	*
SOP 31767	C1947 Stimulants ABS Screen (1)	Stimulants 2 Semi-Quantitative by LCMS in Product	*

A = Accreditation

Accreditation List

The following are accreditation(s) held by the laboratory which pertain to the results contained within this report. This is not an inclusive list of all accreditations held.

* - NSF is an ISO17025 accredited laboratory and all work is performed following the NSF Quality Management System which supports that accreditation. A list of methods which are specifically covered under the lab accreditations is available separately. Subcontracted tests are performed by approved NSF subcontract laboratories.

Testing Facility Locations

(1) NSF Laboratories – Ann Arbor

789 N. Dixboro Road Ann Arbor, MI 48105 United States



Job Number: J-00533657

Customer: LTF Club Operations
Company, Inc.

Definitions and Glossary

DCC - Document Control Code

EPSF - Electronic Product Sample Form

GHB - 4-Hydroxybutanoic Acid

GHRP - Growth Hormone-Releasing Peptide

MRL - Method Reporting Limit

NCM - Non-Conformance Memo

ND - Not Detected at or above the Method Reporting Limit (MRL)

SARMs - Selective Androgen Receptor Modulators

SOP - Standard Operating Procedure

Data Flag Definitions

* - The component did not meet the laboratory matrix spike quality control criteria for the sample tested but is acceptable to report to the maximum threshold level as allowed in Annex C of NSF Certified for Sport Program - Guideline 306.

Statements of Conformity

Tetrahydrocannabinols (summation of delta-8-THC, delta-9-THC and delta-10-THC) was performed under NSF Deviation # 2024-026.

AICAR was performed under NSF Deviation # 2025-012.

4-hydroxybutanoic acid (GHB) was performed under NSF Deviation # 2025-026.

NSF has completed the testing of the identified product relative to the requirements of NSF Guideline 306: Certified for Sport Testing. The results obtained for the individual banned substances included in the testing are provided in the report's result section.

AICAR, N,N-Dimethylphenylethylamine, N-Methylphenylethylamine, and Octopamine were performed under NSF Deviation # 2025-032.

Unless otherwise indicated, method uncertainties are not applied in any determinations of conformity.

Testing utilizes the requested sections of any referenced standards, which may not be the entire standard.

The product in this report was evaluated according to NSF-306 - 2023 (Certified for Sport).

Thank you for having your product tested by NSF — the public health and safety organization.

NSF

789 N. Dixboro Road, Ann Arbor, MI 48105 United States

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Prepared For:

[Redacted]
LTF Club Operations Company, Inc.
2902 Corporate Place
Chanhassen Minnesota 55317
UNITED STATES

Facility:

[Redacted]
Benicia California 94510
UNITED STATES

Result:	✔Pass
Job Number:	J-00528626
Product Tested:	LTH FLEX Whey Protein Isolate Vanilla Powder 25141-7
Trade Designation:	LTH FLEX Whey Protein Isolate Vanilla
NSF Program Project Number:	W0995812
Standard:	NSF 306 (Certified for Sport®)
Test Type:	Qualification Testing
Report Date:	08-Jul-2025

Account Manager: [Redacted]
Lot#: 25141-7

Please contact your Account Manager, if you have any questions or concerns pertaining to this report.

Report Serial Number:	143736
Report Authorized By:	[Redacted]
	[Redacted]
08-Jul-2025	

Thank you for having your product tested by NSF — the public health and safety organization.



Executive Summary

General Information

Standard: NSF 306
DCC Number: FC01496
Test Description: NSF Certified for Sport Testing

Customer Supplied Information

This data was provided by the customer and can affect the validity of the results.
Physical Description of Sample: Powder

Sample Description: LTH FLEX Whey Protein Isolate Vanilla | Powder | 25141-7
Laboratory Sample ID: ABS-196-1

Outside of Specification Results - Metabolic Modulators

Component	Result	Criteria	MRL	Units
AICAR	120	<= 25	25	ng/g

See Definitions and Glossary page for data flag definition(s).

Project Summary

The product contains an endogenous source of AICAR. The AICAR result is within the allowed endogenous criteria of 500 mcg/day per NSF 306-2023.



Sample Results

LTH FLEX Whey Protein Isolate Vanilla | Powder | 25141-7

Lab Sample ID: ABS-196-1
Date Received: 04-Jun-2025
Sample Type: Powder

Serving Information

Component	Reference	Analysis Date	Result	Criteria	Units
Mass per Unit	NSF SOP 6807	02-Jul-2025	25		g
Servings per Day	NSF SOP 6807	02-Jul-2025	1		None
Units per Serving	NSF SOP 6807	02-Jul-2025	1		None

See Definitions and Glossary page for data flag definition(s).

Narcotics/Cannabinoids

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Codeine	NSF SOP 8688	28-Jun-2025	ND	<= 10	10	ng/g
Morphine	NSF SOP 8688	28-Jun-2025	ND	<= 100	100	ng/g
Oxycodone	NSF SOP 8688	28-Jun-2025	ND	<= 10	10	ng/g
Phencyclidine (PCP)	NSF SOP 8688	28-Jun-2025	ND	<= 10	10	ng/g
delta-8-THC	NSF SOP 9871	28-Jun-2025	ND	<= 100	100	ng/g
Marijuana (delta-9-THC)	NSF SOP 9871	28-Jun-2025	ND	<= 100	100	ng/g
delta-10-THC	NSF SOP 9871	28-Jun-2025	ND	<= 100	100	ng/g
4-hydroxybutanoic acid (GHB)	NSF SOP 18148	15-Jun-2025	ND	<= 1000	1000	ng/g
JWH-018	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
JWH-073	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
HU-210	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
LSD	NSF SOP 8688	28-Jun-2025	ND	<= 10	10	ng/g

See Definitions and Glossary page for data flag definition(s).

Anabolic Agents

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
1-Androstenediol	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
1-Androstenedione	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
1-Androsterone (Androst-1-ene-3b-ol-17-one)	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
1-Testosterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
11a-Hydroxymethyltestosterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
17-Hydroxyprogesterone	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
17a-Methylclostebol	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
19-Nor-5-Androstenediol	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
19-Norandrostenedione	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
19-Norandrosterone	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
19-Noretiocholanolone	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
2-Androsten-17-one	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
4-Androsten-3a, 17b-diol	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
4-Androsten-3a-ol-17-one	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
4-Androsten-3b, 17a-diol	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
4-Androsten-3b-ol-17-one (4-DHEA)	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g



LTH FLEX Whey Protein Isolate Vanilla | Powder | 25141-7 (Continued)

Anabolic Agents (Continued)

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
4-Androstenediol	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
4-Androstenedione	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
4-Hydroxytestosterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
5-Androsten-3, 17-dione	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
5-Androsten-3b, 17a-diol	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
5a-Androstan-3a,17a-diol	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
5a-Androstan-3a,17b-diol	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
5a-Androstan-3b,17a-diol	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
5a-Androstan-3b,17b-diol	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
7-keto-dehydroepiandrosterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
7a-hydroxy-dehydroepiandrosterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
7b-hydroxy-dehydroepiandrosterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Androstanedione	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Androstenediol	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Androsterone	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Bolandiol (19-Norandrostenediol)	NSF SOP 7667	16-Jun-2025	ND	<= 10	10	ng/g
Bolasterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Boldenone	NSF SOP 7667	16-Jun-2025	ND	<= 10	10	ng/g
Boldione (Androstadienedione)	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Calusterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Clostebol	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Danazol	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Dehydroandrosterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Dehydroepiandrosterone (DHEA)	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Desoxymethyltestosterone (madol)	NSF SOP 7667	16-Jun-2025	ND	<= 10	10	ng/g
Dihydrotestosterone (Stanolone)	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Drostanolone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Epiandrosterone	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Epidihydrotestosterone	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Estra-4,9,11-triene-3,17-dione	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
Estra-4,9-diene-3,17-dione	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
Ethylestrenol	NSF SOP 7667	16-Jun-2025	ND	<= 10	10	ng/g
Etiocholanolone	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Exemestane	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Fluoxymesterone	NSF SOP 7667	16-Jun-2025	ND	<= 10	10	ng/g
Formebolone	NSF SOP 9871	28-Jun-2025	ND (*)	<= 5	100	ng/g
Furazabol	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Gestrinone	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
Mestanolone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Mesterolone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Methandienone	NSF SOP 7667	16-Jun-2025	ND	<= 2	2.0	ng/g
Methandriol	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Methasterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Methenolone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Methyl-1-testosterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Methylclostediol	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Methyldienolone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Methylnortestosterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g

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LTH FLEX Whey Protein Isolate Vanilla | Powder | 25141-7 (Continued)

Anabolic Agents (Continued)

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Methylstenbolone	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
Methyltestosterone	NSF SOP 7667	16-Jun-2025	ND	<= 2	2.0	ng/g
Methyltrienolone (Metribolone)	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
Mibolerone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Nandrolone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Norbolethone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Norclostebol	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Norethandrolone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Oxabolone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Oxandrolone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Oxymesterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Oxymetholone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Progesterone	NSF SOP 7667	16-Jun-2025	ND	<= 100	100	ng/g
Prostanazol	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
Quinbolone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Stanozolol	NSF SOP 9871	28-Jun-2025	ND	<= 2	2.0	ng/g
Stenbolone	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
Testosterone	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Tetrahydrogestrinone	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
Tibolone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Trenbolone	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
Turinabol-oral	NSF SOP 7667	16-Jun-2025	ND	<= 2	2.0	ng/g
Turinadiol-a (4-chloro-17a-methyl-androst-1,4-diene-3a,17b-diol)	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Turinadiol-b (4-chloro-17a-methyl-androst-1,4-diene-3b,17b-diol)	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Zilpaterol	NSF SOP 8688	28-Jun-2025	ND (*)	<= 5	100	ng/g
alpha-Zearalanol (Zeranol)	NSF SOP 9869	28-Jun-2025	ND	<= 5	5.0	ng/g

See Definitions and Glossary page for data flag definition(s).

Beta-Agonists

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Bambuterol	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Brombuterol	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Clenbuterol	NSF SOP 8688	28-Jun-2025	ND	<= 2	2.0	ng/g
Clozapine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Fenoterol	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Formoterol	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Labetalol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Procaterol	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Propafenone	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Ractopamine	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Ritodrine	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Salbutamol	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Salmeterol	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Terbutaline	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Vilanterol	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g

See Definitions and Glossary page for data flag definition(s).

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LTH FLEX Whey Protein Isolate Vanilla | Powder | 25141-7 (Continued)

Diuretics

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Acetazolamide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Althiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Amiloride	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Bendroflumethiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Benzthiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Bumetanide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Buthiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Canrenone	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Chlorthalidone	NSF SOP 8688	28-Jun-2025	ND	<= 40	40	ng/g
Chlorthiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Cyclothiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Ethacrynic Acid	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Furosemide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Hydrochlorothiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Hydroflumethiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Indapamide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Methiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Methylclothiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Metolazone	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Polythiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Quinethazone	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Spironolactone	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Triamterene	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Trichlormethiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Vanilla | Powder | 25141-7 (Continued)

Hormone Antagonists

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
4-Androsten-3,6,17-trione	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
5a-Androstan-17b-ol-3,6-dione	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
5a-Androstan-3,6,17-trione	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
6-alpha-bromoandrostadiendione	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
6-alpha-bromoandrostenedione	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
6-alpha-bromotestosterone	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
6-beta-bromoandrostadiendione	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
6-beta-bromoandrostenedione	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
6-beta-bromotestosterone	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Aminoglutethimide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Anastrozole	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Androsta-1,4,6-triene-17b-ol-3-one	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Androsta-1,4,6-trienedione (Androsta-1,4,6-triene-3,17-dione)	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Androsta-3,5-diene-7,17-dione	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Clomiphene	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Cyclofenil	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Formestane	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Fulvestrant	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Letrozole	NSF SOP 9871	28-Jun-2025	ND	<= 40	40	ng/g
N-Desmethyltamoxifen	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Raloxifene	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Tamoxifen	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Testolactone	NSF SOP 9871	28-Jun-2025	ND (*)	<= 20	200	ng/g
Toremifene	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g

See Definitions and Glossary page for data flag definition(s).

Masking Agents

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Dutasteride	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Epitestosterone	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Finasteride	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Probenecid	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Vanilla | Powder | 25141-7 (Continued)

Stimulants

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
1,3-Dimethylbutylamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
1-Phenyl-2-butanamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
1-Phenylpentan-2-amine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
2-Aminoheptane	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
2-Methoxyphenylethylamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
2-amino-5-methylhexane	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
2-amino-6-methylheptane	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
3,4-MDA (3,4-Methylenedioxyamphetamine)	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
3,4-MDMA (3,4-Methylenedioxymethamphetamine)	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
4-Hydroxyamphetamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
4-Methylamphetamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
6-Amino-2-methyl-2-heptanol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Adrafinil	NSF SOP 9869	28-Jun-2025	ND	<= 25	25	ng/g
Amiphenazole	NSF SOP 9869	28-Jun-2025	ND	<= 40	40	ng/g
Amphetamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Benfluorex	SOP 31767	27-Jun-2025	ND	<= 25	25	ng/g
Benzphetamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Benzylpiperazine	NSF SOP 8688	28-Jun-2025	ND (*)	<= 25	1000	ng/g
Bromantan	NSF SOP 9871	28-Jun-2025	ND	<= 25	25	ng/g
Carphedone	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Cathine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Chlorphentermine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Clobenzorex	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Cocaine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Cropropamide	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Crotethamide	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Deprenyl (Selegiline)	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Deterenol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Diethylpropion (Amfepramone)	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Dimethylamphetamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Ephedrine	NSF SOP 8688	28-Jun-2025	ND	<= 10	10	ng/g
Ethamivan	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Ethylamphetamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Etilefrine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Famprofazone	NSF SOP 9871	28-Jun-2025	ND	<= 25	25	ng/g
Fenbutrazate	NSF SOP 9871	28-Jun-2025	ND	<= 25	25	ng/g
Fencamfamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Fencamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Fenetylline	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Fenfluramine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Fenproporex	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Furfenorex	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Isomethheptene	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Mazindol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Meclofenoxate	SOP 31767	27-Jun-2025	ND	<= 25	25	ng/g
Mefenorex	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Mephentermine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Mesocarb	NSF SOP 9871	28-Jun-2025	ND	<= 25	25	ng/g



LTH FLEX Whey Protein Isolate Vanilla | Powder | 25141-7 (Continued)

Stimulants (Continued)

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Methamphetamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Methyl-(3-phenylpropyl)-amine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Methylephedrine	NSF SOP 8688	28-Jun-2025	ND	<= 10	10	ng/g
Methylhexaneamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Methylphenidate	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Methylsynephrine (Oxilofrine)	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Modafinil	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
N,N-Didesmethylsibutramine	NSF SOP 9871	28-Jun-2025	ND	<= 25	25	ng/g
N,N-Dimethyl-2-phenylpropan-1-amine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
N,N-Dimethylphenylethylamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
N,a-Diethylphenylethylamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
N,b-Diethylphenylethylamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
N-Desmethylelegiline	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
N-Desmethylsibutramine	NSF SOP 9871	28-Jun-2025	ND	<= 25	25	ng/g
N-Methylphenethylamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
N-Methylpseudoephedrine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Nikethamide	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Norfenefrine	SOP 31767	27-Jun-2025	ND	<= 25	25	ng/g
Norfenfluramine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Octopamine	SOP 31767	27-Jul-2025	ND	<= 100	100	ng/g
Oxethazaine	NSF SOP 9871	28-Jun-2025	ND	<= 25	25	ng/g
Pemoline	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Pentylene-tetrazole	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Phendimetrazine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Phenmetrazine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Phenpentermine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Phenpromethamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Phentermine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Phenylpropanolamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Prenylamine	NSF SOP 9871	28-Jun-2025	ND	<= 25	25	ng/g
Prolintane	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Propylhexadrine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Pseudoephedrine	NSF SOP 8688	28-Jun-2025	ND	<= 10	10	ng/g
Pyrovalerone	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Sibutramine	NSF SOP 9871	28-Jun-2025	ND	<= 25	25	ng/g
Strychnine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Trimetazidine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
beta-Methylphenethylamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
p-Chloroamphetamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g

See Definitions and Glossary page for data flag definition(s).

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LTH FLEX Whey Protein Isolate Vanilla | Powder | 25141-7 (Continued)

Beta Blockers

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Acebutolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Alprenolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Atenolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Betaxolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Bisoprolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Carteolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Esmolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Levobunolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Metoprolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Nadolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Oxprenolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Pindolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Propranolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Sotalol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Timolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g

See Definitions and Glossary page for data flag definition(s).

Selective Androgen Receptor Modulators

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Andarine	NSF SOP 15708	27-Jun-2025	ND	<= 5	5.0	ng/g
C-6	NSF SOP 15708	27-Jun-2025	ND	<= 5	5.0	ng/g
CAS#541497-95-4	NSF SOP 15708	27-Jun-2025	ND	<= 5	5.0	ng/g
LGD-4033	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
Ostarine	NSF SOP 15708	27-Jun-2025	ND	<= 5	5.0	ng/g
S-1	NSF SOP 15708	27-Jun-2025	ND	<= 5	5.0	ng/g

See Definitions and Glossary page for data flag definition(s).

Metabolic Modulators

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
AICAR	SOP 31767	27-Jun-2025	120	<= 25	25	ng/g
GW0742	NSF SOP 15708	27-Jun-2025	ND	<= 10	10	ng/g
GW501516	NSF SOP 15708	27-Jun-2025	ND	<= 10	10	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Vanilla | Powder | 25141-7 (Continued)

Growth Hormone Secretagogues

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Alexamorelin	NSF SOP 17025	27-Jun-2025	ND	<= 200	200	ng/g
Anamorelin	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
GHRP-1	NSF SOP 17025	27-Jun-2025	ND	<= 200	200	ng/g
GHRP-2	NSF SOP 17025	27-Jun-2025	ND	<= 200	200	ng/g
GHRP-4	NSF SOP 17025	27-Jun-2025	ND	<= 200	200	ng/g
GHRP-5	NSF SOP 17025	27-Jun-2025	ND	<= 200	200	ng/g
GHRP-6	NSF SOP 17025	27-Jun-2025	ND	<= 200	200	ng/g
Hexarelin	NSF SOP 17025	27-Jun-2025	ND	<= 200	200	ng/g
Ibutamoren	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
Ipamorelin	NSF SOP 17025	27-Jun-2025	ND	<= 200	200	ng/g
LGD-2226	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g

See Definitions and Glossary page for data flag definition(s).



Job Number: J-00528626

Customer: LTF Club Operations
Company, Inc.

Report Photos



ABS-196 (1).jpg (PROJECT ABS-196 (1).jpg)



Sample Summary

Lab Sample ID	Sample Description	Sample Type	Date Received	Receiving Facility
ABS-196-1	LTH FLEX Whey Protein Isolate Vanilla Powder 25141-7	Powder	04-Jun-2025	NSF US AA

Facility Locations

NSF US AA

NSF Laboratories – Ann Arbor
789 N. Dixboro Road Ann Arbor MI 48105 USA

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Job Number: J-00528626

Customer: LTF Club Operations
Company, Inc.

Laboratory Sample Testing Summary

Reference	Analysis ID	Method Description	A
NSF SOP 15708	C1317 SARMS LC/MS/MS (1)	Analysis of SARMS and PPAR δ agonists in Dietary Supplements and Functional Foods by LCMSMS	*
NSF SOP 17025	C1222 GHRPs LC/HRMS (1)	Analysis of GHRPs in Dietary Supplements and Functional Foods by LCHRMS	*
NSF SOP 18148	C1225 GHB GC/MS/MS (1)	Screening gamma-Hydroxybutyric Acid (GHB) in Dietary Supplements, Functional Foods and Energy Drinks by GC-MS/MS	*
NSF SOP 6807	C1032 DS Summary Analysis (1)	Tablet Weight Determination and Dietary Supplement Summary Test Code Data Entry	*
NSF SOP 7667	C0432 Anabolic Agents GC/MS/MS (1)	Analysis of Anabolic Steroids in Dietary Supplements and Functional Foods, Personal Care Products by GC-MS/MS	*
NSF SOP 8688	C1118 Stimulants LC/MS/MS (1)	Analysis of Stimulants in Dietary Supplements and Functional Foods by LCMS	*
NSF SOP 9869	C1120 Diuretics LC/MS/MS (1)	Analysis of Diuretics in Dietary Supplements and Functional Foods by LCMSMS	*
NSF SOP 9871	C1119 Steroids LC/MS/MS (1)	Analysis of Steroids in Dietary Supplements and Functional Foods by LCMSMS	*
SOP 31767	C1947 Stimulants ABS Screen (1)	Stimulants 2 Semi-Quantitative by LCMS in Product	*

A = Accreditation

Accreditation List

The following are accreditation(s) held by the laboratory which pertain to the results contained within this report. This is not an inclusive list of all accreditations held.

* - NSF is an ISO17025 accredited laboratory and all work is performed following the NSF Quality Management System which supports that accreditation. A list of methods which are specifically covered under the lab accreditations is available separately. Subcontracted tests are performed by approved NSF subcontract laboratories.

Testing Facility Locations

(1) NSF Laboratories – Ann Arbor

789 N. Dixboro Road Ann Arbor MI 48105 USA



Job Number: J-00528626

Customer: LTF Club Operations
Company, Inc.

Definitions and Glossary

DCC - Document Control Code

EPSF - Electronic Product Sample Form

GHB - 4-Hydroxybutanoic Acid

GHRP - Growth Hormone-Releasing Peptide

MRL - Method Reporting Limit

NCM - Non-Conformance Memo

ND - Not Detected at or above the Method Reporting Limit (MRL)

SARMs - Selective Androgen Receptor Modulators

SOP - Standard Operating Procedure

Data Flag Definitions

* - The component did not meet the laboratory quality control criteria for the sample tested. The laboratory results are acceptable relative to the maximum report thresholds stated in the NSF Certified for Sport Program - Guideline 306.

Statements of Conformity

Tetrahydrocannabinols (summation of delta-8-THC, delta-9-THC and delta-10-THC) was performed under NSF Deviation # 2024-026.

AICAR was performed under NSF Deviation # 2025-012.

NSF has completed the testing of the identified product relative to the requirements of NSF Guideline 306: Certified for Sport Testing. The results obtained for the individual banned substances included in the testing are provided in the report's result section.

Unless otherwise indicated, method uncertainties are not applied in any determinations of conformity.

Testing utilizes the requested sections of any referenced standards, which may not be the entire standard.

The product in this report was evaluated according to NSF-306 - 2023 (Certified for Sport).

Thank you for having your product tested by NSF — the public health and safety organization.

NSF

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Prepared For:

[Redacted]
LTF Club Operations Company, Inc.
2902 Corporate Place
Chanhassen Minnesota 55317
UNITED STATES

Facility:

[Redacted]
Benicia California 94510
UNITED STATES

Result:	✔Pass
Job Number:	J-00528625
Product Tested:	LTH FLEX Whey Protein Isolate Chocolate Powder 25141-9
Trade Designation:	LTH FLEX Whey Protein Isolate Chocolate
NSF Program Project Number:	W0995810
Standard:	NSF 306 (Certified for Sport®)
Test Type:	Qualification Testing
Report Date:	05-Jul-2025

Account Manager: [Redacted]
Lot#: 25141-9

Please contact your Account Manager, if you have any questions or concerns pertaining to this report.

Report Serial Number:	143504
Report Authorized By:	[Redacted]
[Redacted]	[Redacted]
05-Jul-2025	

Thank you for having your product tested by NSF — the public health and safety organization.



Executive Summary

General Information

Standard: NSF 306
DCC Number: FC01494
Test Description: NSF Certified for Sport Testing

Customer Supplied Information

This data was provided by the customer and can affect the validity of the results.
Physical Description of Sample: Powder

Sample Description: LTH FLEX Whey Protein Isolate Chocolate | Powder | 25141-9
Laboratory Sample ID: ABS-195-1

Outside of Specification Results - Narcotics/Cannabinoids

Component	Result	Criteria	MRL	Units
4-hydroxybutanoic acid (GHB)	2600	<= 1000	1000	ng/g

See Definitions and Glossary page for data flag definition(s).

Project Summary

The product contains an endogenous source of GHB. The GHB result is within the allowed endogenous criteria of 5000 mcg/day per NSF 306-2023.



Sample Results

LTH FLEX Whey Protein Isolate Chocolate | Powder | 25141-9

Lab Sample ID: ABS-195-1
Date Received: 04-Jun-2025
Sample Type: Powder

Serving Information

Component	Reference	Analysis Date	Result	Criteria	Units
Mass per Unit	NSF SOP 6807	24-Jun-2025	28		g
Servings per Day	NSF SOP 6807	24-Jun-2025	1		None
Units per Serving	NSF SOP 6807	24-Jun-2025	1		None

See Definitions and Glossary page for data flag definition(s).

Narcotics/Cannabinoids

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Codeine	NSF SOP 8688	28-Jun-2025	ND	<= 10	10	ng/g
Morphine	NSF SOP 8688	28-Jun-2025	ND	<= 100	100	ng/g
Oxycodone	NSF SOP 8688	28-Jun-2025	ND	<= 10	10	ng/g
Phencyclidine (PCP)	NSF SOP 8688	28-Jun-2025	ND	<= 10	10	ng/g
delta-8-THC	NSF SOP 9871	28-Jun-2025	ND	<= 100	100	ng/g
Marijuana (delta-9-THC)	NSF SOP 9871	28-Jun-2025	ND	<= 100	100	ng/g
delta-10-THC	NSF SOP 9871	28-Jun-2025	ND	<= 100	100	ng/g
4-hydroxybutanoic acid (GHB)	NSF SOP 18148	15-Jun-2025	2600	<= 1000	1000	ng/g
JWH-018	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
JWH-073	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
HU-210	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
LSD	NSF SOP 8688	28-Jun-2025	ND	<= 10	10	ng/g

See Definitions and Glossary page for data flag definition(s).

Anabolic Agents

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
1-Androstenediol	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
1-Androstenedione	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
1-Androsterone (Androst-1-ene-3b-ol-17-one)	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
1-Testosterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
11a-Hydroxymethyltestosterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
17-Hydroxyprogesterone	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
17a-Methylclostebol	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
19-Nor-5-Androstenediol	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
19-Norandrostenedione	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
19-Norandrosterone	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
19-Noretiocholanolone	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
2-Androsten-17-one	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
4-Androsten-3a, 17b-diol	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
4-Androsten-3a-ol-17-one	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
4-Androsten-3b, 17a-diol	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
4-Androsten-3b-ol-17-one (4-DHEA)	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g



LTH FLEX Whey Protein Isolate Chocolate | Powder | 25141-9 (Continued)

Anabolic Agents (Continued)

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
4-Androstenediol	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
4-Androstenedione	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
4-Hydroxytestosterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
5-Androsten-3, 17- dione	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
5-Androsten-3b, 17a-diol	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
5a-Androstan-3a,17a-diol	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
5a-Androstan-3a,17b-diol	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
5a-Androstan-3b,17a-diol	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
5a-Androstan-3b,17b-diol	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
7-keto-dehydroepiandrosterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
7a-hydroxy-dehydroepiandrosterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
7b-hydroxy-dehydroepiandrosterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Androstanedione	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Androstenediol	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Androsterone	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Bolandiol (19-Norandrostenediol)	NSF SOP 7667	16-Jun-2025	ND	<= 10	10	ng/g
Bolasterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Boldenone	NSF SOP 7667	16-Jun-2025	ND	<= 10	10	ng/g
Boldione (Androstadienedione)	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Calusterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Clostebol	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Danazol	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Dehydroandrosterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Dehydroepiandrosterone (DHEA)	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Desoxymethyltestosterone (madol)	NSF SOP 7667	16-Jun-2025	ND	<= 10	10	ng/g
Dihydrotestosterone (Stanolone)	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Drostanolone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Epiandrosterone	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Epidihydrotestosterone	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Estra-4,9,11-triene-3,17-dione	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
Estra-4,9-diene-3,17-dione	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
Ethylestrenol	NSF SOP 7667	16-Jun-2025	ND	<= 10	10	ng/g
Etiocholanolone	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Exemestane	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Fluoxymesterone	NSF SOP 7667	16-Jun-2025	ND	<= 10	10	ng/g
Formebolone	NSF SOP 9871	28-Jun-2025	ND (*)	<= 5	100	ng/g
Furazabol	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Gestrinone	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
Mestanolone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Mesterolone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Methandienone	NSF SOP 7667	16-Jun-2025	ND	<= 2	2.0	ng/g
Methandriol	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Methasterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Methenolone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Methyl-1-testosterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Methylclostediol	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Methyldienolone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Methylnortestosterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g



LTH FLEX Whey Protein Isolate Chocolate | Powder | 25141-9 (Continued)

Anabolic Agents (Continued)

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Methylstenbolone	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
Methyltestosterone	NSF SOP 7667	16-Jun-2025	ND	<= 2	2.0	ng/g
Methyltrienolone (Metribolone)	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
Mibolone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Nandrolone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Norbolethone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Norclostebol	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Norethandrolone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Oxabolone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Oxandrolone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Oxymesterone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Oxymetholone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Progesterone	NSF SOP 7667	16-Jun-2025	ND	<= 100	100	ng/g
Prostanazol	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
Quinbolone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Stanozolol	NSF SOP 9871	28-Jun-2025	ND	<= 2	2.0	ng/g
Stenbolone	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
Testosterone	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Tetrahydrogestrinone	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
Tibolone	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Trenbolone	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
Turinabol-oral	NSF SOP 7667	16-Jun-2025	ND	<= 2	2.0	ng/g
Turinadiol-a (4-chloro-17a-methyl-androst-1,4-diene-3a,17b-diol)	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Turinadiol-b (4-chloro-17a-methyl-androst-1,4-diene-3b,17b-diol)	NSF SOP 7667	16-Jun-2025	ND	<= 5	5.0	ng/g
Zilpaterol	NSF SOP 8688	28-Jun-2025	ND (*)	<= 5	100	ng/g
alpha-Zearalanol (Zeranol)	NSF SOP 9869	28-Jun-2025	ND	<= 5	5.0	ng/g

See Definitions and Glossary page for data flag definition(s).

Beta-Agonists

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Bambuterol	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Brombuterol	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Clenbuterol	NSF SOP 8688	28-Jun-2025	ND	<= 2	2.0	ng/g
Clozapine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Fenoterol	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Formoterol	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Labetalol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Procaterol	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Propafenone	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Ractopamine	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Ritodrine	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Salbutamol	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Salmeterol	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Terbutaline	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Vilanterol	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Chocolate | Powder | 25141-9 (Continued)

Diuretics

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Acetazolamide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Althiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Amiloride	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Bendroflumethiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Benzthiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Bumetanide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Buthiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Canrenone	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Chlorthalidone	NSF SOP 8688	28-Jun-2025	ND	<= 40	40	ng/g
Chlorthiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Cyclothiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Ethacrynic Acid	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Furosemide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Hydrochlorothiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Hydroflumethiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Indapamide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Methiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Methylclothiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Metolazone	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Polythiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Quinethazone	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Spironolactone	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Triamterene	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Trichlormethiazide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Chocolate | Powder | 25141-9 (Continued)

Hormone Antagonists

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
4-Androsten-3,6,17-trione	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
5a-Androstan-17b-ol-3,6-dione	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
5a-Androstan-3,6,17-trione	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
6-alpha-bromoandrostadiendione	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
6-alpha-bromoandrostenedione	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
6-alpha-bromotestosterone	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
6-beta-bromoandrostadiendione	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
6-beta-bromoandrostenedione	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
6-beta-bromotestosterone	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Aminoglutethimide	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g
Anastrozole	NSF SOP 8688	28-Jun-2025	ND	<= 20	20	ng/g
Androsta-1,4,6-triene-17b-ol-3-one	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Androsta-1,4,6-trienedione (Androsta-1,4,6-triene-3,17-dione)	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Androsta-3,5-diene-7,17-dione	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Clomiphene	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Cyclofenil	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Formestane	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Fulvestrant	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Letrozole	NSF SOP 9871	28-Jun-2025	ND	<= 40	40	ng/g
N-Desmethyltamoxifen	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Raloxifene	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Tamoxifen	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Testolactone	NSF SOP 9871	28-Jun-2025	ND (*)	<= 20	200	ng/g
Toremifene	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g

See Definitions and Glossary page for data flag definition(s).

Masking Agents

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Dutasteride	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Epitestosterone	NSF SOP 7667	16-Jun-2025	ND	<= 20	20	ng/g
Finasteride	NSF SOP 9871	28-Jun-2025	ND	<= 20	20	ng/g
Probenecid	NSF SOP 9869	28-Jun-2025	ND	<= 20	20	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Chocolate | Powder | 25141-9 (Continued)

Stimulants

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
1,3-Dimethylbutylamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
1-Phenyl-2-butanamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
1-Phenylpentan-2-amine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
2-Aminoheptane	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
2-Methoxyphenylethylamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
2-amino-5-methylhexane	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
2-amino-6-methylheptane	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
3,4-MDA (3,4-Methylenedioxyamphetamine)	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
3,4-MDMA (3,4-Methylenedioxymethamphetamine)	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
4-Hydroxyamphetamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
4-Methylamphetamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
6-Amino-2-methyl-2-heptanol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Adrafinil	NSF SOP 9869	28-Jun-2025	ND	<= 25	25	ng/g
Amiphenazole	NSF SOP 9869	28-Jun-2025	ND	<= 40	40	ng/g
Amphetamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Benfluorex	SOP 31767	27-Jun-2025	ND	<= 25	25	ng/g
Benzphetamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Benzylpiperazine	NSF SOP 8688	28-Jun-2025	ND (*)	<= 25	1000	ng/g
Bromantan	NSF SOP 9871	28-Jun-2025	ND	<= 25	25	ng/g
Carphedone	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Cathine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Chlorphentermine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Clobenzorex	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Cocaine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Cropropamide	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Crotethamide	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Deprenyl (Selegiline)	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Deterenol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Diethylpropion (Amfepramone)	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Dimethylamphetamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Ephedrine	NSF SOP 8688	28-Jun-2025	ND	<= 10	10	ng/g
Ethamivan	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Ethylamphetamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Etilefrine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Famprofazone	NSF SOP 9871	28-Jun-2025	ND	<= 25	25	ng/g
Fenbutrazate	NSF SOP 9871	28-Jun-2025	ND	<= 25	25	ng/g
Fencamfamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Fencamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Fenetylline	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Fenfluramine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Fenproporex	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Furfenorex	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Isomethheptene	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Mazindol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Meclofenoxate	SOP 31767	27-Jun-2025	ND	<= 25	25	ng/g
Mefenorex	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Mephentermine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Mesocarb	NSF SOP 9871	28-Jun-2025	ND	<= 25	25	ng/g

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LTH FLEX Whey Protein Isolate Chocolate | Powder | 25141-9 (Continued)

Stimulants (Continued)

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Methamphetamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Methyl-(3-phenylpropyl)-amine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Methylephedrine	NSF SOP 8688	28-Jun-2025	ND	<= 10	10	ng/g
Methylhexanamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Methylphenidate	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Methylsyneprine (Oxiofrine)	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Modafinil	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
N,N-Didesmethylsibutramine	NSF SOP 9871	28-Jun-2025	ND	<= 25	25	ng/g
N,N-Dimethyl-2-phenylpropan-1-amine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
N,N-Dimethylphenylethylamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
N,a-Diethylphenylethylamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
N,b-Diethylphenylethylamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
N-Desmethylselegiline	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
N-Desmethylsibutramine	NSF SOP 9871	28-Jun-2025	ND	<= 25	25	ng/g
N-Methylphenethylamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
N-Methylpseudoephedrine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Nikethamide	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Norfenefrine	SOP 31767	27-Jun-2025	ND	<= 25	25	ng/g
Norfenfluramine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Octopamine	SOP 31767	01-Jul-2025	ND	<= 100	100	ng/g
Oxethazaine	NSF SOP 9871	28-Jun-2025	ND	<= 25	25	ng/g
Pemoline	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Pentylentetrazole	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Phendimetrazine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Phenmetrazine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Phenpentermine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Phenpromethamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Phentermine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Phenylpropanolamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Prenylamine	NSF SOP 9871	28-Jun-2025	ND	<= 25	25	ng/g
Prolintane	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Propylhexadrine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Pseudoephedrine	NSF SOP 8688	28-Jun-2025	ND	<= 10	10	ng/g
Pyrovalerone	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Sibutramine	NSF SOP 9871	28-Jun-2025	ND	<= 25	25	ng/g
Strychnine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Trimetazidine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
beta-Methylphenethylamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
p-Chloroamphetamine	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g

See Definitions and Glossary page for data flag definition(s).

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LTH FLEX Whey Protein Isolate Chocolate | Powder | 25141-9 (Continued)

Beta Blockers

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Acebutolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Alprenolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Atenolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Betaxolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Bisoprolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Carteolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Esmolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Levobunolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Metoprolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Nadolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Oxprenolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Pindolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Propranolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Sotalol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g
Timolol	NSF SOP 8688	28-Jun-2025	ND	<= 25	25	ng/g

See Definitions and Glossary page for data flag definition(s).

Selective Androgen Receptor Modulators

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Andarine	NSF SOP 15708	27-Jun-2025	ND	<= 5	5.0	ng/g
C-6	NSF SOP 15708	27-Jun-2025	ND	<= 5	5.0	ng/g
CAS#541497-95-4	NSF SOP 15708	27-Jun-2025	ND	<= 5	5.0	ng/g
LGD-4033	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
Ostarine	NSF SOP 15708	27-Jun-2025	ND	<= 5	5.0	ng/g
S-1	NSF SOP 15708	27-Jun-2025	ND	<= 5	5.0	ng/g

See Definitions and Glossary page for data flag definition(s).

Metabolic Modulators

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
AICAR	SOP 31767	27-Jun-2025	ND	<= 25	25	ng/g
GW0742	NSF SOP 15708	27-Jun-2025	ND	<= 10	10	ng/g
GW501516	NSF SOP 15708	27-Jun-2025	ND	<= 10	10	ng/g

See Definitions and Glossary page for data flag definition(s).



LTH FLEX Whey Protein Isolate Chocolate | Powder | 25141-9 (Continued)

Growth Hormone Secretagogues

Component	Reference	Analysis Date	Result	Criteria	MRL	Units
Alexamorelin	NSF SOP 17025	27-Jun-2025	ND	<= 200	200	ng/g
Anamorelin	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
GHRP-1	NSF SOP 17025	27-Jun-2025	ND	<= 200	200	ng/g
GHRP-2	NSF SOP 17025	27-Jun-2025	ND	<= 200	200	ng/g
GHRP-4	NSF SOP 17025	27-Jun-2025	ND	<= 200	200	ng/g
GHRP-5	NSF SOP 17025	27-Jun-2025	ND	<= 200	200	ng/g
GHRP-6	NSF SOP 17025	27-Jun-2025	ND	<= 200	200	ng/g
Hexarelin	NSF SOP 17025	27-Jun-2025	ND	<= 200	200	ng/g
Ibutamoren	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g
Ipamorelin	NSF SOP 17025	27-Jun-2025	ND	<= 200	200	ng/g
LGD-2226	NSF SOP 9871	28-Jun-2025	ND	<= 5	5.0	ng/g

See Definitions and Glossary page for data flag definition(s).



Job Number: J-00528625

Customer: LTF Club Operations
Company, Inc.

Report Photos



ABS-195 (1).jpg (PROJECT ABS-195 (1).jpg)



Sample Summary

Lab Sample ID	Sample Description	Sample Type	Date Received	Receiving Facility
ABS-195-1	LTH FLEX Whey Protein Isolate Chocolate Powder 25141-9	Powder	04-Jun-2025	NSF US AA

Facility Locations

NSF US AA
NSF Laboratories – Ann Arbor
789 N. Dixboro Road Ann Arbor MI 48105 USA

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Job Number: J-00528625

Customer: LTF Club Operations
Company, Inc.

Laboratory Sample Testing Summary

Reference	Analysis ID	Method Description	A
NSF SOP 15708	C1317 SARMS LC/MS/MS (1)	Analysis of SARMS and PPAR δ agonists in Dietary Supplements and Functional Foods by LCMSMS	*
NSF SOP 17025	C1222 GHRPs LC/HRMS (1)	Analysis of GHRPs in Dietary Supplements and Functional Foods by LCHRMS	*
NSF SOP 18148	C1225 GHB GC/MS/MS (1)	Screening gamma-Hydroxybutyric Acid (GHB) in Dietary Supplements, Functional Foods and Energy Drinks by GC-MS/MS	*
NSF SOP 6807	C1032 DS Summary Analysis (1)	Tablet Weight Determination and Dietary Supplement Summary Test Code Data Entry	*
NSF SOP 7667	C0432 Anabolic Agents GC/MS/MS (1)	Analysis of Anabolic Steroids in Dietary Supplements and Functional Foods, Personal Care Products by GC-MS/MS	*
NSF SOP 8688	C1118 Stimulants LC/MS/MS (1)	Analysis of Stimulants in Dietary Supplements and Functional Foods by LCMS	*
NSF SOP 9869	C1120 Diuretics LC/MS/MS (1)	Analysis of Diuretics in Dietary Supplements and Functional Foods by LCMSMS	*
NSF SOP 9871	C1119 Steroids LC/MS/MS (1)	Analysis of Steroids in Dietary Supplements and Functional Foods by LCMSMS	*
SOP 31767	C1947 Stimulants ABS Screen (1)	Stimulants 2 Semi-Quantitative by LCMS in Product	*

A = Accreditation

Accreditation List

The following are accreditation(s) held by the laboratory which pertain to the results contained within this report. This is not an inclusive list of all accreditations held.

* - NSF is an ISO17025 accredited laboratory and all work is performed following the NSF Quality Management System which supports that accreditation. A list of methods which are specifically covered under the lab accreditations is available separately. Subcontracted tests are performed by approved NSF subcontract laboratories.

Testing Facility Locations

(1) NSF Laboratories – Ann Arbor

789 N. Dixboro Road Ann Arbor MI 48105 USA



Job Number: J-00528625

Customer: LTF Club Operations
Company, Inc.

Definitions and Glossary

DCC - Document Control Code

EPSF - Electronic Product Sample Form

GHB - 4-Hydroxybutanoic Acid

GHRP - Growth Hormone-Releasing Peptide

MRL - Method Reporting Limit

NCM - Non-Conformance Memo

ND - Not Detected at or above the Method Reporting Limit (MRL)

SARMs - Selective Androgen Receptor Modulators

SOP - Standard Operating Procedure

Data Flag Definitions

* - The component did not meet the laboratory quality control criteria for the sample tested. The laboratory results are acceptable relative to the maximum report thresholds stated in the NSF Certified for Sport Program - Guideline 306.

Statements of Conformity

Tetrahydrocannabinols (summation of delta-8-THC, delta-9-THC and delta-10-THC) was performed under NSF Deviation # 2024-026.

AICAR was performed under NSF Deviation # 2025-012.

NSF has completed the testing of the identified product relative to the requirements of NSF Guideline 306: Certified for Sport Testing. The results obtained for the individual banned substances included in the testing are provided in the report's result section.

Unless otherwise indicated, method uncertainties are not applied in any determinations of conformity.

Testing utilizes the requested sections of any referenced standards, which may not be the entire standard.

The product in this report was evaluated according to NSF-306 - 2023 (Certified for Sport).

Thank you for having your product tested by NSF — the public health and safety organization.

NSF

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1-800.NSF.MARK | +1-734.769.8010 | www.nsf.org

EVALUATION REPORT

Send To: C0778175

[Redacted]
Life Time, Inc.
2902 Corporate Place
Chanhassen, MN 55317

Facility: C0778182

[Redacted]
Benicia CA 94510
United States

Result	PASS	Report Date	21-NOV-2024
Customer Name	Life Time, Inc.		
Tested To	NSF 306		
Description	LTH FLEX Whey Protein Isolate Chocolate Powder 24297-1		
Trade Designation	LTH FLEX Whey Protein Isolate Chocolate		
Test Type	Qualification		
Job Number	J-00502238		
Project Number	W0935597		
Project Manager	[Redacted]		

Thank you for having your product tested by NSF.

Please contact your Project Manager if you have any questions or concerns pertaining to this report.

Report Authorization [Redacted]
[Redacted]

Date 21-NOV-2024



General Information

Guideline: NSF 306
DCC Number: FC01494
Lot#: 24297-1
Physical Description of Sample: Powder
Test Description: NSF Certified for Sport Testing
Trade Designation / Product ID: LTH FLEX Whey Protein Isolate Chocolate

Sample Id: S-0002172075
Description: LTH FLEX Whey Protein Isolate Chocolate | Powder | 24297-1
Sampled Date: 11/07/2024
Received Date: 11/07/2024

Testing Parameter	Result	Units	Technique	Date analyzed
General Information				
Expiration Date	10/25/2026			
Lot Number	24297-1			
Mass per serving	28	grams		
Servings per daily dose	1			

Sample Id: S-0002172076
Description: LTH FLEX Whey Protein Isolate Chocolate | Powder | 24297-1
Sampled Date: 11/07/2024
Received Date: 11/07/2024

Testing Parameter	Result	Units	Technique	Date analyzed
Anabolic Agents				
5a-Androstan-3a, 17a-diol	ND(20)	ng/g	GCMS	15-NOV-2024
5a-Androstan-3a, 17b-diol	ND(20)	ng/g	GCMS	15-NOV-2024
5a-Androstan-3b, 17a-diol	ND(20)	ng/g	GCMS	15-NOV-2024
5a-Androstan-3b, 17b-diol	ND(20)	ng/g	GCMS	15-NOV-2024
Androstanedione	ND(5.0)	ng/g	GCMS	15-NOV-2024
2-Androsten-17-one	ND(5.0)	ng/g	GCMS	15-NOV-2024
5-Androsten-3, 17-dione	ND(20)	ng/g	GCMS	15-NOV-2024
4-Androsten-3a, 17b-diol	ND(20)	ng/g	GCMS	15-NOV-2024
4-Androsten-3a-ol-17-one	ND(5.0)	ng/g	GCMS	15-NOV-2024
5-Androsten-3b, 17a-diol	ND(20)	ng/g	GCMS	15-NOV-2024
4-Androsten-3b,17a-diol	ND(20)	ng/g	GCMS	15-NOV-2024
4-Androsten-3b-ol-17-one	ND(5.0)	ng/g	GCMS	15-NOV-2024
1-Androstendiol	ND(5.0)	ng/g	GCMS	15-NOV-2024
1-Androstenedione	ND(5.0)	ng/g	GCMS	15-NOV-2024
4-Androstenediol	ND(20)	ng/g	GCMS	15-NOV-2024
Androstenediol	ND(20)	ng/g	GCMS	15-NOV-2024
4-Androstenedione	ND(20)	ng/g	GCMS	15-NOV-2024
1-Androsterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Androsterone	ND(20)	ng/g	GCMS	15-NOV-2024
Bolandiol	ND(10)	ng/g	GCMS	15-NOV-2024
Bolasterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Boldenone	ND(10)	ng/g	GCMS	15-NOV-2024
Boldione	ND(5.0)	ng/g	GCMS	15-NOV-2024
Calusterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Clostebol	ND(5.0)	ng/g	GCMS	15-NOV-2024
Danazol	ND(5.0)	ng/g	GCMS	15-NOV-2024
Dehydroandrosterone	ND(5.0)	ng/g	GCMS	15-NOV-2024



Sample Id: S-0002172076

Testing Parameter	Result	Units	Technique	Date analyzed
Anabolic Agents				
Dehydroepiandrosterone	ND(20)	ng/g	GCMS	15-NOV-2024
Desoxymethyltestosterone	ND(10)	ng/g	GCMS	15-NOV-2024
Dihydrotestosterone	ND(20)	ng/g	GCMS	15-NOV-2024
Drostanolone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Epiandrosterone	ND(20)	ng/g	GCMS	15-NOV-2024
Estra-4,9,11-triene-3,17-dione	ND(5)	ng/g	LCMS	19-NOV-2024
Estra-4,9-diene-3,17-dione	ND(5)	ng/g	LCMS	19-NOV-2024
Ethylestrenol	ND(10)	ng/g	GCMS	15-NOV-2024
Etiocholanolone	ND(20)	ng/g	GCMS	15-NOV-2024
Exemestane	ND(20)	ng/g	GCMS	15-NOV-2024
Fluoxymesterone	ND(10)	ng/g	GCMS	15-NOV-2024
Formebolone	ND(100)	ng/g	LCMS	19-NOV-2024
Furazabol	ND(5.0)	ng/g	GCMS	15-NOV-2024
Gestrinone	ND(5)	ng/g	LCMS	19-NOV-2024
11a-Hydroxymethyltestosterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
17-Hydroxyprogesterone	ND(20)	ng/g	GCMS	15-NOV-2024
4-Hydroxytestosterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Mestanolone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Mesterolone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Methandienone	ND(2.0)	ng/g	GCMS	15-NOV-2024
Methandriol	ND(5.0)	ng/g	GCMS	15-NOV-2024
Methasterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Methenolone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Methyl-1-testosterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Methylclostebol	ND(5)	ng/g	LCMS	19-NOV-2024
Methylclostediol	ND(5.0)	ng/g	GCMS	15-NOV-2024
Methyldienolone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Methylnortestosterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Methylstenbolone	ND(5)	ng/g	LCMS	19-NOV-2024
Methyltestosterone	ND(2.0)	ng/g	GCMS	15-NOV-2024
Methyltrienolone	ND(5)	ng/g	LCMS	19-NOV-2024
Mibolerone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Nandrolone	ND(5.0)	ng/g	GCMS	15-NOV-2024
19-Nor-5-Androstenediol	ND(5.0)	ng/g	GCMS	15-NOV-2024
19-Norandrostenedione	ND(5.0)	ng/g	GCMS	15-NOV-2024
19-Norandrosterone	ND(20)	ng/g	GCMS	15-NOV-2024
Norbolethone	ND(5.0)	ng/g	LCMS	15-NOV-2024
Norclostebol	ND(5.0)	ng/g	GCMS	15-NOV-2024
Norethandrolone	ND(5.0)	ng/g	GCMS	15-NOV-2024
19-Noretiocholanolone	ND(20)	ng/g	GCMS	15-NOV-2024
Oxabolone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Oxandrolone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Oxymesterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Oxymetholone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Progesterone	ND(100)	ng/g	GCMS	15-NOV-2024
Prostanazol	ND(5)	ng/g	LCMS	19-NOV-2024
Quinbolone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Stanozolol	ND(2)	ng/g	LCMS	19-NOV-2024
Stenbolone	ND(5)	ng/g	LCMS	19-NOV-2024
1-Testosterone	ND(5.0)	ng/g	GCMS	15-NOV-2024



Sample Id: S-0002172076

Testing Parameter	Result	Units	Technique	Date analyzed
Anabolic Agents				
Testosterone	ND(20)	ng/g	GCMS	15-NOV-2024
Tetrahydrogestrinone	ND(5)	ng/g	LCMS	19-NOV-2024
Tibolone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Trenbolone	ND(5)	ng/g	LCMS	19-NOV-2024
Turinabol-oral	ND(2.0)	ng/g	GCMS	15-NOV-2024
Turinadiol-a	ND(5)	ng/g	GCMS	15-NOV-2024
Turinadiol-b	ND(5)	ng/g	GCMS	15-NOV-2024
Zilpaterol	ND(5)	ng/g	LCMS	18-NOV-2024
alpha-Zearalanol	ND(5)	ng/g	LCMS	19-NOV-2024
Epi-dihydrotestosterone	ND(20)	ng/g	GCMS	15-NOV-2024
7a-hydroxy-dehydroepiandrosterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
7b-hydroxy-dehydroepiandrosterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
7-keto-dehydroepiandrosterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Beta-Agonists				
Bambuterol	ND(20)	ng/g	LCMS	18-NOV-2024
Brombuterol	ND(20)	ng/g	LCMS	18-NOV-2024
Clenbuterol	ND(2)	ng/g	LCMS	18-NOV-2024
Clozapine	ND(25)	ng/g	LCMS	18-NOV-2024
Fenoterol	ND(20)	ng/g	LCMS	18-NOV-2024
Formoterol	ND(20)	ng/g	LCMS	18-NOV-2024
Labetalol	ND(25)	ng/g	LCMS	18-NOV-2024
Procaterol	ND(20)	ng/g	LCMS	18-NOV-2024
Propafenone	ND(25)	ng/g	LCMS	18-NOV-2024
Ractopamine	ND(20)	ng/g	LCMS	18-NOV-2024
Ritodrine	ND(20)	ng/g	LCMS	18-NOV-2024
Salbutamol	ND(20)	ng/g	LCMS	18-NOV-2024
Salmeterol	ND(20)	ng/g	LCMS	19-NOV-2024
Terbutaline	ND(20)	ng/g	LCMS	18-NOV-2024
Vilanterol	ND(20)	ng/g	LCMS	19-NOV-2024
Diuretics				
Acetazolamide	ND(20)	ng/g	LCMS	19-NOV-2024
Althiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Amiloride	ND(20)	ng/g	LCMS	18-NOV-2024
Bendroflumethiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Benzthiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Bumetanide	ND(20)	ng/g	LCMS	19-NOV-2024
Buthiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Canrenone	ND(20)	ng/g	LCMS	19-NOV-2024
Chlorothiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Chlorthalidone	ND(40)	ng/g	LCMS	18-NOV-2024
Cyclothiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Ethacrynic acid	ND(20)	ng/g	LCMS	19-NOV-2024
Furosemide	ND(20)	ng/g	LCMS	19-NOV-2024
Hydrochlorothiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Hydroflumethiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Indapamide	ND(20)	ng/g	LCMS	19-NOV-2024
Methiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Methylclothiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Metolazone	ND(20)	ng/g	LCMS	19-NOV-2024
Polythiazide	ND(20)	ng/g	LCMS	19-NOV-2024



Sample Id: S-0002172076

Testing Parameter	Result	Units	Technique	Date analyzed
Diuretics				
Quinethazone	ND(20)	ng/g	LCMS	19-NOV-2024
Spironolactone	ND(20)	ng/g	LCMS	19-NOV-2024
Triamterene	ND(20)	ng/g	LCMS	18-NOV-2024
Trichlormethiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Hormone Antagonists				
Aminoglutethimide	ND(20)	ng/g	LCMS	19-NOV-2024
Anastrozole	ND(20)	ng/g	LCMS	18-NOV-2024
Androsta-1,4,6-trien-17b-ol-3-one	ND(20)	ng/g	LCMS	19-NOV-2024
Androsta-1,4,6-trienedione	ND(20)	ng/g	LCMS	19-NOV-2024
Androsta-3,5-diene-7,17-dione	ND(20)	ng/g	GCMS	15-NOV-2024
5a-Androstan-17b-ol-3,6-dione	ND(20)	ng/g	GCMS	15-NOV-2024
5a-Androstan-3,6,17-trione	ND(20)	ng/g	GCMS	15-NOV-2024
4-Androsten-3,6,17-trione	ND(20)	ng/g	GCMS	15-NOV-2024
Clomiphene	ND(20)	ng/g	LCMS	19-NOV-2024
Cyclofenil	ND(20)	ng/g	LCMS	19-NOV-2024
N-Desmethyltamoxifen	ND(20)	ng/g	LCMS	19-NOV-2024
Formestane	ND(20)	ng/g	GCMS	15-NOV-2024
Fulvestrant	ND(20)	ng/g	LCMS	19-NOV-2024
Letrozole	ND(40)	ng/g	LCMS	19-NOV-2024
Raloxifene	ND(20)	ng/g	LCMS	19-NOV-2024
Tamoxifen	ND(20)	ng/g	LCMS	19-NOV-2024
Testolactone	ND(20)	ng/g	LCMS	19-NOV-2024
Toremifene	ND(20)	ng/g	LCMS	19-NOV-2024
6-alpha-bromoandrostadiendione	ND(20)	ng/g	LCMS	19-NOV-2024
6-alpha-bromoandrostenedione	ND(20)	ng/g	LCMS	19-NOV-2024
6-alpha-bromotestosterone	ND(20)	ng/g	LCMS	19-NOV-2024
6-beta-bromoandrostadiendione	ND(20)	ng/g	LCMS	19-NOV-2024
6-beta-bromoandrostenedione	ND(20)	ng/g	LCMS	19-NOV-2024
6-beta-bromotestosterone	ND(20)	ng/g	LCMS	19-NOV-2024
Masking Agents				
Dutasteride	ND(20)	ng/g	LCMS	19-NOV-2024
Epitestosterone	ND(20)	ng/g	GCMS	15-NOV-2024
Finasteride	ND(20)	ng/g	LCMS	19-NOV-2024
Probenecid	ND(20)	ng/g	LCMS	19-NOV-2024
Narcotics/Cannabinoids				
JWH-018	ND(5)	ng/g	LCMS	19-NOV-2024
JWH-073	ND(5)	ng/g	LCMS	19-NOV-2024
HU-210	ND(20)	ng/g	LCMS	19-NOV-2024
Codeine	ND(10)	ng/g	LCMS	18-NOV-2024
LSD	ND(10)	ng/g	LCMS	18-NOV-2024
Morphine	ND(100)	ng/g	LCMS	18-NOV-2024
Oxycodone	ND(10)	ng/g	LCMS	18-NOV-2024
Phencyclidine	ND(10)	ng/g	LCMS	18-NOV-2024
delta-10-THC	ND(100)	ng/g	LCMS	19-NOV-2024
delta-8-THC	ND(100)	ng/g	LCMS	19-NOV-2024
delta-9-THC	ND(100)	ng/g	LCMS	19-NOV-2024
4-hydroxybutanoic acid (GHB)	2200	ng/g	GCMS	13-NOV-2024
Stimulants				
Adrafinil	ND(25)	ng/g	LCMS	19-NOV-2024
6-Amino-2-methyl-2-heptanol	ND(25)	ng/g	LCMS	18-NOV-2024



Sample Id: S-0002172076

Testing Parameter	Result	Units	Technique	Date analyzed
Stimulants				
2-Aminoheptane	ND(25)	ng/g	LCMS	18-NOV-2024
Amiphenazole	ND(40)	ng/g	LCMS	19-NOV-2024
Amphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
Benfluorex	ND(25)	ng/g	LCMS	18-NOV-2024
Benzphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
Benzylpiperazine	ND(25)	ng/g	LCMS	18-NOV-2024
Bromantan	ND(25)	ng/g	LCMS	19-NOV-2024
Carphedone	ND(25)	ng/g	LCMS	18-NOV-2024
Cathine	ND(25)	ng/g	LCMS	18-NOV-2024
p-Chloroamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
Chlorphentermine	ND(25)	ng/g	LCMS	18-NOV-2024
Clobenzorex	ND(25)	ng/g	LCMS	18-NOV-2024
Cocaine	ND(25)	ng/g	LCMS	18-NOV-2024
Cropropamide	ND(25)	ng/g	LCMS	18-NOV-2024
Crotethamide	ND(25)	ng/g	LCMS	18-NOV-2024
Deprenyl	ND(25)	ng/g	LCMS	18-NOV-2024
N-Desmethylselegiline	ND(25)	ng/g	LCMS	18-NOV-2024
N-Desmethylsibutramine	ND(25)	ng/g	LCMS	19-NOV-2024
Deterenol	ND(25)	ng/g	LCMS	18-NOV-2024
N,N-Didesmethylsibutramine	ND(25)	ng/g	LCMS	19-NOV-2024
N,a-Diethylphenylethylamine	ND(25)	ng/g	LCMS	18-NOV-2024
N,b-Diethylphenylethylamine	ND(25)	ng/g	LCMS	18-NOV-2024
Diethylpropion	ND(25)	ng/g	LCMS	18-NOV-2024
N,N-Dimethyl-2-phenylpropan-1-amine	ND(25)	ng/g	LCMS	18-NOV-2024
Dimethylamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
1,3-Dimethylbutylamine	ND(25)	ng/g	LCMS	18-NOV-2024
N,N-Dimethylphenylethylamine	ND(100)	ng/g	LCMS	18-NOV-2024
Ephedrine	ND(10)	ng/g	LCMS	18-NOV-2024
Ethamivan	ND(25)	ng/g	LCMS	18-NOV-2024
Ethylamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
Etilefrine	ND(25)	ng/g	LCMS	18-NOV-2024
Famprofazone	ND(25)	ng/g	LCMS	19-NOV-2024
Fenbutrazate	ND(25)	ng/g	LCMS	19-NOV-2024
Fencamfamine	ND(25)	ng/g	LCMS	18-NOV-2024
Fencamine	ND(25)	ng/g	LCMS	18-NOV-2024
Fenetylline	ND(25)	ng/g	LCMS	18-NOV-2024
Fenfluramine	ND(25)	ng/g	LCMS	18-NOV-2024
Fenproporex	ND(25)	ng/g	LCMS	18-NOV-2024
Furfenorex	ND(25)	ng/g	LCMS	18-NOV-2024
4-Hydroxyamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
Isometheptene	ND(25)	ng/g	LCMS	18-NOV-2024
3,4-MDA	ND(25)	ng/g	LCMS	18-NOV-2024
3,4-MDMA	ND(25)	ng/g	LCMS	18-NOV-2024
Mazindol	ND(25)	ng/g	LCMS	18-NOV-2024
Meclofenoxate	ND(25)	ng/g	LCMS	18-NOV-2024
Mefenorex	ND(25)	ng/g	LCMS	18-NOV-2024
Mephentermine	ND(25)	ng/g	LCMS	18-NOV-2024
Mesocarb	ND(25)	ng/g	LCMS	19-NOV-2024
Methamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
2-Methoxyphenylethylamine	ND(25)	ng/g	LCMS	18-NOV-2024



Sample Id: S-0002172076

Testing Parameter	Result	Units	Technique	Date analyzed
Stimulants				
Methyl-(3-phenylpropyl)-amine	ND(25)	ng/g	LCMS	18-NOV-2024
4-Methylamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
Methylephedrine	ND(10)	ng/g	LCMS	18-NOV-2024
Methylhexanamine	ND(25)	ng/g	LCMS	18-NOV-2024
N-Methylphenethylamine	ND(100)	ng/g	LCMS	18-NOV-2024
beta-Methylphenethylamine	ND(25)	ng/g	LCMS	18-NOV-2024
Methylphenidate	ND(25)	ng/g	LCMS	18-NOV-2024
N-Methylpseudoephedrine	ND(25)	ng/g	LCMS	18-NOV-2024
Methylsynephrine	ND(25)	ng/g	LCMS	18-NOV-2024
Modafinil	ND(25)	ng/g	LCMS	18-NOV-2024
Nikethamide	ND(25)	ng/g	LCMS	18-NOV-2024
Norfenefrine	ND(25)	ng/g	LCMS	18-NOV-2024
Norfenfluramine	ND(25)	ng/g	LCMS	18-NOV-2024
Octopamine	ND(100)	ng/g	LCMS	18-NOV-2024
Oxethazaine	ND(25)	ng/g	LCMS	19-NOV-2024
Pemoline	ND(25)	ng/g	LCMS	18-NOV-2024
Pentylentetrazole	ND(25)	ng/g	LCMS	18-NOV-2024
Phendimetrazine	ND(25)	ng/g	LCMS	18-NOV-2024
Phenmetrazine	ND(25)	ng/g	LCMS	18-NOV-2024
Phenpentermine	ND(25)	ng/g	LCMS	18-NOV-2024
Phenpromethamine	ND(25)	ng/g	LCMS	18-NOV-2024
Phentermine	ND(25)	ng/g	LCMS	18-NOV-2024
1-Phenyl-2-butanamine	ND(25)	ng/g	LCMS	18-NOV-2024
1-Phenylpentan-2-amine	ND(25)	ng/g	LCMS	18-NOV-2024
Phenylpropanolamine	ND(25)	ng/g	LCMS	18-NOV-2024
Prenylamine	ND(25)	ng/g	LCMS	19-NOV-2024
Prolintane	ND(25)	ng/g	LCMS	18-NOV-2024
Propylhexadrine	ND(25)	ng/g	LCMS	18-NOV-2024
Pseudoephedrine	ND(10)	ng/g	LCMS	18-NOV-2024
Pyrovalerone	ND(25)	ng/g	LCMS	18-NOV-2024
Sibutramine	ND(25)	ng/g	LCMS	19-NOV-2024
Strychnine	ND(25)	ng/g	LCMS	18-NOV-2024
Trimetazidine	ND(25)	ng/g	LCMS	18-NOV-2024
2-amino-5-methylhexane	ND(25)	ng/g	LCMS	18-NOV-2024
2-amino-6-methylheptane	ND(25)	ng/g	LCMS	18-NOV-2024
Beta Blockers				
Acebutolol	ND(25)	ng/g	LCMS	18-NOV-2024
Alprenolol	ND(25)	ng/g	LCMS	18-NOV-2024
Atenolol	ND(25)	ng/g	LCMS	18-NOV-2024
Betaxolol	ND(25)	ng/g	LCMS	18-NOV-2024
Bisoprolol	ND(25)	ng/g	LCMS	18-NOV-2024
Carteolol	ND(25)	ng/g	LCMS	18-NOV-2024
Esmolol	ND(25)	ng/g	LCMS	18-NOV-2024
Levobunolol	ND(25)	ng/g	LCMS	18-NOV-2024
Metoprolol	ND(25)	ng/g	LCMS	18-NOV-2024
Nadolol	ND(25)	ng/g	LCMS	18-NOV-2024
Oxprenolol	ND(25)	ng/g	LCMS	18-NOV-2024
Pindolol	ND(25)	ng/g	LCMS	18-NOV-2024
Propranolol	ND(25)	ng/g	LCMS	18-NOV-2024
Sotalol	ND(25)	ng/g	LCMS	18-NOV-2024



Sample Id: S-0002172076

Testing Parameter	Result	Units	Technique	Date analyzed
Beta Blockers				
Timolol	ND(25)	ng/g	LCMS	18-NOV-2024
Selective Androgen Receptor Modulators				
S-1	ND(5)	ng/g	LCMS	18-NOV-2024
LGD-4033	ND(5.0)	ng/g	LCMS	19-NOV-2024
C-6	ND(5)	ng/g	LCMS	18-NOV-2024
Andarine	ND(5)	ng/g	LCMS	18-NOV-2024
CAS#541497-95-4	ND(5)	ng/g	LCMS	18-NOV-2024
Ostarine	ND(5)	ng/g	LCMS	18-NOV-2024
Metabolic Modulators				
AICAR	ND(25)	ng/g	LCMS	18-NOV-2024
GW0742	ND(10)	ng/g	LCMS	18-NOV-2024
GW501516	ND(10)	ng/g	LCMS	18-NOV-2024
Growth Hormone Secretagogues				
GHRP-1	ND(200)	ng/g	LCMS	18-NOV-2024
GHRP-2	ND(200)	ng/g	LCMS	18-NOV-2024
LGD-2226	ND(5)	ng/g	LCMS	19-NOV-2024
GHRP-4	ND(200)	ng/g	LCMS	18-NOV-2024
GHRP-5	ND(200)	ng/g	LCMS	18-NOV-2024
GHRP-6	ND(200)	ng/g	LCMS	18-NOV-2024
Alexamorelin	ND(200)	ng/g	LCMS	18-NOV-2024
Anamorelin	ND(5.0)	ng/g	LCMS	19-NOV-2024
Hexarelin	ND(200)	ng/g	LCMS	18-NOV-2024
Ibutamoren	ND(5)	ng/g	LCMS	19-NOV-2024
Ipamorelin	ND(200)	ng/g	LCMS	18-NOV-2024

Sample Notes [S-0002172076]:

During LCMS analysis, the following compound did not meet the laboratory quality control criteria for the sample tested: Formebolone. The laboratory result was acceptable relative to the maximum report threshold stated in the NSF Certified for Sport Program - Guideline 306.



Job Notes:

Conformance assessment for:
delta-8-THC was performed under NSF Deviation # 2023-008.
N-methylphenylethylamine and N,N-dimethylphenylethylamine was performed under NSF Deviation # 2024-002.



Testing Laboratories:

	Id	Address
All work performed at: (Unless otherwise specified)	NSF_AA	NSF 789 N. Dixboro Road Ann Arbor MI 48105

References to Testing Procedures:

NSF Reference	Parameter / Test Description
C0432	Anabolic Agents Semi-Quantitative by GC/MS in Product
C1032	* Dietary Supplements Lab Summary Test Code
C1118	Stimulants Semi-Quantitative by LC/MS in Product, ABS Screen
C1119	Steroids Semi-Quantitative by LCMS in Product, ABS Screen
C1120	Diuretics Semi-Quantitative by LCMS in Product, ABS Screen
C1221	Stimulants Semi-Quantitative by HILIC/MS in Product, ABS Screen
C1222	GHRPs Semi-Quantitative by LC/HRMS in Product, ABS Screen
C1225	GHB Semi-Quantitative by GC/MS in Product
C1230	ABS Portion & Weigh Date
C1317	SARMs Semi-Quantitative by LC/MS in Product, ABS Screen

Test descriptions preceded by an asterisk “*” indicate that testing has been performed per NSF requirements but is not within its scope of accreditation.

Unless otherwise indicated, method uncertainties are not applied in any determinations of conformity. Testing utilizes the requested sections of any referenced standards, which may not be the entire standard.

Dates of Laboratory Activity: 07-NOV-2024 to 20-NOV-2024



789 N. Dixboro Rd. Ann Arbor, MI 48105, USA
1-800.NSF.MARK | +1-734.769.8010 | www.nsf.org

EVALUATION REPORT

Send To: C0778175

[Redacted]
Life Time, Inc.
2902 Corporate Place
Chanhassen, MN 55317

Facility: C0778182

[Redacted]
Benicia CA 94510
United States

Result	PASS	Report Date	21-NOV-2024
Customer Name	Life Time, Inc.		
Tested To	NSF 306		
Description	LTH FLEX Whey Protein Isolate Chocolate Powder 24297-3		
Trade Designation	LTH FLEX Whey Protein Isolate Chocolate		
Test Type	Qualification		
Job Number	J-00517542		
Project Number	W0964105		
Project Manager	[Redacted]		

Thank you for having your product tested by NSF.

Please contact your Project Manager if you have any questions or concerns pertaining to this report.

Report Authorization [Redacted]
[Redacted]

Date 21-NOV-2024



General Information

Guideline: NSF 306
DCC Number: FC01494
Lot#: 24297-3
Physical Description of Sample: Powder
Test Description: NSF Certified for Sport Testing
Trade Designation / Product ID: LTH FLEX Whey Protein Isolate Chocolate

Sample Id: S-0002172952
Description: LTH FLEX Whey Protein Isolate Chocolate | Powder | 24297-3
Sampled Date: 11/12/2024
Received Date: 11/12/2024

Testing Parameter	Result	Units	Technique	Date analyzed
General Information				
Expiration Date	10/28/2026			
Lot Number	24297-3			
Mass per serving	28	grams		
Servings per daily dose	1			

Sample Id: S-0002172953
Description: LTH FLEX Whey Protein Isolate Chocolate | Powder | 24297-3
Sampled Date: 11/12/2024
Received Date: 11/12/2024

Testing Parameter	Result	Units	Technique	Date analyzed
Anabolic Agents				
5a-Androstan-3a, 17a-diol	ND(20)	ng/g	GCMS	18-NOV-2024
5a-Androstan-3a, 17b-diol	ND(20)	ng/g	GCMS	18-NOV-2024
5a-Androstan-3b, 17a-diol	ND(20)	ng/g	GCMS	18-NOV-2024
5a-Androstan-3b, 17b-diol	ND(20)	ng/g	GCMS	18-NOV-2024
Androstanedione	ND(5.0)	ng/g	GCMS	18-NOV-2024
2-Androsten-17-one	ND(5.0)	ng/g	GCMS	18-NOV-2024
5-Androsten-3, 17-dione	ND(20)	ng/g	GCMS	18-NOV-2024
4-Androsten-3a, 17b-diol	ND(20)	ng/g	GCMS	18-NOV-2024
4-Androsten-3a-ol-17-one	ND(5.0)	ng/g	GCMS	18-NOV-2024
5-Androsten-3b, 17a-diol	ND(20)	ng/g	GCMS	18-NOV-2024
4-Androsten-3b,17a-diol	ND(20)	ng/g	GCMS	18-NOV-2024
4-Androsten-3b-ol-17-one	ND(5.0)	ng/g	GCMS	18-NOV-2024
1-Androstendiol	ND(5.0)	ng/g	GCMS	18-NOV-2024
1-Androstenedione	ND(5.0)	ng/g	GCMS	18-NOV-2024
4-Androstenediol	ND(20)	ng/g	GCMS	18-NOV-2024
Androstenediol	ND(20)	ng/g	GCMS	18-NOV-2024
4-Androstenedione	ND(20)	ng/g	GCMS	18-NOV-2024
1-Androsterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Androsterone	ND(20)	ng/g	GCMS	18-NOV-2024
Bolandiol	ND(10)	ng/g	GCMS	18-NOV-2024
Bolasterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Boldenone	ND(10)	ng/g	GCMS	18-NOV-2024
Boldione	ND(5.0)	ng/g	GCMS	18-NOV-2024
Calusterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Clostebol	ND(5.0)	ng/g	GCMS	18-NOV-2024
Danazol	ND(5.0)	ng/g	GCMS	18-NOV-2024
Dehydroandrosterone	ND(5.0)	ng/g	GCMS	18-NOV-2024



Sample Id: S-0002172953

Testing Parameter	Result	Units	Technique	Date analyzed
Anabolic Agents				
Dehydroepiandrosterone	ND(20)	ng/g	GCMS	18-NOV-2024
Desoxymethyltestosterone	ND(10)	ng/g	GCMS	18-NOV-2024
Dihydrotestosterone	ND(20)	ng/g	GCMS	18-NOV-2024
Drostanolone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Epiandrosterone	ND(20)	ng/g	GCMS	18-NOV-2024
Estra-4,9,11-triene-3,17-dione	ND(5)	ng/g	LCMS	19-NOV-2024
Estra-4,9-diene-3,17-dione	ND(5)	ng/g	LCMS	19-NOV-2024
Ethylestrenol	ND(10)	ng/g	GCMS	18-NOV-2024
Etiocholanolone	ND(20)	ng/g	GCMS	18-NOV-2024
Exemestane	ND(20)	ng/g	GCMS	18-NOV-2024
Fluoxymesterone	ND(10)	ng/g	GCMS	18-NOV-2024
Formebolone	ND(100)	ng/g	LCMS	19-NOV-2024
Furazabol	ND(5.0)	ng/g	GCMS	18-NOV-2024
Gestrinone	ND(5)	ng/g	LCMS	19-NOV-2024
11a-Hydroxymethyltestosterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
17-Hydroxyprogesterone	ND(20)	ng/g	GCMS	18-NOV-2024
4-Hydroxytestosterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Mestanolone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Mesterolone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Methandienone	ND(2.0)	ng/g	GCMS	18-NOV-2024
Methandriol	ND(5.0)	ng/g	GCMS	18-NOV-2024
Methasterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Methenolone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Methyl-1-testosterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Methylclostebol	ND(5)	ng/g	LCMS	19-NOV-2024
Methylclostediol	ND(5.0)	ng/g	GCMS	18-NOV-2024
Methyldienolone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Methylnortestosterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Methylstenbolone	ND(5)	ng/g	LCMS	19-NOV-2024
Methyltestosterone	ND(2.0)	ng/g	GCMS	18-NOV-2024
Methyltrienolone	ND(5)	ng/g	LCMS	19-NOV-2024
Mibolerone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Nandrolone	ND(5.0)	ng/g	GCMS	18-NOV-2024
19-Nor-5-Androstenediol	ND(5.0)	ng/g	GCMS	18-NOV-2024
19-Norandrostenedione	ND(5.0)	ng/g	GCMS	18-NOV-2024
19-Norandrosterone	ND(20)	ng/g	GCMS	18-NOV-2024
Norbolethone	ND(5.0)	ng/g	LCMS	18-NOV-2024
Norclostebol	ND(5.0)	ng/g	GCMS	18-NOV-2024
Norethandrolone	ND(5.0)	ng/g	GCMS	18-NOV-2024
19-Noretiocholanolone	ND(20)	ng/g	GCMS	18-NOV-2024
Oxabolone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Oxandrolone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Oxymesterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Oxymetholone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Progesterone	ND(100)	ng/g	GCMS	18-NOV-2024
Prostanazol	ND(5)	ng/g	LCMS	19-NOV-2024
Quinbolone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Stanozolol	ND(2)	ng/g	LCMS	19-NOV-2024
Stenbolone	ND(5)	ng/g	LCMS	19-NOV-2024
1-Testosterone	ND(5.0)	ng/g	GCMS	18-NOV-2024



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Testing Parameter	Result	Units	Technique	Date analyzed
Anabolic Agents				
Testosterone	ND(20)	ng/g	GCMS	18-NOV-2024
Tetrahydrogestrinone	ND(5)	ng/g	LCMS	19-NOV-2024
Tibolone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Trenbolone	ND(5)	ng/g	LCMS	19-NOV-2024
Turinabol-oral	ND(2.0)	ng/g	GCMS	18-NOV-2024
Turinadiol-a	ND(5)	ng/g	GCMS	18-NOV-2024
Turinadiol-b	ND(5)	ng/g	GCMS	18-NOV-2024
Zilpaterol	ND(5)	ng/g	LCMS	18-NOV-2024
alpha-Zearalanol	ND(5)	ng/g	LCMS	19-NOV-2024
Epi-dihydrotestosterone	ND(20)	ng/g	GCMS	18-NOV-2024
7a-hydroxy-dehydroepiandrosterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
7b-hydroxy-dehydroepiandrosterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
7-keto-dehydroepiandrosterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Beta-Agonists				
Bambuterol	ND(20)	ng/g	LCMS	18-NOV-2024
Brombuterol	ND(20)	ng/g	LCMS	18-NOV-2024
Clenbuterol	ND(2)	ng/g	LCMS	18-NOV-2024
Clozapine	ND(25)	ng/g	LCMS	18-NOV-2024
Fenoterol	ND(20)	ng/g	LCMS	18-NOV-2024
Formoterol	ND(20)	ng/g	LCMS	18-NOV-2024
Labetalol	ND(25)	ng/g	LCMS	18-NOV-2024
Procaterol	ND(20)	ng/g	LCMS	18-NOV-2024
Propafenone	ND(25)	ng/g	LCMS	18-NOV-2024
Ractopamine	ND(20)	ng/g	LCMS	18-NOV-2024
Ritodrine	ND(20)	ng/g	LCMS	18-NOV-2024
Salbutamol	ND(20)	ng/g	LCMS	18-NOV-2024
Salmeterol	ND(20)	ng/g	LCMS	19-NOV-2024
Terbutaline	ND(20)	ng/g	LCMS	18-NOV-2024
Vilanterol	ND(20)	ng/g	LCMS	19-NOV-2024
Diuretics				
Acetazolamide	ND(20)	ng/g	LCMS	19-NOV-2024
Althiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Amiloride	ND(20)	ng/g	LCMS	18-NOV-2024
Bendroflumethiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Benzthiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Bumetanide	ND(20)	ng/g	LCMS	19-NOV-2024
Buthiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Canrenone	ND(20)	ng/g	LCMS	19-NOV-2024
Chlorothiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Chlorthalidone	ND(40)	ng/g	LCMS	18-NOV-2024
Cyclothiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Ethacrynic acid	ND(20)	ng/g	LCMS	19-NOV-2024
Furosemide	ND(20)	ng/g	LCMS	19-NOV-2024
Hydrochlorothiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Hydroflumethiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Indapamide	ND(20)	ng/g	LCMS	19-NOV-2024
Methiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Methylclothiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Metolazone	ND(20)	ng/g	LCMS	19-NOV-2024
Polythiazide	ND(20)	ng/g	LCMS	19-NOV-2024



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Testing Parameter	Result	Units	Technique	Date analyzed
Diuretics				
Quinethazone	ND(20)	ng/g	LCMS	19-NOV-2024
Spironolactone	ND(20)	ng/g	LCMS	19-NOV-2024
Triamterene	ND(20)	ng/g	LCMS	18-NOV-2024
Trichlormethiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Hormone Antagonists				
Aminoglutethimide	ND(20)	ng/g	LCMS	19-NOV-2024
Anastrozole	ND(20)	ng/g	LCMS	18-NOV-2024
Androsta-1,4,6-trien-17b-ol-3-one	ND(20)	ng/g	LCMS	19-NOV-2024
Androsta-1,4,6-trienedione	ND(20)	ng/g	LCMS	19-NOV-2024
Androsta-3,5-diene-7,17-dione	ND(20)	ng/g	GCMS	18-NOV-2024
5a-Androstan-17b-ol-3,6-dione	ND(20)	ng/g	GCMS	18-NOV-2024
5a-Androstan-3,6,17-trione	ND(20)	ng/g	GCMS	18-NOV-2024
4-Androsten-3,6,17-trione	ND(20)	ng/g	GCMS	18-NOV-2024
Clomiphene	ND(20)	ng/g	LCMS	19-NOV-2024
Cyclofenil	ND(20)	ng/g	LCMS	19-NOV-2024
N-Desmethyltamoxifen	ND(20)	ng/g	LCMS	19-NOV-2024
Formestane	ND(20)	ng/g	GCMS	18-NOV-2024
Fulvestrant	ND(20)	ng/g	LCMS	19-NOV-2024
Letrozole	ND(40)	ng/g	LCMS	19-NOV-2024
Raloxifene	ND(20)	ng/g	LCMS	19-NOV-2024
Tamoxifen	ND(20)	ng/g	LCMS	19-NOV-2024
Testolactone	ND(20)	ng/g	LCMS	19-NOV-2024
Toremifene	ND(20)	ng/g	LCMS	19-NOV-2024
6-alpha-bromoandrostadiendione	ND(20)	ng/g	LCMS	19-NOV-2024
6-alpha-bromoandrostenedione	ND(20)	ng/g	LCMS	19-NOV-2024
6-alpha-bromotestosterone	ND(20)	ng/g	LCMS	19-NOV-2024
6-beta-bromoandrostadiendione	ND(20)	ng/g	LCMS	19-NOV-2024
6-beta-bromoandrostenedione	ND(20)	ng/g	LCMS	19-NOV-2024
6-beta-bromotestosterone	ND(20)	ng/g	LCMS	19-NOV-2024
Masking Agents				
Dutasteride	ND(20)	ng/g	LCMS	19-NOV-2024
Epitestosterone	ND(20)	ng/g	GCMS	18-NOV-2024
Finasteride	ND(20)	ng/g	LCMS	19-NOV-2024
Probenecid	ND(20)	ng/g	LCMS	19-NOV-2024
Narcotics/Cannabinoids				
JWH-018	ND(5)	ng/g	LCMS	19-NOV-2024
JWH-073	ND(5)	ng/g	LCMS	19-NOV-2024
HU-210	ND(20)	ng/g	LCMS	19-NOV-2024
Codeine	ND(10)	ng/g	LCMS	18-NOV-2024
LSD	ND(10)	ng/g	LCMS	18-NOV-2024
Morphine	ND(100)	ng/g	LCMS	18-NOV-2024
Oxycodone	ND(10)	ng/g	LCMS	18-NOV-2024
Phencyclidine	ND(10)	ng/g	LCMS	18-NOV-2024
delta-10-THC	ND(100)	ng/g	LCMS	19-NOV-2024
delta-8-THC	ND(100)	ng/g	LCMS	19-NOV-2024
delta-9-THC	ND(100)	ng/g	LCMS	19-NOV-2024
4-hydroxybutanoic acid (GHB)	3000	ng/g	GCMS	15-NOV-2024
Stimulants				
Adrafinil	ND(25)	ng/g	LCMS	19-NOV-2024
6-Amino-2-methyl-2-heptanol	ND(25)	ng/g	LCMS	18-NOV-2024



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Testing Parameter	Result	Units	Technique	Date analyzed
Stimulants				
2-Aminoheptane	ND(25)	ng/g	LCMS	18-NOV-2024
Amiphenazole	ND(40)	ng/g	LCMS	19-NOV-2024
Amphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
Benfluorex	ND(25)	ng/g	LCMS	18-NOV-2024
Benzphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
Benzylpiperazine	ND(25)	ng/g	LCMS	18-NOV-2024
Bromantan	ND(25)	ng/g	LCMS	19-NOV-2024
Carphedone	ND(25)	ng/g	LCMS	18-NOV-2024
Cathine	ND(25)	ng/g	LCMS	18-NOV-2024
p-Chloroamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
Chlorphentermine	ND(25)	ng/g	LCMS	18-NOV-2024
Clobenzorex	ND(25)	ng/g	LCMS	18-NOV-2024
Cocaine	ND(25)	ng/g	LCMS	18-NOV-2024
Cropropamide	ND(25)	ng/g	LCMS	18-NOV-2024
Crotethamide	ND(25)	ng/g	LCMS	18-NOV-2024
Deprenyl	ND(25)	ng/g	LCMS	18-NOV-2024
N-Desmethylselegiline	ND(25)	ng/g	LCMS	18-NOV-2024
N-Desmethylsibutramine	ND(25)	ng/g	LCMS	19-NOV-2024
Deterenol	ND(25)	ng/g	LCMS	18-NOV-2024
N,N-Didesmethylsibutramine	ND(25)	ng/g	LCMS	19-NOV-2024
N,a-Diethylphenylethylamine	ND(25)	ng/g	LCMS	18-NOV-2024
N,b-Diethylphenylethylamine	ND(25)	ng/g	LCMS	18-NOV-2024
Diethylpropion	ND(25)	ng/g	LCMS	18-NOV-2024
N,N-Dimethyl-2-phenylpropan-1-amine	ND(25)	ng/g	LCMS	18-NOV-2024
Dimethylamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
1,3-Dimethylbutylamine	ND(25)	ng/g	LCMS	18-NOV-2024
N,N-Dimethylphenylethylamine	ND(100)	ng/g	LCMS	18-NOV-2024
Ephedrine	ND(10)	ng/g	LCMS	18-NOV-2024
Ethamivan	ND(25)	ng/g	LCMS	18-NOV-2024
Ethylamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
Etilefrine	ND(25)	ng/g	LCMS	18-NOV-2024
Famprofazone	ND(25)	ng/g	LCMS	19-NOV-2024
Fenbutrazate	ND(25)	ng/g	LCMS	19-NOV-2024
Fencamfamine	ND(25)	ng/g	LCMS	18-NOV-2024
Fencamine	ND(25)	ng/g	LCMS	18-NOV-2024
Fenetylline	ND(25)	ng/g	LCMS	18-NOV-2024
Fenfluramine	ND(25)	ng/g	LCMS	18-NOV-2024
Fenproporex	ND(25)	ng/g	LCMS	18-NOV-2024
Furfenorex	ND(25)	ng/g	LCMS	18-NOV-2024
4-Hydroxyamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
Isometheptene	ND(25)	ng/g	LCMS	18-NOV-2024
3,4-MDA	ND(25)	ng/g	LCMS	18-NOV-2024
3,4-MDMA	ND(25)	ng/g	LCMS	18-NOV-2024
Mazindol	ND(25)	ng/g	LCMS	18-NOV-2024
Meclofenoxate	ND(25)	ng/g	LCMS	18-NOV-2024
Mefenorex	ND(25)	ng/g	LCMS	18-NOV-2024
Mephentermine	ND(25)	ng/g	LCMS	18-NOV-2024
Mesocarb	ND(25)	ng/g	LCMS	19-NOV-2024
Methamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
2-Methoxyphenylethylamine	ND(25)	ng/g	LCMS	18-NOV-2024



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Testing Parameter	Result	Units	Technique	Date analyzed
Stimulants				
Methyl-(3-phenylpropyl)-amine	ND(25)	ng/g	LCMS	18-NOV-2024
4-Methylamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
Methylephedrine	ND(10)	ng/g	LCMS	18-NOV-2024
Methylhexanamine	ND(25)	ng/g	LCMS	18-NOV-2024
N-Methylphenethylamine	ND(100)	ng/g	LCMS	18-NOV-2024
beta-Methylphenethylamine	ND(25)	ng/g	LCMS	18-NOV-2024
Methylphenidate	ND(25)	ng/g	LCMS	18-NOV-2024
N-Methylpseudoephedrine	ND(25)	ng/g	LCMS	18-NOV-2024
Methylsynephrine	ND(25)	ng/g	LCMS	18-NOV-2024
Modafinil	ND(25)	ng/g	LCMS	18-NOV-2024
Nikethamide	ND(25)	ng/g	LCMS	18-NOV-2024
Norfenefrine	ND(25)	ng/g	LCMS	18-NOV-2024
Norfenfluramine	ND(25)	ng/g	LCMS	18-NOV-2024
Octopamine	ND(100)	ng/g	LCMS	18-NOV-2024
Oxethazaine	ND(25)	ng/g	LCMS	19-NOV-2024
Pemoline	ND(25)	ng/g	LCMS	18-NOV-2024
Pentylentetrazole	ND(25)	ng/g	LCMS	18-NOV-2024
Phendimetrazine	ND(25)	ng/g	LCMS	18-NOV-2024
Phenmetrazine	ND(25)	ng/g	LCMS	18-NOV-2024
Phenpentermine	ND(25)	ng/g	LCMS	18-NOV-2024
Phenpromethamine	ND(25)	ng/g	LCMS	18-NOV-2024
Phentermine	ND(25)	ng/g	LCMS	18-NOV-2024
1-Phenyl-2-butanamine	ND(25)	ng/g	LCMS	18-NOV-2024
1-Phenylpentan-2-amine	ND(25)	ng/g	LCMS	18-NOV-2024
Phenylpropanolamine	ND(25)	ng/g	LCMS	18-NOV-2024
Prenylamine	ND(25)	ng/g	LCMS	19-NOV-2024
Prolintane	ND(25)	ng/g	LCMS	18-NOV-2024
Propylhexadrine	ND(25)	ng/g	LCMS	18-NOV-2024
Pseudoephedrine	ND(10)	ng/g	LCMS	18-NOV-2024
Pyrovalerone	ND(25)	ng/g	LCMS	18-NOV-2024
Sibutramine	ND(25)	ng/g	LCMS	19-NOV-2024
Strychnine	ND(25)	ng/g	LCMS	18-NOV-2024
Trimetazidine	ND(25)	ng/g	LCMS	18-NOV-2024
2-amino-5-methylhexane	ND(25)	ng/g	LCMS	18-NOV-2024
2-amino-6-methylheptane	ND(25)	ng/g	LCMS	18-NOV-2024
Beta Blockers				
Acebutolol	ND(25)	ng/g	LCMS	18-NOV-2024
Alprenolol	ND(25)	ng/g	LCMS	18-NOV-2024
Atenolol	ND(25)	ng/g	LCMS	18-NOV-2024
Betaxolol	ND(25)	ng/g	LCMS	18-NOV-2024
Bisoprolol	ND(25)	ng/g	LCMS	18-NOV-2024
Carteolol	ND(25)	ng/g	LCMS	18-NOV-2024
Esmolol	ND(25)	ng/g	LCMS	18-NOV-2024
Levobunolol	ND(25)	ng/g	LCMS	18-NOV-2024
Metoprolol	ND(25)	ng/g	LCMS	18-NOV-2024
Nadolol	ND(25)	ng/g	LCMS	18-NOV-2024
Oxprenolol	ND(25)	ng/g	LCMS	18-NOV-2024
Pindolol	ND(25)	ng/g	LCMS	18-NOV-2024
Propranolol	ND(25)	ng/g	LCMS	18-NOV-2024
Sotalol	ND(25)	ng/g	LCMS	18-NOV-2024



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Testing Parameter	Result	Units	Technique	Date analyzed
Beta Blockers				
Timolol	ND(25)	ng/g	LCMS	18-NOV-2024
Selective Androgen Receptor Modulators				
S-1	ND(5)	ng/g	LCMS	18-NOV-2024
LGD-4033	ND(5.0)	ng/g	LCMS	19-NOV-2024
C-6	ND(5)	ng/g	LCMS	18-NOV-2024
Andarine	ND(5)	ng/g	LCMS	18-NOV-2024
CAS#541497-95-4	ND(5)	ng/g	LCMS	18-NOV-2024
Ostarine	ND(5)	ng/g	LCMS	18-NOV-2024
Metabolic Modulators				
AICAR	ND(25)	ng/g	LCMS	18-NOV-2024
GW0742	ND(10)	ng/g	LCMS	18-NOV-2024
GW501516	ND(10)	ng/g	LCMS	18-NOV-2024
Growth Hormone Secretagogues				
GHRP-1	ND(200)	ng/g	LCMS	18-NOV-2024
GHRP-2	ND(200)	ng/g	LCMS	18-NOV-2024
LGD-2226	ND(5)	ng/g	LCMS	19-NOV-2024
GHRP-4	ND(200)	ng/g	LCMS	18-NOV-2024
GHRP-5	ND(200)	ng/g	LCMS	18-NOV-2024
GHRP-6	ND(200)	ng/g	LCMS	18-NOV-2024
Alexamorelin	ND(200)	ng/g	LCMS	18-NOV-2024
Anamorelin	ND(5.0)	ng/g	LCMS	19-NOV-2024
Hexarelin	ND(200)	ng/g	LCMS	18-NOV-2024
Ibutamoren	ND(5)	ng/g	LCMS	19-NOV-2024
Ipamorelin	ND(200)	ng/g	LCMS	18-NOV-2024

Sample Notes [S-0002172953]:

During LCMS analysis, the following compound did not meet the laboratory quality control criteria for the sample tested: Formebolone. The laboratory result was acceptable relative to the maximum report threshold stated in the NSF Certified for Sport Program - Guideline 306.



Job Notes:

Conformance assessment for:
delta-8-THC was performed under NSF Deviation # 2023-008.
N-methylphenylethylamine and N,N-dimethylphenylethylamine was performed under NSF Deviation # 2024-002.



Testing Laboratories:

	Id	Address
All work performed at: (Unless otherwise specified)	NSF_AA	NSF 789 N. Dixboro Road Ann Arbor MI 48105

References to Testing Procedures:

NSF Reference	Parameter / Test Description
C0432	Anabolic Agents Semi-Quantitative by GC/MS in Product
C1032	* Dietary Supplements Lab Summary Test Code
C1118	Stimulants Semi-Quantitative by LC/MS in Product, ABS Screen
C1119	Steroids Semi-Quantitative by LCMS in Product, ABS Screen
C1120	Diuretics Semi-Quantitative by LCMS in Product, ABS Screen
C1221	Stimulants Semi-Quantitative by HILIC/MS in Product, ABS Screen
C1222	GHRPs Semi-Quantitative by LC/HRMS in Product, ABS Screen
C1225	GHB Semi-Quantitative by GC/MS in Product
C1230	ABS Portion & Weigh Date
C1317	SARMs Semi-Quantitative by LC/MS in Product, ABS Screen

Test descriptions preceded by an asterisk “*” indicate that testing has been performed per NSF requirements but is not within its scope of accreditation.

Unless otherwise indicated, method uncertainties are not applied in any determinations of conformity. Testing utilizes the requested sections of any referenced standards, which may not be the entire standard.

Dates of Laboratory Activity: 12-NOV-2024 to 20-NOV-2024



789 N. Dixboro Rd. Ann Arbor, MI 48105, USA
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EVALUATION REPORT

Send To: C0778175

Life Time, Inc.
2902 Corporate Place
Chanhassen, MN 55317

Facility: C0778182

Benicia CA 94510
United States

Result	PASS	Report Date	20-NOV-2024
Customer Name	Life Time, Inc.		
Tested To	NSF 306		
Description	LTH FLEX Whey Protein Isolate Vanilla Powder 24298-3		
Trade Designation	LTH FLEX Whey Protein Isolate Vanilla		
Test Type	Qualification		
Job Number	J-00517543		
Project Number	W0964106		
Project Manager			

Thank you for having your product tested by NSF.

Please contact your Project Manager if you have any questions or concerns pertaining to this report.

Report Authorization

Date 20-NOV-2024



General Information

Guideline: NSF 306
DCC Number: FC01496
Lot#: 24298-3
Physical Description of Sample: Powder
Test Description: NSF Certified for Sport Testing
Trade Designation / Product ID: LTH FLEX Whey Protein Isolate Vanilla

Sample Id: S-0002172944
Description: LTH FLEX Whey Protein Isolate Vanilla | Powder | 24298-3
Sampled Date: 11/12/2024
Received Date: 11/12/2024

Testing Parameter	Result	Units	Technique	Date analyzed
General Information				
Expiration Date	10/30/2026			
Lot Number	24298-3			

Sample Id: S-0002172945
Description: LTH FLEX Whey Protein Isolate Vanilla | Powder | 24298-3
Sampled Date: 11/12/2024
Received Date: 11/12/2024

Testing Parameter	Result	Units	Technique	Date analyzed
Anabolic Agents				
5a-Androstan-3a, 17a-diol	ND(20)	ng/g	GCMS	18-NOV-2024
5a-Androstan-3a, 17b-diol	ND(20)	ng/g	GCMS	18-NOV-2024
5a-Androstan-3b, 17a-diol	ND(20)	ng/g	GCMS	18-NOV-2024
5a-Androstan-3b, 17b-diol	ND(20)	ng/g	GCMS	18-NOV-2024
Androstanedione	ND(5.0)	ng/g	GCMS	18-NOV-2024
2-Androsten-17-one	ND(5.0)	ng/g	GCMS	18-NOV-2024
5-Androsten-3, 17-dione	ND(20)	ng/g	GCMS	18-NOV-2024
4-Androsten-3a, 17b-diol	ND(20)	ng/g	GCMS	18-NOV-2024
4-Androsten-3a-ol-17-one	ND(5.0)	ng/g	GCMS	18-NOV-2024
5-Androsten-3b, 17a-diol	ND(20)	ng/g	GCMS	18-NOV-2024
4-Androsten-3b,17a-diol	ND(20)	ng/g	GCMS	18-NOV-2024
4-Androsten-3b-ol-17-one	ND(5.0)	ng/g	GCMS	18-NOV-2024
1-Androstendiol	ND(5.0)	ng/g	GCMS	18-NOV-2024
1-Androstendione	ND(5.0)	ng/g	GCMS	18-NOV-2024
4-Androstenediol	ND(20)	ng/g	GCMS	18-NOV-2024
Androstenediol	ND(20)	ng/g	GCMS	18-NOV-2024
4-Androstenedione	ND(20)	ng/g	GCMS	18-NOV-2024
1-Androsterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Androsterone	ND(20)	ng/g	GCMS	18-NOV-2024
Bolandiol	ND(10)	ng/g	GCMS	18-NOV-2024
Bolasterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Boldenone	ND(10)	ng/g	GCMS	18-NOV-2024
Boldione	ND(5.0)	ng/g	GCMS	18-NOV-2024
Calusterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Clostebol	ND(5.0)	ng/g	GCMS	18-NOV-2024
Danazol	ND(5.0)	ng/g	GCMS	18-NOV-2024
Dehydroandrosterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Dehydroepiandrosterone	ND(20)	ng/g	GCMS	18-NOV-2024
Desoxymethyltestosterone	ND(10)	ng/g	GCMS	18-NOV-2024



Sample Id: S-0002172945

Testing Parameter	Result	Units	Technique	Date analyzed
Anabolic Agents				
Dihydrotestosterone	ND(20)	ng/g	GCMS	18-NOV-2024
Drostanolone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Epiandrosterone	ND(20)	ng/g	GCMS	18-NOV-2024
Estra-4,9,11-triene-3,17-dione	ND(5)	ng/g	LCMS	19-NOV-2024
Estra-4,9-diene-3,17-dione	ND(5)	ng/g	LCMS	19-NOV-2024
Ethylestrenol	ND(10)	ng/g	GCMS	18-NOV-2024
Etiocholanolone	ND(20)	ng/g	GCMS	18-NOV-2024
Exemestane	ND(20)	ng/g	GCMS	18-NOV-2024
Fluoxymesterone	ND(10)	ng/g	GCMS	18-NOV-2024
Formebolone	ND(100)	ng/g	LCMS	19-NOV-2024
Furazabol	ND(5.0)	ng/g	GCMS	18-NOV-2024
Gestrinone	ND(5)	ng/g	LCMS	19-NOV-2024
11a-Hydroxymethyltestosterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
17-Hydroxyprogesterone	ND(20)	ng/g	GCMS	18-NOV-2024
4-Hydroxytestosterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Mestanolone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Mesterolone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Methandienone	ND(2.0)	ng/g	GCMS	18-NOV-2024
Methandriol	ND(5.0)	ng/g	GCMS	18-NOV-2024
Methasterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Methenolone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Methyl-1-testosterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Methylclostebol	ND(5)	ng/g	LCMS	19-NOV-2024
Methylclostediol	ND(5.0)	ng/g	GCMS	18-NOV-2024
Methyldienolone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Methylnortestosterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Methylstenbolone	ND(5)	ng/g	LCMS	19-NOV-2024
Methyltestosterone	ND(2.0)	ng/g	GCMS	18-NOV-2024
Methyltrienolone	ND(5)	ng/g	LCMS	19-NOV-2024
Mibolerone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Nandrolone	ND(5.0)	ng/g	GCMS	18-NOV-2024
19-Nor-5-Androstenediol	ND(5.0)	ng/g	GCMS	18-NOV-2024
19-Norandrostenedione	ND(5.0)	ng/g	GCMS	18-NOV-2024
19-Norandrosterone	ND(20)	ng/g	GCMS	18-NOV-2024
Norbolethone	ND(5.0)	ng/g	LCMS	18-NOV-2024
Norclostebol	ND(5.0)	ng/g	GCMS	18-NOV-2024
Norethandrolone	ND(5.0)	ng/g	GCMS	18-NOV-2024
19-Noretiocholanolone	ND(20)	ng/g	GCMS	18-NOV-2024
Oxabolone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Oxandrolone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Oxymesterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Oxymetholone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Progesterone	ND(100)	ng/g	GCMS	18-NOV-2024
Prostanazol	ND(5)	ng/g	LCMS	19-NOV-2024
Quinbolone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Stanozolol	ND(2)	ng/g	LCMS	19-NOV-2024
Stenbolone	ND(5)	ng/g	LCMS	19-NOV-2024
1-Testosterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Testosterone	ND(20)	ng/g	GCMS	18-NOV-2024
Tetrahydrogestrinone	ND(5)	ng/g	LCMS	19-NOV-2024



Sample Id: S-0002172945

Testing Parameter	Result	Units	Technique	Date analyzed
Anabolic Agents				
Tibolone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Trenbolone	ND(5)	ng/g	LCMS	19-NOV-2024
Turinabol-oral	ND(2.0)	ng/g	GCMS	18-NOV-2024
Turinadiol-a	ND(5)	ng/g	GCMS	18-NOV-2024
Turinadiol-b	ND(5)	ng/g	GCMS	18-NOV-2024
Zilpaterol	ND(5)	ng/g	LCMS	18-NOV-2024
alpha-Zearalanol	ND(5)	ng/g	LCMS	19-NOV-2024
Epi-dihydrotestosterone	ND(20)	ng/g	GCMS	18-NOV-2024
7a-hydroxy-dehydroepiandrosterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
7b-hydroxy-dehydroepiandrosterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
7-keto-dehydroepiandrosterone	ND(5.0)	ng/g	GCMS	18-NOV-2024
Beta-Agonists				
Bambuterol	ND(20)	ng/g	LCMS	18-NOV-2024
Brombuterol	ND(20)	ng/g	LCMS	18-NOV-2024
Clenbuterol	ND(2)	ng/g	LCMS	18-NOV-2024
Clozapine	ND(25)	ng/g	LCMS	18-NOV-2024
Fenoterol	ND(20)	ng/g	LCMS	18-NOV-2024
Formoterol	ND(20)	ng/g	LCMS	18-NOV-2024
Labetalol	ND(25)	ng/g	LCMS	18-NOV-2024
Procaterol	ND(20)	ng/g	LCMS	18-NOV-2024
Propafenone	ND(25)	ng/g	LCMS	18-NOV-2024
Ractopamine	ND(20)	ng/g	LCMS	18-NOV-2024
Ritodrine	ND(20)	ng/g	LCMS	18-NOV-2024
Salbutamol	ND(20)	ng/g	LCMS	18-NOV-2024
Salmeterol	ND(20)	ng/g	LCMS	19-NOV-2024
Terbutaline	ND(20)	ng/g	LCMS	18-NOV-2024
Vilanterol	ND(20)	ng/g	LCMS	19-NOV-2024
Diuretics				
Acetazolamide	ND(20)	ng/g	LCMS	19-NOV-2024
Althiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Amiloride	ND(20)	ng/g	LCMS	18-NOV-2024
Bendroflumethiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Benzthiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Bumetanide	ND(20)	ng/g	LCMS	19-NOV-2024
Buthiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Canrenone	ND(20)	ng/g	LCMS	19-NOV-2024
Chlorothiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Chlorthalidone	ND(40)	ng/g	LCMS	18-NOV-2024
Cyclothiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Ethacrynic acid	ND(20)	ng/g	LCMS	19-NOV-2024
Furosemide	ND(20)	ng/g	LCMS	19-NOV-2024
Hydrochlorothiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Hydroflumethiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Indapamide	ND(20)	ng/g	LCMS	19-NOV-2024
Methiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Methylclothiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Metolazone	ND(20)	ng/g	LCMS	19-NOV-2024
Polythiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Quinethazone	ND(20)	ng/g	LCMS	19-NOV-2024
Spironolactone	ND(20)	ng/g	LCMS	19-NOV-2024



Sample Id: S-0002172945

Testing Parameter	Result	Units	Technique	Date analyzed
Diuretics				
Triamterene	ND(20)	ng/g	LCMS	18-NOV-2024
Trichlormethiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Hormone Antagonists				
Aminoglutethimide	ND(20)	ng/g	LCMS	19-NOV-2024
Anastrozole	ND(20)	ng/g	LCMS	18-NOV-2024
Androsta-1,4,6-trien-17b-ol-3-one	ND(20)	ng/g	LCMS	19-NOV-2024
Androsta-1,4,6-trienedione	ND(20)	ng/g	LCMS	19-NOV-2024
Androsta-3,5-diene-7,17-dione	ND(20)	ng/g	GCMS	18-NOV-2024
5a-Androstan-17b-ol-3,6-dione	ND(20)	ng/g	GCMS	18-NOV-2024
5a-Androstan-3,6,17-trione	ND(20)	ng/g	GCMS	18-NOV-2024
4-Androsten-3,6,17-trione	ND(20)	ng/g	GCMS	18-NOV-2024
Clomiphene	ND(20)	ng/g	LCMS	19-NOV-2024
Cyclofenil	ND(20)	ng/g	LCMS	19-NOV-2024
N-Desmethyltamoxifen	ND(20)	ng/g	LCMS	19-NOV-2024
Formestane	ND(20)	ng/g	GCMS	18-NOV-2024
Fulvestrant	ND(20)	ng/g	LCMS	19-NOV-2024
Letrozole	ND(40)	ng/g	LCMS	19-NOV-2024
Raloxifene	ND(20)	ng/g	LCMS	19-NOV-2024
Tamoxifen	ND(20)	ng/g	LCMS	19-NOV-2024
Testolactone	ND(20)	ng/g	LCMS	19-NOV-2024
Toremifene	ND(20)	ng/g	LCMS	19-NOV-2024
6-alpha-bromoandrostadiendione	ND(20)	ng/g	LCMS	19-NOV-2024
6-alpha-bromoandrostenedione	ND(20)	ng/g	LCMS	19-NOV-2024
6-alpha-bromotestosterone	ND(20)	ng/g	LCMS	19-NOV-2024
6-beta-bromoandrostadiendione	ND(20)	ng/g	LCMS	19-NOV-2024
6-beta-bromoandrostenedione	ND(20)	ng/g	LCMS	19-NOV-2024
6-beta-bromotestosterone	ND(20)	ng/g	LCMS	19-NOV-2024
Masking Agents				
Dutasteride	ND(20)	ng/g	LCMS	19-NOV-2024
Epitestosterone	ND(20)	ng/g	GCMS	18-NOV-2024
Finasteride	ND(20)	ng/g	LCMS	19-NOV-2024
Probenecid	ND(20)	ng/g	LCMS	19-NOV-2024
Narcotics/Cannabinoids				
JWH-018	ND(5)	ng/g	LCMS	19-NOV-2024
JWH-073	ND(5)	ng/g	LCMS	19-NOV-2024
HU-210	ND(20)	ng/g	LCMS	19-NOV-2024
Codeine	ND(10)	ng/g	LCMS	18-NOV-2024
LSD	ND(10)	ng/g	LCMS	18-NOV-2024
Morphine	ND(100)	ng/g	LCMS	18-NOV-2024
Oxycodone	ND(10)	ng/g	LCMS	18-NOV-2024
Phencyclidine	ND(10)	ng/g	LCMS	18-NOV-2024
delta-10-THC	ND(100)	ng/g	LCMS	19-NOV-2024
delta-8-THC	ND(100)	ng/g	LCMS	19-NOV-2024
delta-9-THC	ND(100)	ng/g	LCMS	19-NOV-2024
4-hydroxybutanoic acid (GHB)	ND(1000)	ng/g	GCMS	15-NOV-2024
Stimulants				
Adrafinil	ND(25)	ng/g	LCMS	19-NOV-2024
6-Amino-2-methyl-2-heptanol	ND(25)	ng/g	LCMS	18-NOV-2024
2-Aminoheptane	ND(25)	ng/g	LCMS	18-NOV-2024
Amiphenazole	ND(40)	ng/g	LCMS	19-NOV-2024



Sample Id: S-0002172945

Testing Parameter	Result	Units	Technique	Date analyzed
Stimulants				
Amphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
Benfluorex	ND(25)	ng/g	LCMS	18-NOV-2024
Benzphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
Benzylpiperazine	ND(25)	ng/g	LCMS	18-NOV-2024
Bromantan	ND(25)	ng/g	LCMS	19-NOV-2024
Carphedone	ND(25)	ng/g	LCMS	18-NOV-2024
Cathine	ND(25)	ng/g	LCMS	18-NOV-2024
p-Chloroamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
Chlorphentermine	ND(25)	ng/g	LCMS	18-NOV-2024
Clobenzorex	ND(25)	ng/g	LCMS	18-NOV-2024
Cocaine	ND(25)	ng/g	LCMS	18-NOV-2024
Cropropamide	ND(25)	ng/g	LCMS	18-NOV-2024
Crotethamide	ND(25)	ng/g	LCMS	18-NOV-2024
Deprenyl	ND(25)	ng/g	LCMS	18-NOV-2024
N-Desmethylselegiline	ND(25)	ng/g	LCMS	18-NOV-2024
N-Desmethylsibutramine	ND(25)	ng/g	LCMS	19-NOV-2024
Deterenol	ND(25)	ng/g	LCMS	18-NOV-2024
N,N-Didesmethylsibutramine	ND(25)	ng/g	LCMS	19-NOV-2024
N,a-Diethylphenylethylamine	ND(25)	ng/g	LCMS	18-NOV-2024
N,b-Diethylphenylethylamine	ND(25)	ng/g	LCMS	18-NOV-2024
Diethylpropion	ND(25)	ng/g	LCMS	18-NOV-2024
N,N-Dimethyl-2-phenylpropan-1-amine	ND(25)	ng/g	LCMS	18-NOV-2024
Dimethylamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
1,3-Dimethylbutylamine	ND(25)	ng/g	LCMS	18-NOV-2024
N,N-Dimethylphenylethylamine	ND(100)	ng/g	LCMS	18-NOV-2024
Ephedrine	ND(10)	ng/g	LCMS	18-NOV-2024
Ethamivan	ND(25)	ng/g	LCMS	18-NOV-2024
Ethylamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
Etilefrine	ND(25)	ng/g	LCMS	18-NOV-2024
Famprofazone	ND(25)	ng/g	LCMS	19-NOV-2024
Fenbutrazate	ND(25)	ng/g	LCMS	19-NOV-2024
Fencamfamine	ND(25)	ng/g	LCMS	18-NOV-2024
Fencamine	ND(25)	ng/g	LCMS	18-NOV-2024
Fenetylline	ND(25)	ng/g	LCMS	18-NOV-2024
Fenfluramine	ND(25)	ng/g	LCMS	18-NOV-2024
Fenproporex	ND(25)	ng/g	LCMS	18-NOV-2024
Furfenorex	ND(25)	ng/g	LCMS	18-NOV-2024
4-Hydroxyamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
Isometheptene	ND(25)	ng/g	LCMS	18-NOV-2024
3,4-MDA	ND(25)	ng/g	LCMS	18-NOV-2024
3,4-MDMA	ND(25)	ng/g	LCMS	18-NOV-2024
Mazindol	ND(25)	ng/g	LCMS	18-NOV-2024
Meclofenoxate	ND(25)	ng/g	LCMS	18-NOV-2024
Mefenorex	ND(25)	ng/g	LCMS	18-NOV-2024
Mephentermine	ND(25)	ng/g	LCMS	18-NOV-2024
Mesocarb	ND(25)	ng/g	LCMS	19-NOV-2024
Methamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
2-Methoxyphenylethylamine	ND(25)	ng/g	LCMS	18-NOV-2024
Methyl-(3-phenylpropyl)-amine	ND(25)	ng/g	LCMS	18-NOV-2024
4-Methylamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024



Sample Id: S-0002172945

Testing Parameter	Result	Units	Technique	Date analyzed
Stimulants				
Methylephedrine	ND(10)	ng/g	LCMS	18-NOV-2024
Methylhexanamine	ND(25)	ng/g	LCMS	18-NOV-2024
N-Methylphenethylamine	ND(100)	ng/g	LCMS	18-NOV-2024
beta-Methylphenethylamine	ND(25)	ng/g	LCMS	18-NOV-2024
Methylphenidate	ND(25)	ng/g	LCMS	18-NOV-2024
N-Methylpseudoephedrine	ND(25)	ng/g	LCMS	18-NOV-2024
Methylsynephrine	ND(25)	ng/g	LCMS	18-NOV-2024
Modafinil	ND(25)	ng/g	LCMS	18-NOV-2024
Nikethamide	ND(25)	ng/g	LCMS	18-NOV-2024
Norfenefrine	ND(25)	ng/g	LCMS	18-NOV-2024
Norfenfluramine	ND(25)	ng/g	LCMS	18-NOV-2024
Octopamine	ND(100)	ng/g	LCMS	18-NOV-2024
Oxethazaine	ND(25)	ng/g	LCMS	19-NOV-2024
Pemoline	ND(25)	ng/g	LCMS	18-NOV-2024
Pentylene-tetrazole	ND(25)	ng/g	LCMS	18-NOV-2024
Phendimetrazine	ND(25)	ng/g	LCMS	18-NOV-2024
Phenmetrazine	ND(25)	ng/g	LCMS	18-NOV-2024
Phenpropertamine	ND(25)	ng/g	LCMS	18-NOV-2024
Phenpromethamine	ND(25)	ng/g	LCMS	18-NOV-2024
Phentermine	ND(25)	ng/g	LCMS	18-NOV-2024
1-Phenyl-2-butanamine	ND(25)	ng/g	LCMS	18-NOV-2024
1-Phenylpentan-2-amine	ND(25)	ng/g	LCMS	18-NOV-2024
Phenylpropanolamine	ND(25)	ng/g	LCMS	18-NOV-2024
Prenylamine	ND(25)	ng/g	LCMS	19-NOV-2024
Prolintane	ND(25)	ng/g	LCMS	18-NOV-2024
Propylhexadrine	ND(25)	ng/g	LCMS	18-NOV-2024
Pseudoephedrine	ND(10)	ng/g	LCMS	18-NOV-2024
Pyrovalerone	ND(25)	ng/g	LCMS	18-NOV-2024
Sibutramine	ND(25)	ng/g	LCMS	19-NOV-2024
Strychnine	ND(25)	ng/g	LCMS	18-NOV-2024
Trimetazidine	ND(25)	ng/g	LCMS	18-NOV-2024
2-amino-5-methylhexane	ND(25)	ng/g	LCMS	18-NOV-2024
2-amino-6-methylheptane	ND(25)	ng/g	LCMS	18-NOV-2024
Beta Blockers				
Acebutolol	ND(25)	ng/g	LCMS	18-NOV-2024
Alprenolol	ND(25)	ng/g	LCMS	18-NOV-2024
Atenolol	ND(25)	ng/g	LCMS	18-NOV-2024
Betaxolol	ND(25)	ng/g	LCMS	18-NOV-2024
Bisoprolol	ND(25)	ng/g	LCMS	18-NOV-2024
Carteolol	ND(25)	ng/g	LCMS	18-NOV-2024
Esmolol	ND(25)	ng/g	LCMS	18-NOV-2024
Levobunolol	ND(25)	ng/g	LCMS	18-NOV-2024
Metoprolol	ND(25)	ng/g	LCMS	18-NOV-2024
Nadolol	ND(25)	ng/g	LCMS	18-NOV-2024
Oxprenolol	ND(25)	ng/g	LCMS	18-NOV-2024
Pindolol	ND(25)	ng/g	LCMS	18-NOV-2024
Propranolol	ND(25)	ng/g	LCMS	18-NOV-2024
Sotalol	ND(25)	ng/g	LCMS	18-NOV-2024
Timolol	ND(25)	ng/g	LCMS	18-NOV-2024
Selective Androgen Receptor Modulators				



Sample Id: S-0002172945

Testing Parameter	Result	Units	Technique	Date analyzed
Selective Androgen Receptor Modulators				
S-1	ND(5)	ng/g	LCMS	18-NOV-2024
LGD-4033	ND(5.0)	ng/g	LCMS	19-NOV-2024
C-6	ND(5)	ng/g	LCMS	18-NOV-2024
Andarine	ND(5)	ng/g	LCMS	18-NOV-2024
CAS#541497-95-4	ND(5)	ng/g	LCMS	18-NOV-2024
Ostarine	ND(5)	ng/g	LCMS	18-NOV-2024
Metabolic Modulators				
AICAR	ND(25)	ng/g	LCMS	18-NOV-2024
GW0742	ND(10)	ng/g	LCMS	18-NOV-2024
GW501516	ND(10)	ng/g	LCMS	18-NOV-2024
Growth Hormone Secretagogues				
GHRP-1	ND(200)	ng/g	LCMS	18-NOV-2024
GHRP-2	ND(200)	ng/g	LCMS	18-NOV-2024
LGD-2226	ND(5)	ng/g	LCMS	19-NOV-2024
GHRP-4	ND(200)	ng/g	LCMS	18-NOV-2024
GHRP-5	ND(200)	ng/g	LCMS	18-NOV-2024
GHRP-6	ND(200)	ng/g	LCMS	18-NOV-2024
Alexamorelin	ND(200)	ng/g	LCMS	18-NOV-2024
Anamorelin	ND(5.0)	ng/g	LCMS	19-NOV-2024
Hexarelin	ND(200)	ng/g	LCMS	18-NOV-2024
Ibutamoren	ND(5)	ng/g	LCMS	19-NOV-2024
Ipamorelin	ND(200)	ng/g	LCMS	18-NOV-2024

Sample Notes [S-0002172945]:

During LCMS analysis, the following compound did not meet the laboratory quality control criteria for the sample tested: Formebolone. The laboratory result was acceptable relative to the maximum report threshold stated in the NSF Certified for Sport Program - Guideline 306.



Job Notes:

Conformance assessment for:
delta-8-THC was performed under NSF Deviation # 2023-008.
N-methylphenylethylamine and N,N-dimethylphenylethylamine was performed under NSF Deviation # 2024-002.



Testing Laboratories:

	Id	Address
All work performed at: (Unless otherwise specified)	NSF_AA	NSF 789 N. Dixboro Road Ann Arbor MI 48105

References to Testing Procedures:

NSF Reference	Parameter / Test Description
C0432	Anabolic Agents Semi-Quantitative by GC/MS in Product
C1032	* Dietary Supplements Lab Summary Test Code
C1118	Stimulants Semi-Quantitative by LC/MS in Product, ABS Screen
C1119	Steroids Semi-Quantitative by LCMS in Product, ABS Screen
C1120	Diuretics Semi-Quantitative by LCMS in Product, ABS Screen
C1221	Stimulants Semi-Quantitative by HILIC/MS in Product, ABS Screen
C1222	GHRPs Semi-Quantitative by LC/HRMS in Product, ABS Screen
C1225	GHB Semi-Quantitative by GC/MS in Product
C1230	ABS Portion & Weigh Date
C1317	SARMs Semi-Quantitative by LC/MS in Product, ABS Screen

Test descriptions preceded by an asterisk “*” indicate that testing has been performed per NSF requirements but is not within its scope of accreditation.

Unless otherwise indicated, method uncertainties are not applied in any determinations of conformity. Testing utilizes the requested sections of any referenced standards, which may not be the entire standard.

Dates of Laboratory Activity: 12-NOV-2024 to 20-NOV-2024



789 N. Dixboro Rd. Ann Arbor, MI 48105, USA
1-800.NSF.MARK | +1-734.769.8010 | www.nsf.org

EVALUATION REPORT

Send To: C0778175

[Redacted]
Life Time, Inc.
2902 Corporate Place
Chanhassen, MN 55317

Facility: C0778182

[Redacted]
Benicia CA 94510
United States

Result	PASS	Report Date	20-NOV-2024
Customer Name	Life Time, Inc.		
Tested To	NSF 306		
Description	LTH FLEX Whey Protein Isolate Vanilla Powder 24298-1		
Trade Designation	LTH FLEX Whey Protein Isolate Vanilla		
Test Type	Qualification		
Job Number	J-00502253		
Project Number	W0935599		
Project Manager	[Redacted]		

Thank you for having your product tested by NSF.

Please contact your Project Manager if you have any questions or concerns pertaining to this report.

Report Authorization [Redacted]
[Redacted]

Date 20-NOV-2024



General Information

Guideline: NSF 306
DCC Number: FC01496
Lot#: 24298-1
Physical Description of Sample: Powder
Test Description: NSF Certified for Sport Testing
Trade Designation / Product ID: LTH FLEX Whey Protein Isolate Vanilla

Sample Id: S-0002172073
Description: LTH FLEX Whey Protein Isolate Vanilla | Powder | 24298-1
Sampled Date: 11/07/2024
Received Date: 11/07/2024

Testing Parameter	Result	Units	Technique	Date analyzed
General Information				
Expiration Date	10/29/2026			
Lot Number	24298-1			

Sample Id: S-0002172074
Description: LTH FLEX Whey Protein Isolate Vanilla | Powder | 24298-1
Sampled Date: 11/07/2024
Received Date: 11/07/2024

Testing Parameter	Result	Units	Technique	Date analyzed
Anabolic Agents				
5a-Androstan-3a, 17a-diol	ND(20)	ng/g	GCMS	15-NOV-2024
5a-Androstan-3a, 17b-diol	ND(20)	ng/g	GCMS	15-NOV-2024
5a-Androstan-3b, 17a-diol	ND(20)	ng/g	GCMS	15-NOV-2024
5a-Androstan-3b, 17b-diol	ND(20)	ng/g	GCMS	15-NOV-2024
Androstanedione	ND(5.0)	ng/g	GCMS	15-NOV-2024
2-Androsten-17-one	ND(5.0)	ng/g	GCMS	15-NOV-2024
5-Androsten-3, 17-dione	ND(20)	ng/g	GCMS	15-NOV-2024
4-Androsten-3a, 17b-diol	ND(20)	ng/g	GCMS	15-NOV-2024
4-Androsten-3a-ol-17-one	ND(5.0)	ng/g	GCMS	15-NOV-2024
5-Androsten-3b, 17a-diol	ND(20)	ng/g	GCMS	15-NOV-2024
4-Androsten-3b,17a-diol	ND(20)	ng/g	GCMS	15-NOV-2024
4-Androsten-3b-ol-17-one	ND(5.0)	ng/g	GCMS	15-NOV-2024
1-Androstendiol	ND(5.0)	ng/g	GCMS	15-NOV-2024
1-Androstendione	ND(5.0)	ng/g	GCMS	15-NOV-2024
4-Androstenediol	ND(20)	ng/g	GCMS	15-NOV-2024
Androstenediol	ND(20)	ng/g	GCMS	15-NOV-2024
4-Androstenedione	ND(20)	ng/g	GCMS	15-NOV-2024
1-Androsterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Androsterone	ND(20)	ng/g	GCMS	15-NOV-2024
Bolandiol	ND(10)	ng/g	GCMS	15-NOV-2024
Bolasterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Boldenone	ND(10)	ng/g	GCMS	15-NOV-2024
Boldione	ND(5.0)	ng/g	GCMS	15-NOV-2024
Calusterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Clostebol	ND(5.0)	ng/g	GCMS	15-NOV-2024
Danazol	ND(5.0)	ng/g	GCMS	15-NOV-2024
Dehydroandrosterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Dehydroepiandrosterone	ND(20)	ng/g	GCMS	15-NOV-2024
Desoxymethyltestosterone	ND(10)	ng/g	GCMS	15-NOV-2024



Sample Id: S-0002172074

Testing Parameter	Result	Units	Technique	Date analyzed
Anabolic Agents				
Dihydrotestosterone	ND(20)	ng/g	GCMS	15-NOV-2024
Drostanolone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Epiandrosterone	ND(20)	ng/g	GCMS	15-NOV-2024
Estra-4,9,11-triene-3,17-dione	ND(5)	ng/g	LCMS	19-NOV-2024
Estra-4,9-diene-3,17-dione	ND(5)	ng/g	LCMS	19-NOV-2024
Ethylestrenol	ND(10)	ng/g	GCMS	15-NOV-2024
Etiocholanolone	ND(20)	ng/g	GCMS	15-NOV-2024
Exemestane	ND(20)	ng/g	GCMS	15-NOV-2024
Fluoxymesterone	ND(10)	ng/g	GCMS	15-NOV-2024
Formebolone	ND(100)	ng/g	LCMS	19-NOV-2024
Furazabol	ND(5.0)	ng/g	GCMS	15-NOV-2024
Gestrinone	ND(5)	ng/g	LCMS	19-NOV-2024
11a-Hydroxymethyltestosterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
17-Hydroxyprogesterone	ND(20)	ng/g	GCMS	15-NOV-2024
4-Hydroxytestosterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Mestanolone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Mesterolone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Methandienone	ND(2.0)	ng/g	GCMS	15-NOV-2024
Methandriol	ND(5.0)	ng/g	GCMS	15-NOV-2024
Methasterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Methenolone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Methyl-1-testosterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Methylclostebol	ND(5)	ng/g	LCMS	19-NOV-2024
Methylclostediol	ND(5.0)	ng/g	GCMS	15-NOV-2024
Methyldienolone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Methylnortestosterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Methylstenbolone	ND(5)	ng/g	LCMS	19-NOV-2024
Methyltestosterone	ND(2.0)	ng/g	GCMS	15-NOV-2024
Methyltrienolone	ND(5)	ng/g	LCMS	19-NOV-2024
Mibolerone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Nandrolone	ND(5.0)	ng/g	GCMS	15-NOV-2024
19-Nor-5-Androstenediol	ND(5.0)	ng/g	GCMS	15-NOV-2024
19-Norandrostenedione	ND(5.0)	ng/g	GCMS	15-NOV-2024
19-Norandrosterone	ND(20)	ng/g	GCMS	15-NOV-2024
Norbolethone	ND(5.0)	ng/g	LCMS	15-NOV-2024
Norclostebol	ND(5.0)	ng/g	GCMS	15-NOV-2024
Norethandrolone	ND(5.0)	ng/g	GCMS	15-NOV-2024
19-Noretiocholanolone	ND(20)	ng/g	GCMS	15-NOV-2024
Oxabolone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Oxandrolone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Oxymesterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Oxymetholone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Progesterone	ND(100)	ng/g	GCMS	15-NOV-2024
Prostanazol	ND(5)	ng/g	LCMS	19-NOV-2024
Quinbolone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Stanozolol	ND(2)	ng/g	LCMS	19-NOV-2024
Stenbolone	ND(5)	ng/g	LCMS	19-NOV-2024
1-Testosterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Testosterone	ND(20)	ng/g	GCMS	15-NOV-2024
Tetrahydrogestrinone	ND(5)	ng/g	LCMS	19-NOV-2024



Sample Id: S-0002172074

Testing Parameter	Result	Units	Technique	Date analyzed
Anabolic Agents				
Tibolone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Trenbolone	ND(5)	ng/g	LCMS	19-NOV-2024
Turinabol-oral	ND(2.0)	ng/g	GCMS	15-NOV-2024
Turinadiol-a	ND(5)	ng/g	GCMS	15-NOV-2024
Turinadiol-b	ND(5)	ng/g	GCMS	15-NOV-2024
Zilpaterol	ND(5)	ng/g	LCMS	18-NOV-2024
alpha-Zearalanol	ND(5)	ng/g	LCMS	19-NOV-2024
Epi-dihydrotestosterone	ND(20)	ng/g	GCMS	15-NOV-2024
7a-hydroxy-dehydroepiandrosterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
7b-hydroxy-dehydroepiandrosterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
7-keto-dehydroepiandrosterone	ND(5.0)	ng/g	GCMS	15-NOV-2024
Beta-Agonists				
Bambuterol	ND(20)	ng/g	LCMS	18-NOV-2024
Brombuterol	ND(20)	ng/g	LCMS	18-NOV-2024
Clenbuterol	ND(2)	ng/g	LCMS	18-NOV-2024
Clozapine	ND(25)	ng/g	LCMS	18-NOV-2024
Fenoterol	ND(20)	ng/g	LCMS	18-NOV-2024
Formoterol	ND(20)	ng/g	LCMS	18-NOV-2024
Labetalol	ND(25)	ng/g	LCMS	18-NOV-2024
Procaterol	ND(20)	ng/g	LCMS	18-NOV-2024
Propafenone	ND(25)	ng/g	LCMS	18-NOV-2024
Ractopamine	ND(20)	ng/g	LCMS	18-NOV-2024
Ritodrine	ND(20)	ng/g	LCMS	18-NOV-2024
Salbutamol	ND(20)	ng/g	LCMS	18-NOV-2024
Salmeterol	ND(20)	ng/g	LCMS	19-NOV-2024
Terbutaline	ND(20)	ng/g	LCMS	18-NOV-2024
Vilanterol	ND(20)	ng/g	LCMS	19-NOV-2024
Diuretics				
Acetazolamide	ND(20)	ng/g	LCMS	19-NOV-2024
Althiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Amiloride	ND(20)	ng/g	LCMS	18-NOV-2024
Bendroflumethiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Benzthiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Bumetanide	ND(20)	ng/g	LCMS	19-NOV-2024
Buthiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Canrenone	ND(20)	ng/g	LCMS	19-NOV-2024
Chlorothiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Chlorthalidone	ND(40)	ng/g	LCMS	18-NOV-2024
Cyclothiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Ethacrynic acid	ND(20)	ng/g	LCMS	19-NOV-2024
Furosemide	ND(20)	ng/g	LCMS	19-NOV-2024
Hydrochlorothiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Hydroflumethiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Indapamide	ND(20)	ng/g	LCMS	19-NOV-2024
Methiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Methylclothiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Metolazone	ND(20)	ng/g	LCMS	19-NOV-2024
Polythiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Quinethazone	ND(20)	ng/g	LCMS	19-NOV-2024
Spironolactone	ND(20)	ng/g	LCMS	19-NOV-2024



Sample Id: S-0002172074

Testing Parameter	Result	Units	Technique	Date analyzed
Diuretics				
Triamterene	ND(20)	ng/g	LCMS	18-NOV-2024
Trichlormethiazide	ND(20)	ng/g	LCMS	19-NOV-2024
Hormone Antagonists				
Aminoglutethimide	ND(20)	ng/g	LCMS	19-NOV-2024
Anastrozole	ND(20)	ng/g	LCMS	18-NOV-2024
Androsta-1,4,6-trien-17b-ol-3-one	ND(20)	ng/g	LCMS	19-NOV-2024
Androsta-1,4,6-trienedione	ND(20)	ng/g	LCMS	19-NOV-2024
Androsta-3,5-diene-7,17-dione	ND(20)	ng/g	GCMS	15-NOV-2024
5a-Androstan-17b-ol-3,6-dione	ND(20)	ng/g	GCMS	15-NOV-2024
5a-Androstan-3,6,17-trione	ND(20)	ng/g	GCMS	15-NOV-2024
4-Androsten-3,6,17-trione	ND(20)	ng/g	GCMS	15-NOV-2024
Clomiphene	ND(20)	ng/g	LCMS	19-NOV-2024
Cyclofenil	ND(20)	ng/g	LCMS	19-NOV-2024
N-Desmethyltamoxifen	ND(20)	ng/g	LCMS	19-NOV-2024
Formestane	ND(20)	ng/g	GCMS	15-NOV-2024
Fulvestrant	ND(20)	ng/g	LCMS	19-NOV-2024
Letrozole	ND(40)	ng/g	LCMS	19-NOV-2024
Raloxifene	ND(20)	ng/g	LCMS	19-NOV-2024
Tamoxifen	ND(20)	ng/g	LCMS	19-NOV-2024
Testolactone	ND(20)	ng/g	LCMS	19-NOV-2024
Toremifene	ND(20)	ng/g	LCMS	19-NOV-2024
6-alpha-bromoandrostadiendione	ND(20)	ng/g	LCMS	19-NOV-2024
6-alpha-bromoandrostenedione	ND(20)	ng/g	LCMS	19-NOV-2024
6-alpha-bromotestosterone	ND(20)	ng/g	LCMS	19-NOV-2024
6-beta-bromoandrostadiendione	ND(20)	ng/g	LCMS	19-NOV-2024
6-beta-bromoandrostenedione	ND(20)	ng/g	LCMS	19-NOV-2024
6-beta-bromotestosterone	ND(20)	ng/g	LCMS	19-NOV-2024
Masking Agents				
Dutasteride	ND(20)	ng/g	LCMS	19-NOV-2024
Epitestosterone	ND(20)	ng/g	GCMS	15-NOV-2024
Finasteride	ND(20)	ng/g	LCMS	19-NOV-2024
Probenecid	ND(20)	ng/g	LCMS	19-NOV-2024
Narcotics/Cannabinoids				
JWH-018	ND(5)	ng/g	LCMS	19-NOV-2024
JWH-073	ND(5)	ng/g	LCMS	19-NOV-2024
HU-210	ND(20)	ng/g	LCMS	19-NOV-2024
Codeine	ND(10)	ng/g	LCMS	18-NOV-2024
LSD	ND(10)	ng/g	LCMS	18-NOV-2024
Morphine	ND(100)	ng/g	LCMS	18-NOV-2024
Oxycodone	ND(10)	ng/g	LCMS	18-NOV-2024
Phencyclidine	ND(10)	ng/g	LCMS	18-NOV-2024
delta-10-THC	ND(100)	ng/g	LCMS	19-NOV-2024
delta-8-THC	ND(100)	ng/g	LCMS	19-NOV-2024
delta-9-THC	ND(100)	ng/g	LCMS	19-NOV-2024
4-hydroxybutanoic acid (GHB)	ND(1000)	ng/g	GCMS	13-NOV-2024
Stimulants				
Adrafinil	ND(25)	ng/g	LCMS	19-NOV-2024
6-Amino-2-methyl-2-heptanol	ND(25)	ng/g	LCMS	18-NOV-2024
2-Aminoheptane	ND(25)	ng/g	LCMS	18-NOV-2024
Amiphenazole	ND(40)	ng/g	LCMS	19-NOV-2024



Sample Id: S-0002172074

Testing Parameter	Result	Units	Technique	Date analyzed
Stimulants				
Amphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
Benfluorex	ND(25)	ng/g	LCMS	18-NOV-2024
Benzphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
Benzylpiperazine	ND(25)	ng/g	LCMS	18-NOV-2024
Bromantan	ND(25)	ng/g	LCMS	19-NOV-2024
Carphedone	ND(25)	ng/g	LCMS	18-NOV-2024
Cathine	ND(25)	ng/g	LCMS	18-NOV-2024
p-Chloroamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
Chlorphentermine	ND(25)	ng/g	LCMS	18-NOV-2024
Clobenzorex	ND(25)	ng/g	LCMS	18-NOV-2024
Cocaine	ND(25)	ng/g	LCMS	18-NOV-2024
Cropropamide	ND(25)	ng/g	LCMS	18-NOV-2024
Crotethamide	ND(25)	ng/g	LCMS	18-NOV-2024
Deprenyl	ND(25)	ng/g	LCMS	18-NOV-2024
N-Desmethylselegiline	ND(25)	ng/g	LCMS	18-NOV-2024
N-Desmethylsibutramine	ND(25)	ng/g	LCMS	19-NOV-2024
Deterenol	ND(25)	ng/g	LCMS	18-NOV-2024
N,N-Didesmethylsibutramine	ND(25)	ng/g	LCMS	19-NOV-2024
N,a-Diethylphenylethylamine	ND(25)	ng/g	LCMS	18-NOV-2024
N,b-Diethylphenylethylamine	ND(25)	ng/g	LCMS	18-NOV-2024
Diethylpropion	ND(25)	ng/g	LCMS	18-NOV-2024
N,N-Dimethyl-2-phenylpropan-1-amine	ND(25)	ng/g	LCMS	18-NOV-2024
Dimethylamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
1,3-Dimethylbutylamine	ND(25)	ng/g	LCMS	18-NOV-2024
N,N-Dimethylphenylethylamine	ND(100)	ng/g	LCMS	18-NOV-2024
Ephedrine	ND(10)	ng/g	LCMS	18-NOV-2024
Ethamivan	ND(25)	ng/g	LCMS	18-NOV-2024
Ethylamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
Etilefrine	ND(25)	ng/g	LCMS	18-NOV-2024
Famprofazone	ND(25)	ng/g	LCMS	19-NOV-2024
Fenbutrazate	ND(25)	ng/g	LCMS	19-NOV-2024
Fencamfamine	ND(25)	ng/g	LCMS	18-NOV-2024
Fencamine	ND(25)	ng/g	LCMS	18-NOV-2024
Fenetylline	ND(25)	ng/g	LCMS	18-NOV-2024
Fenfluramine	ND(25)	ng/g	LCMS	18-NOV-2024
Fenproporex	ND(25)	ng/g	LCMS	18-NOV-2024
Furfenorex	ND(25)	ng/g	LCMS	18-NOV-2024
4-Hydroxyamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
Isometheptene	ND(25)	ng/g	LCMS	18-NOV-2024
3,4-MDA	ND(25)	ng/g	LCMS	18-NOV-2024
3,4-MDMA	ND(25)	ng/g	LCMS	18-NOV-2024
Mazindol	ND(25)	ng/g	LCMS	18-NOV-2024
Meclofenoxate	ND(25)	ng/g	LCMS	18-NOV-2024
Mefenorex	ND(25)	ng/g	LCMS	18-NOV-2024
Mephentermine	ND(25)	ng/g	LCMS	18-NOV-2024
Mesocarb	ND(25)	ng/g	LCMS	19-NOV-2024
Methamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024
2-Methoxyphenylethylamine	ND(25)	ng/g	LCMS	18-NOV-2024
Methyl-(3-phenylpropyl)-amine	ND(25)	ng/g	LCMS	18-NOV-2024
4-Methylamphetamine	ND(25)	ng/g	LCMS	18-NOV-2024



Sample Id: S-0002172074

Testing Parameter	Result	Units	Technique	Date analyzed
Stimulants				
Methylephedrine	ND(10)	ng/g	LCMS	18-NOV-2024
Methylhexanamine	ND(25)	ng/g	LCMS	18-NOV-2024
N-Methylphenethylamine	ND(100)	ng/g	LCMS	18-NOV-2024
beta-Methylphenethylamine	ND(25)	ng/g	LCMS	18-NOV-2024
Methylphenidate	ND(25)	ng/g	LCMS	18-NOV-2024
N-Methylpseudoephedrine	ND(25)	ng/g	LCMS	18-NOV-2024
Methylsynephrine	ND(25)	ng/g	LCMS	18-NOV-2024
Modafinil	ND(25)	ng/g	LCMS	18-NOV-2024
Nikethamide	ND(25)	ng/g	LCMS	18-NOV-2024
Norfenefrine	ND(25)	ng/g	LCMS	18-NOV-2024
Norfenfluramine	ND(25)	ng/g	LCMS	18-NOV-2024
Octopamine	ND(100)	ng/g	LCMS	18-NOV-2024
Oxethazaine	ND(25)	ng/g	LCMS	19-NOV-2024
Pemoline	ND(25)	ng/g	LCMS	18-NOV-2024
Pentylene-tetrazole	ND(25)	ng/g	LCMS	18-NOV-2024
Phendimetrazine	ND(25)	ng/g	LCMS	18-NOV-2024
Phenmetrazine	ND(25)	ng/g	LCMS	18-NOV-2024
Phenpropylamine	ND(25)	ng/g	LCMS	18-NOV-2024
Phenpromethamine	ND(25)	ng/g	LCMS	18-NOV-2024
Phentermine	ND(25)	ng/g	LCMS	18-NOV-2024
1-Phenyl-2-butanamine	ND(25)	ng/g	LCMS	18-NOV-2024
1-Phenylpentan-2-amine	ND(25)	ng/g	LCMS	18-NOV-2024
Phenylpropanolamine	ND(25)	ng/g	LCMS	18-NOV-2024
Prenylamine	ND(25)	ng/g	LCMS	19-NOV-2024
Prolintane	ND(25)	ng/g	LCMS	18-NOV-2024
Propylhexadrine	ND(25)	ng/g	LCMS	18-NOV-2024
Pseudoephedrine	ND(10)	ng/g	LCMS	18-NOV-2024
Pyrovalerone	ND(25)	ng/g	LCMS	18-NOV-2024
Sibutramine	ND(25)	ng/g	LCMS	19-NOV-2024
Strychnine	ND(25)	ng/g	LCMS	18-NOV-2024
Trimetazidine	ND(25)	ng/g	LCMS	18-NOV-2024
2-amino-5-methylhexane	ND(25)	ng/g	LCMS	18-NOV-2024
2-amino-6-methylheptane	ND(25)	ng/g	LCMS	18-NOV-2024
Beta Blockers				
Acebutolol	ND(25)	ng/g	LCMS	18-NOV-2024
Alprenolol	ND(25)	ng/g	LCMS	18-NOV-2024
Atenolol	ND(25)	ng/g	LCMS	18-NOV-2024
Betaxolol	ND(25)	ng/g	LCMS	18-NOV-2024
Bisoprolol	ND(25)	ng/g	LCMS	18-NOV-2024
Carteolol	ND(25)	ng/g	LCMS	18-NOV-2024
Esmolol	ND(25)	ng/g	LCMS	18-NOV-2024
Levobunolol	ND(25)	ng/g	LCMS	18-NOV-2024
Metoprolol	ND(25)	ng/g	LCMS	18-NOV-2024
Nadolol	ND(25)	ng/g	LCMS	18-NOV-2024
Oxprenolol	ND(25)	ng/g	LCMS	18-NOV-2024
Pindolol	ND(25)	ng/g	LCMS	18-NOV-2024
Propranolol	ND(25)	ng/g	LCMS	18-NOV-2024
Sotalol	ND(25)	ng/g	LCMS	18-NOV-2024
Timolol	ND(25)	ng/g	LCMS	18-NOV-2024
Selective Androgen Receptor Modulators				



Sample Id: S-0002172074

Testing Parameter	Result	Units	Technique	Date analyzed
Selective Androgen Receptor Modulators				
S-1	ND(5)	ng/g	LCMS	18-NOV-2024
LGD-4033	ND(5.0)	ng/g	LCMS	19-NOV-2024
C-6	ND(5)	ng/g	LCMS	18-NOV-2024
Andarine	ND(5)	ng/g	LCMS	18-NOV-2024
CAS#541497-95-4	ND(5)	ng/g	LCMS	18-NOV-2024
Ostarine	ND(5)	ng/g	LCMS	18-NOV-2024
Metabolic Modulators				
AICAR	ND(25)	ng/g	LCMS	18-NOV-2024
GW0742	ND(10)	ng/g	LCMS	18-NOV-2024
GW501516	ND(10)	ng/g	LCMS	18-NOV-2024
Growth Hormone Secretagogues				
GHRP-1	ND(200)	ng/g	LCMS	18-NOV-2024
GHRP-2	ND(200)	ng/g	LCMS	18-NOV-2024
LGD-2226	ND(5)	ng/g	LCMS	19-NOV-2024
GHRP-4	ND(200)	ng/g	LCMS	18-NOV-2024
GHRP-5	ND(200)	ng/g	LCMS	18-NOV-2024
GHRP-6	ND(200)	ng/g	LCMS	18-NOV-2024
Alexamorelin	ND(200)	ng/g	LCMS	18-NOV-2024
Anamorelin	ND(5.0)	ng/g	LCMS	19-NOV-2024
Hexarelin	ND(200)	ng/g	LCMS	18-NOV-2024
Ibutamoren	ND(5)	ng/g	LCMS	19-NOV-2024
Ipamorelin	ND(200)	ng/g	LCMS	18-NOV-2024

Sample Notes [S-0002172074]:

During LCMS analysis, the following compound did not meet the laboratory quality control criteria for the sample tested: Formebolone. The laboratory result was acceptable relative to the maximum report threshold stated in the NSF Certified for Sport Program - Guideline 306.



Job Notes:

Conformance assessment for:
delta-8-THC was performed under NSF Deviation # 2023-008.
N-methylphenylethylamine and N,N-dimethylphenylethylamine was performed under NSF Deviation # 2024-002.



Testing Laboratories:

	Id	Address
All work performed at: (Unless otherwise specified)	NSF_AA	NSF 789 N. Dixboro Road Ann Arbor MI 48105

References to Testing Procedures:

NSF Reference	Parameter / Test Description
C0432	Anabolic Agents Semi-Quantitative by GC/MS in Product
C1032	* Dietary Supplements Lab Summary Test Code
C1118	Stimulants Semi-Quantitative by LC/MS in Product, ABS Screen
C1119	Steroids Semi-Quantitative by LCMS in Product, ABS Screen
C1120	Diuretics Semi-Quantitative by LCMS in Product, ABS Screen
C1221	Stimulants Semi-Quantitative by HILIC/MS in Product, ABS Screen
C1222	GHRPs Semi-Quantitative by LC/HRMS in Product, ABS Screen
C1225	GHB Semi-Quantitative by GC/MS in Product
C1230	ABS Portion & Weigh Date
C1317	SARMs Semi-Quantitative by LC/MS in Product, ABS Screen

Test descriptions preceded by an asterisk “*” indicate that testing has been performed per NSF requirements but is not within its scope of accreditation.

Unless otherwise indicated, method uncertainties are not applied in any determinations of conformity. Testing utilizes the requested sections of any referenced standards, which may not be the entire standard.

Dates of Laboratory Activity: 07-NOV-2024 to 20-NOV-2024



789 N. Dixboro Rd. Ann Arbor, MI 48105, USA
1-800.NSF.MARK | +1-734.769.8010 | www.nsf.org

EVALUATION REPORT

Send To: C0778175



Life Time, Inc.
2902 Corporate Place
Chanhassen, MN 55317

Facility: C0778182

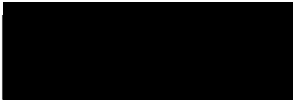


Benicia CA 94510
United States

Result	PASS	Report Date	30-AUG-2024
Customer Name	Life Time, Inc.		
Tested To	NSF 229		
Trade Designation	WHEY ISOLATE PROTEIN CHOCOLATE		
Test Type	Annual Collection		
Job Number	A-00485122		
Lot Number	—		
Project Number	W0886728		
Project Manager			

Thank you for having your product tested by NSF.

Please contact your Project Manager if you have any questions or concerns pertaining to this report.

Report Authorization 

Date 30-AUG-2024



Please see page 9 in the test report for text relevant to lead and Proposition 65 warning requirements.



General Information

Guideline: NSF 229
DCC Number: FC01494
Lot#: _
Physical Description of Sample: Powder
Test Description: LABEL CLAIM TESTING 2
Trade Designation / Product ID: WHEY ISOLATE PROTEIN CHOCOLATE

This finished product was evaluated per category "Finished products containing Botanical extract / Other dietary supplement ingredient" for microbial contaminants as stated in Standard NSF/ANSI 173 for Dietary Supplements.

Sample Id: S-0002130582
Description: WHEY ISOLATE PROTEIN CHOCOLATE | Powder
Sampled Date: 07/01/2024
Received Date: 07/01/2024

Testing Parameter	Result	Units	Label Claim Value	Units	Accept. Level	P / F
General Information						
* Dietary Supplements Lab Summary Test Code						
Mass per Serving	28	grams				
Servings per daily dose	1					
Lot Number	24171-5					
Expiration Date	06/24/2026					
Contaminants						
* Residual Solvents in Dietary Supplements by GCMS						
Nitromethane	ND(14)	ug/day			500 ug/day	Pass
Formic acid	ND(1400)	ug/day			50000 ug/day	Pass
2-Methoxyethanol	ND(14)	ug/day			500 ug/day	Pass
Acetic acid	ND(1400)	ug/day			50000 ug/day	Pass
2-Ethoxyethanol	ND(45)	ug/day			1600 ug/day	Pass
Ethylene Glycol	ND(170)	ug/day			6200 ug/day	Pass
Formamide	ND(62)	ug/day			2200 ug/day	Pass
N,N-Dimethylformamide	ND(250)	ug/day			8800 ug/day	Pass
N,N-Dimethylacetamide	ND(310)	ug/day			10900 ug/day	Pass
Dimethyl sulfoxide	ND(1400)	ug/day			50000 ug/day	Pass
N-Methylpyrrolidone	ND(150)	ug/day			5300 ug/day	Pass
Sulfolane	ND(45)	ug/day			1600 ug/day	Pass
* Residual Solvents in Dietary Supplements by Headspace-GCMS						
Methanol	ND(840)	ug/day			30000 ug/day	Pass
Pentane	ND(1400)	ug/day			50000 ug/day	Pass
Ethanol	ND(1400)	ug/day			50000 ug/day	Pass
Ethyl ether	ND(1400)	ug/day			50000 ug/day	Pass
1,1-Dichloroethene	ND(2.2)	ug/day			8 ug/day	Pass
Acetone	ND(1400)	ug/day			50000 ug/day	Pass
Ethyl formate	ND(1400)	ug/day			50000 ug/day	Pass
2-Propanol	ND(1400)	ug/day			50000 ug/day	Pass
Acetonitrile	ND(110)	ug/day			4100 ug/day	Pass
Methyl acetate	ND(1400)	ug/day			50000 ug/day	Pass
Methylene Chloride	ND(170)	ug/day			6000 ug/day	Pass
tert-Butylmethyl ether	ND(1400)	ug/day			50000 ug/day	Pass
trans-1,2-Dichloroethene	ND(260)	ug/day			18700 ug/day	Pass
Hexane	ND(59)	ug/day			2900 ug/day	Pass
1-Propanol	ND(1400)	ug/day			50000 ug/day	Pass
cis-1,2-Dichloroethene	ND(260)	ug/day			18700 ug/day	Pass



Sample Id: S-0002130582

Testing Parameter	Result	Units	Label Claim Value	Units	Accept. Level	P / F
Contaminants (Continued)						
Methylethyl ketone	ND(1400)	ug/day			50000 ug/day	Pass
Ethyl acetate	ND(1400)	ug/day			50000 ug/day	Pass
Tetrahydrofuran	ND(200)	ug/day			7200 ug/day	Pass
2-Butanol	ND(1400)	ug/day			50000 ug/day	Pass
Chloroform	ND(17)	ug/day			600 ug/day	Pass
1,1,1-Trichloroethane	ND(2.8)	ug/day			1500 ug/day	Pass
Cyclohexane	ND(1100)	ug/day			38800 ug/day	Pass
Carbon Tetrachloride	ND(1.1)	ug/day			4 ug/day	Pass
Benzene	ND(0.56)	ug/day			2 ug/day	Pass
1,2-Dimethoxyethane	ND(28)	ug/day			1000 ug/day	Pass
1,2-Dichloroethane	ND(1.4)	ug/day			5 ug/day	Pass
2-Methyl-1-propanol	ND(1400)	ug/day			50000 ug/day	Pass
Isopropyl acetate	ND(1400)	ug/day			50000 ug/day	Pass
Heptane	ND(1400)	ug/day			50000 ug/day	Pass
Trichloroethylene	ND(22)	ug/day			800 ug/day	Pass
1-Butanol	ND(1400)	ug/day			50000 ug/day	Pass
Methylcyclohexane	ND(340)	ug/day			11800 ug/day	Pass
1,4-Dioxane	ND(110)	ug/day			3800 ug/day	Pass
Propyl acetate	ND(1400)	ug/day			50000 ug/day	Pass
Pyridine	ND(56)	ug/day			2000 ug/day	Pass
Methylisobutylketone	ND(1400)	ug/day			50000 ug/day	Pass
Toluene	ND(250)	ug/day			8900 ug/day	Pass
3-Methyl-1-butanol	ND(1400)	ug/day			50000 ug/day	Pass
Isobutyl acetate	ND(1400)	ug/day			50000 ug/day	Pass
1-Pentanol	ND(1400)	ug/day			50000 ug/day	Pass
Methylbutylketone	ND(14)	ug/day			500 ug/day	Pass
Butyl acetate	ND(1400)	ug/day			50000 ug/day	Pass
Chlorobenzene	ND(100)	ug/day			3600 ug/day	Pass
Ethylbenzene	ND(100)	ug/day			21700 ug/day	Pass
m-Xylene	ND(360)	ug/day			21700 ug/day	Pass
p-Xylene	ND(87)	ug/day			21700 ug/day	Pass
o-Xylene	ND(56)	ug/day			21700 ug/day	Pass
Cumene	ND(20)	ug/day			700 ug/day	Pass
Anisole	ND(1400)	ug/day			50000 ug/day	Pass
Tetralin	ND(28)	ug/day			1000 ug/day	Pass
1,2-Dichloroethene	ND(530)	ug/day			18700 ug/day	Pass
Adulterants Screen by LCHRMS in Dietary Supplement Products						
2-Hydroxypropylnortadafil	<=50mcg/g					
Acetaminotadafil	<=50mcg/g					
Acetildenafil	<=50mcg/g					
Acetylvardenafil	<=50mcg/g					
Aildenafil	<=50mcg/g					
Aminotadafil	<=50mcg/g					
Avanafil	<=50mcg/g					
Benzamidenafil	<=50mcg/g					
Benzylsildenafil	<=50mcg/g					
Carbodenafil	<=50mcg/g					
Chlorodenafil	<=50mcg/g					
Chloropretadafil	<=50mcg/g					

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Sample Id: S-0002130582

Testing Parameter	Result	Units	Label Claim Value	Units	Accept. Level	P / F
Contaminants (Continued)						
Dimethylacetildenafil	</=50mcg/g					
Gendenafil	</=50mcg/g					
Gisadenafil	</=50mcg/g					
homosildenafil	</=50mcg/g					
Hydroxyacetildenafil	</=50mcg/g					
Hydroxychlorodenafil	</=50mcg/g					
hydroxyhomosildenafil	</=50mcg/g					
Hydroxythiohomosildenafil	</=50mcg/g					
Hydroxythiovarodenafil	</=50mcg/g					
Hydroxyvarodenafil	</=50mcg/g					
Imidazosagatriazinone	</=50mcg/g					
Lodenafil carbonate	</=50mcg/g					
Mirodenafil	</=50mcg/g					
N-Butylnortadalafil	</=50mcg/g					
N-Desethylvarodenafil	</=50mcg/g					
N-Desmethylsildenafil	</=50mcg/g					
Nitrodenafil	</=50mcg/g					
N-Octylnortadalafil	</=50mcg/g					
Noracetildenafil	</=50mcg/g					
Norneosildenafil	</=50mcg/g					
Norneovardenafil	</=50mcg/g					
Nortadalafil	</=50mcg/g					
Piperiacetildenafil	</=50mcg/g					
Propoxyphenyl homohydroxysildenafil	</=50mcg/g					
Propoxyphenyl sildenafil	</=50mcg/g					
Propoxyphenyl thiohydroxyhomosildenafil	</=50mcg/g					
Pseudovardenafil	</=50mcg/g					
sildenafil	</=50mcg/g					
Tadalafil	</=50mcg/g					
Thioaildenafil	</=50mcg/g					
Thiohomosildenafil	</=50mcg/g					
Thiosildenafil	</=50mcg/g					
Udenafil	</=50mcg/g					
Vardenafil	</=50mcg/g					
1,3-DMAA	</=50mcg/g					
1,3-DMBA	</=50mcg/g					
1,4-Dimethylpentylamine	</=50mcg/g					
beta-methylphenylethylamine	</=50mcg/g					
dapoxetine	</=50mcg/g					
desmethysibutramine	</=50mcg/g					
deterenol	</=50mcg/g					
didesmethysibutramine	</=50mcg/g					
fluoxetine	</=50mcg/g					
lorcaserin	</=50mcg/g					
N,alpha-diethylphenylethylamine	</=50mcg/g					
octodrine	</=50mcg/g					
oxilofrine	</=50mcg/g					
phenolphthalein	</=50mcg/g					
phenpromethamine	</=50mcg/g					

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Sample Id: S-0002130582

Testing Parameter	Result	Units	Label Claim Value	Units	Accept. Level	P / F
Contaminants (Continued)						
sibutramine	<=50mcg/g					
GW1516	<=50mcg/g					
ibutamoren	<=50mcg/g					
LGD-4033	<=50mcg/g					
ostarine	<=50mcg/g					
RAD140	<=50mcg/g					
1-androsterone	<=50mcg/g					
4-Androsten-3,6,17-trione	<=50mcg/g					
4-Androsten-3alpha-ol-17-one	<=50mcg/g					
4-Androsten-3beta-ol-17-one	<=50mcg/g					
4-androstenedione	<=50mcg/g					
7-keto-dehydroepiandrosterone	<=50mcg/g					
Androsta-1,4,6-triene-3,17-dione	<=50mcg/g					
androsta-3,5-diene-7,17-dione	<=50mcg/g					
androsterone	<=50mcg/g					
dehydrochloromethyltestosterone	<=50mcg/g					
Estra-4,9-diene-3,17-dione	<=50mcg/g					
Methandienone	<=50mcg/g					
Methasterone	<=50mcg/g					
Methyl-1-testosterone	<=50mcg/g					
Methylstenbolone	<=50mcg/g					
Prostanazol	<=50mcg/g					
stanozolol	<=50mcg/g					
diclofenac	<=50mcg/g					
dexamethasone	<=50mcg/g					
indomethacin	<=50mcg/g					
methocarbamol	<=50mcg/g					
acetaminophen	<=50mcg/g					
ibuprofen	<=50mcg/g					
meloxicam	<=50mcg/g					
piroxicam	<=50mcg/g					
naproxen	<=50mcg/g					
prednisone	<=50mcg/g					
prednisolone	<=50mcg/g					
hydrocortisone	<=50mcg/g					
Adulterants Screen Pass/Fail	Pass					
* Aflatoxins by HPLC, Performed by NSF approved subcontract laboratory						
Aflatoxin	ND(1.0)	ug/kg			20 ug/kg	Pass
Arsenic in digested solids by ICPMS						
Arsenic	0.70	ug/day			10 ug/day	Pass
Cadmium in digested solids by ICPMS						
Cadmium	0.56	ug/day			4.1 ug/day	Pass
Total Chromium in digested solids by ICPMS						
Chromium (Total)	13	ug/day			20 ug/day	Pass
Lead in digested solids by ICPMS						
Lead	0.76	ug/day			10 ug/day	Pass
Mercury in digested solids by ICPMS						
Mercury	ND(0.11)	ug/day			2 ug/day	Pass



Sample Id: S-0002130582

Testing Parameter	Result	Units	Label Claim Value	Units	Accept. Level	P / F
Contaminants (Continued)						
*Total Combined Mold and Yeast (Ref: USP 2021 mod. - DYM-109C)						
Yeast and Mold	<1000	CFU/g			1000 CFU/g	Pass
*Total Aerobic Microorganisms (Ref: USP 2021 mod. - NF-TVC)						
Aerobic Microorganisms	<10000	CFU/g			10000 CFU/g	Pass
*Escherichia coli presence/absence (Ref: USP 2022 mod. - S2-EC)						
E.coli Absent/Present 10 g	Absent					Pass
*Enterobacteriaceae (Ref: USP 2021 mod.-S2-GN)						
Enterobacteriaceae	<100	CFU/g			100 CFU/g	Pass
*Staphylococcus aureus (Ref: USP 2022 mod. - S2-SA)						
S. aureus Absent/Present per 10 g	Absent					Pass
*Salmonella species (Ref: USP 2022 mod. - S2-SAL)						
Salmonella Absent/Present per 10 g	Absent					Pass
Label Verification						
* Total Protein by HPLC (Quantitative), Performed by NSF approved subcontract laboratory						
Total Protein	22	g/serving	20	g/serving		Pass
Calcium in digested solids by ICP						
Calcium	150	mg/serving	60	mg/serving		Pass
Iron in digested solids by ICP						
Iron	2.4	mg/serving	0	mg/serving		Pass
* Carbohydrates by Calculation Performed by NSF approved subcontract laboratory						
Carbohydrates	1.9	g/serving	3	g/serving		Pass
Note: [C4432/1] The variation of the Carbohydrate analysis is accepted to be +/-2 g/serving due to the analytical uncertainty from the components of the analysis. The amount of Carbohydrates under the labelled amount is within good manufacturing practice, is physiologically insignificant and poses no public health or safety risk.						
* Cholesterol - Performed by NSF approved subcontract laboratory						
Cholesterol	0.90	mg/serving	5	mg/serving		Pass
Note: [C4434/2] Reasonable deficiencies of calories, sugars, total fat, saturated fat, trans fat, cholesterol, or sodium under labeled amounts are acceptable (as set forth by 21 CFR § 101.9 and 101.36).						
* Fiber						
Fiber	1.2	g/serving	1	g/serving		Pass
Note: [C4435/1] Testing was performed by an approved NSF subcontract laboratory.						



Job Notes:

Conformance assessment for known adulterants and chemical contaminants(NSF/ANSI 173 and NSF 229 sections 5.3.5 & 7.4) was performed under NSF Deviation #2024-003.



Testing Laboratories:

	Flag	Id	Address
All work performed at: (Unless otherwise specified)	→	NSF_AA	NSF 789 DIXBORO ROAD ANN ARBOR MI 48105

References to Testing Procedures:

NSF Reference	Parameter / Test Description
C1032	* Dietary Supplements Lab Summary Test Code
C1155	* Total Protein by HPLC (Quantitative), Performed by NSF approved subcontract laboratory
C1421	* Residual Solvents in Dietary Supplements by GCMS
C1422	* Residual Solvents in Dietary Supplements by Headspace-GCMS
C1575	Adulterants Screen by LCHRMS in Dietary Supplement Products
C3215	Calcium in digested solids by ICP
C3220	Iron in digested solids by ICP
C4025	* Aflatoxins by HPLC, Performed by NSF approved subcontract laboratory
C4432	* Carbohydrates by Calculation Performed by NSF approved subcontract laboratory
C4434	* Cholesterol - Performed by NSF approved subcontract laboratory
C4435	* Fiber
C4538	Arsenic in digested solids by ICPMS
C4539	Cadmium in digested solids by ICPMS
C4540	Total Chromium in digested solids by ICPMS
C4542	Lead in digested solids by ICPMS
C4547	Mercury in digested solids by ICPMS
M4097	*Total Combined Mold and Yeast (Ref: USP 2021 mod. - DYM-109C)
M4098	*Total Aerobic Microorganisms (Ref: USP 2021 mod. - NF-TVC)
M4337	*Escherichia coli presence/absence (Ref: USP 2022 mod. - S2-EC)
M4338	*Enterobacteriaceae (Ref: USP 2021 mod.-S2-GN)
M4340	*Staphylococcus aureus (Ref: USP 2022 mod. - S2-SA)
M4341	*Salmonella species (Ref: USP 2022 mod. - S2-SAL)

Test descriptions preceded by an asterisk “*” indicate that testing has been performed per NSF requirements but is not within its scope of accreditation.

Unless otherwise indicated, method uncertainties are not applied in any determinations of conformity. Testing utilizes the requested sections of any referenced standards, which may not be the entire standard.

Dates of Laboratory Activity: 01-JUL-2024 to 29-AUG-2024



Please note that during the testing of the dietary supplement product or ingredient herein, the level of lead and other chemicals of interest may have been measured. The pass/fail criteria for contaminants can be found in the most recent version of NSF/ANSI 173. These limits may conflict with some state level regulations.

If this material is to be sold or distributed in the State of California, consideration should be given if it is necessary to provide a Proposition 65 warning. A full list of the current Proposition 65 Safe Harbor Limits can be found here:
<http://www.oehha.ca.gov/prop65/getNSRLs.html>.